# Developmental Disabilities Quality Management Plan





Developmental Disabilities Quality Management Plan FY 2020

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# Introduction

This report serves as a comprehensive document describing the Virginia Department of Behavioral Health and Developmental Services (DBHDS) Developmental Disabilities Quality Management Plan (QMP) for Fiscal Year 2020. This year has been unprecedented because in the midst of this state fiscal year, the world was introduced to a novel coronavirus, COVID-19, which has resulted in a global pandemic and declaration of a public health emergency in the Commonwealth in March 2020. COVID-19 continues to pose a threat in Virginia, and the provider community should be commended for their ongoing dedication to serve individuals with DD in those critical settings despite the multiple workforce, financial, and service delivery challenges that have impacted all healthcare providers as a result of the pandemic. This report serves to acknowledge the accomplishments, commitment to quality, and the effects of the pandemic in the area of quality management. The Virginia Department of Behavioral Health and Developmental Services (DBHDS) is committed to Continuous Quality Improvement (CQI) which is an ongoing process of data collection and analysis for the purposes of improving programs, services, and processes. The DBHDS QMP is detailed in a three-part document: 1) Quality Management Program Description which describes the current structure and framework for discovery and remediation activities, and existing quality committees for the agency; 2) Quality Improvement Committee (QIC) and QIC Subcommittee charters of each quality committee and QIC subcommittee work plan, outlining the purpose and aims of the committee and detailing the tracking instrument used to track performance measure indicators and quality improvement initiatives; 3) Quality Management Annual Report and Program Evaluation which summarizes the key accomplishments of the Quality Management Program, work plans, and challenges to meeting stated goals. The DBHDS QMP will be reviewed and updated annually.

"DBHDS is committed to working collaboratively with external stakeholders to improve our current system and support individuals by promoting recovery, self-determination and wellness in all aspects of life. Quality management establishes the structure upon which we improve our systems of care. Through continuous quality improvement, we can grow system capacity, provide high-value care, and build a culture of collaboration"

Alison G. Land, FACHE, Commissioner Virginia Department of Behavioral Health and Developmental Services

# Part 1- Quality Management Program Description

### Standards for Quality

The DBHDS QMP draws upon multiple quality frameworks to include the Institute of Medicine's six dimensions of quality, the Substance Abuse and Mental Health Services Administration (SAMHSA) quality framework, and the Centers for Medicare & Medicaid Services (CMS) Home and Community Based Services (HCBS) Waivers Quality Framework in the implementation of the DBHDS quality management system.

The Institute of Medicine identifies six dimensions of quality which are applicable to all individuals served regardless of whether they access health care in hospitals, rehabilitation facilities, or in the community. These six dimensions<sup>1</sup> are defined and represented in the graphic below:

- Safe: Avoiding harm to patients from the care that is intended to help them.
- **Effective**: Providing services based on scientific knowledge to all who could benefit and refraining from providing services to those not likely to benefit (avoiding underuse and misuse, respectively).
- Patient-centered: Providing care that is respectful of and responsive to individual patient preferences, needs, and values and ensuring that patient values guide all clinical decisions.
- Timely: Reducing waits and sometimes, harmful delays for both those who receive and those who give
  care.
- Efficient: Avoiding waste, including waste of equipment, supplies, ideas, and energy.
- **Equitable**: Providing care that does not vary in quality because of personal characteristics such as gender, ethnicity, geographic location, and socioeconomic status.

<sup>&</sup>lt;sup>1</sup> Institute of Medicine (IOM). Crossing the Quality Chasm: A New Health System for the 21st Century. Washington, D.C: National Academy Press; 2001.



Focusing on substance abuse and mental health care, SAMHSA provides the following Quality Framework<sup>2</sup>:

#### Aims:

- **Better Care:** Improve the overall quality, by making behavioral health care more personcentered, reliable, accessible, and safe.
- **Healthy People/Healthy Communities:** Improve the behavioral health of the U.S. population by supporting proven interventions to address behavioral, social and, environmental determinants of positive behavioral health in addition to delivering higher-quality behavioral health care.
- **Affordable Care:** Increase the value (cost-effectiveness) of behavioral health care for individuals, families, employers, and government.

#### **Priorities:**

- Promote the most effective prevention, treatment and recovery practices for behavioral health disorders
- Assure behavioral health care is person- and family-centered
- Encourage effective coordination within behavioral health care, and between behavioral health care and other health care and social support services
- Assist communities to utilize best practices to enable healthy living
- Make behavioral health care safer by reducing harm caused in the delivery of care

<sup>&</sup>lt;sup>2</sup> SAMHSA. National Framework for Quality Improvement in Behavioral Health Care, June 2011.

• Foster affordable high quality behavioral health care for individuals, families, employers, and governments by developing and advancing new delivery models.

The CMS HCBS Quality Framework<sup>3</sup> identifies similar domains as indicated in the graphic below:

Focus	Desired Outcome
Participant Access	Individuals have access to home and community-based services and supports in their communities.
Participant-Centered Service Planning and Delivery	Services and supports are planned and effectively implemented in accordance with each participant's unique needs, expressed preferences and decisions concerning his/her life in the community
Provider Capacity and Capabilities	There are sufficient HCBS providers and they possess and demonstrate the capability to effectively serve participants.
Participant Safeguards	Participants are safe and secure in their homes and communities, taking into account their informed and expressed choices.
Participant Rights and Responsibilities	Participants receive support to exercise their rights and in accepting personal responsibilities.
Participant Outcomes and Satisfaction	Participants are satisfied with their services and achieve desired outcomes.
System Performance	The system supports participants efficiently and effectively and constantly strives to improve quality.

# **DBHDS Quality Management System**

Every organization should implement a quality management system that is cross lifespan, appropriate to its size, scope and populations served. The DBHDS Quality Management System is based on the DBHDS Vision, Mission and Strategic Plan and incorporates these nationally recognized quality principles. DBHDS developed a multi-faceted approach using these quality frameworks and principles to develop a culture of quality. The system's infrastructure is:

- Supported through the organization's leadership who is:
  - o Committed to the success of the QM plan
  - o Supportive of the organizational culture of quality improvement

<sup>&</sup>lt;sup>3</sup> Centers for Medicare and Medicaid Services. HCBS Quality Framework. 2003. Accessed 12/1/20 at: <a href="http://www.nasddds.org/uploads/documents/HCBSQualityFramework%28rev06-05%29.pdf">http://www.nasddds.org/uploads/documents/HCBSQualityFramework%28rev06-05%29.pdf</a>

- Prepared to designate resources for critical support mechanisms
- Willing to give authority to staff to make changes
- Person and family-centered
- Characterized by employees and providers who are continuously learning and empowered as innovative change agents
- Effective in utilizing data for ongoing quality improvement
- Sustainable and continuous

The graphic below illustrates that while compliance is what we must achieve, the ultimate goal is a system of quality services that allows individuals to direct their own lives and recovery, to access and fully participate in their community and balances risk, health, safety and well-being. An effective quality/risk management structure includes quality assurance, risk management and quality improvement (QI) processes.

The foundation of the framework is compliance with federal and state laws and regulations that focus on individual protections, rights, and liberties and standards to ensure safe consistent quality of care. These include, but are not limited to:

- Americans with Disabilities Act (ADA) and the *Olmstead* decision
- Civil Rights of Institutionalized Persons Act (CRIPA)
- Home and Community Based Services (HCBS) Settings Rule
- The Joint Commission (hospital accreditation)
- Occupational Safety and Health Administration (OSHA)
- Health Insurance Portability and Accountability Act (HIPAA)
- State Board of Behavioral Health and Developmental Services Regulations
- CMS (Department of Medical Assistance Services (DMAS) Waiver Assurances
- Regulations to Assure the Rights of Individuals Receiving Services from Providers Licensed, Funded, or Operated by the Department of Behavioral Health and Developmental Services
- Rules and Regulations for Licensing Providers by the Department of Behavioral Health and Developmental Services

# Leadership

Leadership commitment for a culture of quality, structures and data driven processes, established performance outputs/outcomes, and continuous quality improvement initiatives are the backbone of the framework.



DBHDS' leadership commitment is demonstrated through direction and support of the quality management system and continuous quality improvement. This is consistent with the vision, mission, and strategic plan, to ensure that a culture of quality permeates the agency, through employee engagement at all levels, and through the services provided by our community partners. Leadership values supports and services that are focused on the person and their families with the input of internal and external stakeholders (staff at all levels, individuals, their guardians/authorized representatives, providers, advocates, and others on emerging and ongoing issues).

Leaders encourage staff members to work together to eliminate complacency, promote collective mindfulness, and promote a learning environment (i.e., learning from safety events, including

close calls and other system failures that have not yet led to the harm of an individual). In an integrated quality/risk management system, these efforts identify opportunities for quality improvement, include assessment of risks, and can result in quality improvement initiatives which seek to improve systems and processes to achieve desired outcomes.

DBHDS strives towards a culture of quality, which recognizes that quality is a shared responsibility of all individuals within an organization. While this may require a fundamental shift in perspective, all employees should be empowered to be change agents.

#### Structure and Processes

Quality assurance, risk management and quality improvement are integrated processes that are the foundation of the quality management system. Quality assurance focuses on discovery activities to test compliance with standards, regulations, policies, guidance, contracts, procedures and protocols, and the remediation of individual findings of non-compliance. Regulatory compliance establishes the extent to which basic performance standards are met, which include DBHDS Licensing Regulations, DMAS Developmental Disabilities (DD) HCBS Waiver Regulations, and the assurances built on the statutory requirements of the CMS 1915c Waiver program. Additional performance standards are set forth by the DMAS and DBHDS in support of various program goals.

Risk management assesses and identifies the probability and potential consequences of adverse events and develops strategies to prevent and substantially mitigate these events or minimize the effects. This is achieved for individuals receiving services using risk screening assessments and responsive care plans. At the systems level, DBHDS monitors critical risk triggers through reported data sources and initiates interventions as appropriate. At the provider level, DBHDS requires service providers to develop risk management plans, including the identification of risk triggers and response strategies to mitigate the potential for harm. Comprehensive risk management also includes requirements for the reporting of critical incidents, investigation of critical incidents and remediation as indicated through the use of corrective action plans. DBHDS also employs a robust complaint system for allegations of abuse, neglect and exploitation.

Quality improvement is the systematic approach aimed toward achieving higher levels of performance and outcomes through establishing high quality benchmarks, utilizing data to monitor trends and outcomes, and resolving identified problems and barriers to goal attainment, which occurs in a continuous feedback loop to inform the system of care.

The DBHDS Quality Management System (QMS) includes the DBHDS Division of Quality Assurance and Government Relations, which oversees the regulatory, quality assurance, and risk

management processes; the DBHDS Division of Developmental Services, which manages discovery, remediation and collaborates with DMAS to implement the DD HCBS Waivers Quality Improvement Strategy, Preadmission Screening and Resident Review (PASRR), and the provision of training and technical assistance; the DBHDS Division of Administrative Services which includes the Office of Management Services for Outcomes, Performance Contracts, and Grants; and the DBHDS Division of the Chief Clinical Officer, which oversees QMS development and implementation and provides critical support across quality management functions.

# **DBHDS Division of Quality Assurance and Government Relations**

Recognizing that quality assurance involves determining the extent to which performance standards/regulations are met and taking action to remedy specific problems or concerns that arise, the DBHDS Division of Quality Assurance and Government Relations includes the Offices of Licensing, Human Rights, and Regulatory Affairs. These offices provide oversight and monitoring of providers to assure individuals' rights and that providers and services meet established standards and requirements.

#### **DBHDS Office of Human Rights**

The Office of Human Rights (OHR) is responsible for promoting the basic precepts of human dignity, advocating for the rights of persons with disabilities in the DBHDS service delivery systems and managing the DBHDS Human Rights dispute resolution program. Human rights advocates ensure compliance with human rights regulations, following up on complaints and allegations of abuse, neglect, and exploitation. Advocates respond to and assist in the complaint resolution process by monitoring provider reporting and reviewing provider investigations and corrective actions. Advocates also respond to reports of abuse by conducting independent or joint investigations with DBHDS partners and/or Virginia Department of Social Services (VDSS), and in cases where there are violations of the Human Rights Regulations, advocates recommend citation through the Office of Licensing.

The OHR uses data to deploy advocates to programs and areas where there are serious concerns. As a proactive protection of rights, advocates visit newly licensed providers within 30 days of service initiation to ensure the basic knowledge of the human rights system, including review of the provider's human rights policies and training on the requirements and process for utilizing the department's web-based reporting application (CHRIS). The Office of Human Rights also provides new waiver provider validation for compliance with Home and Community Based Services (HCBS) Settings Rule.

OHR has monitoring systems in place to ensure the health and welfare of the individuals served by DBHDS. These systems include:

- Comprehensive Human Rights Information System (CHRIS)
- Local Human Rights Committees (LHRC)
- State Human Rights Committee (SHRC)
- Pre and post move monitoring of individuals discharged from training centers
- Community and Facility provider look behind process
- Shared protocol with VDSS for Abuse/Neglect reporting
- Central Office Abuse/Neglect Advisory Panel
- Central State Hospital and VCBR Appeals Committees
- Investigations training for advocates

The OHR utilizes data driven decisions, using the data warehouse to deploy advocates to programs and areas where there are emergent issues. The OHR has 23 field advocates across the state, responsible for ensuring human rights protections to individuals served in our facilities and services offered through over 900 DBHDS-licensed community providers. Advocates actively provide guidance, consultation and on-going technical assistance to community providers, facility staff, individuals, and family members via on-site inspections and reviews.

#### Office of Licensing

The DBHDS Office of Licensing (OL) acts as the regulatory authority for the DBHDS' licensed service delivery system. Through quality assurance processes including but not limited to initial application reviews, initial site visits, unannounced inspections, review and investigation of serious incidents and complaints, and issuance of licensing reports requiring corrective action plans (CAPs), the OL ensures the mechanisms for the provision of quality service are monitored, enforced and reported to the DBHDS leadership. For example, new regulations require that all providers develop and implement a quality improvement program and a risk management plan. The OL is responsible for ensuring that DBHDS licensed providers have developed and implemented risk mitigation and quality improvement processes addressing services to individuals with behavioral health and developmental disabilities.

Providers are required to report human rights complaints, allegations of abuse, neglect and exploitation, and serious incidents as defined in licensing and Human Rights regulations into the DBHDS CHRIS system. These reports are monitored and may result in onsite visits by the Office of Human Rights and/or investigation by the Office of Licensing.

OL plays an integral, vital role in assessing the applicants to become providers and their potential in meeting the needs of individuals in safe, secure, and less restricted environments. OL ensures

the mechanisms for quality service provision are enforced, monitored and reported back to DBHDS leadership via data and other measures. In addition, OL is responsible for:

- Coordination with other agencies DMAS, Managed Care Organizations (MCOs),
   Department of Social Services (DSS), State and local law enforcement, Office of the
   Attorney General (OAG), Department of Health Professions (DHP)
- Coordination with other departments within DBHDS Office of Human Rights, Division of Developmental Services, Division of Community Behavioral Health, and Division of Internal Audit,
- Utilization of a performance management system to ensure that CAPs, Inspections, and Investigations are done in accordance with office protocol and regulations.

The Office of Licensing includes an incident management unit (IMU) and an investigations unit. The incident management unit is responsible for the daily review, triage, and follow-up on all reported serious incidents to identify and, where possible, prevent future risks of harm. Follow-up on incidents may include phone contact with the provider and/or individual to ensure immediate protections and health and safety follow-up has occurred and desk review of records relevant to the incident and reports. The incident management unit works closely with the special investigations unit (SIU), licensing specialists, Office of Integrated Health (OIH) and human rights advocates to assure adequate follow-up.

Serious incidents include any event or circumstance (including injuries or deaths) that causes, or could cause harm to the health, safety, or well-being of an individual. Providers are required to report serious incidents to DBHDS through CHRIS within 24 hours of their identifying or being notified of the incident. The IMU cites any provider who does not have a valid reason for entering a report into CHRIS within required time-frame. Upon review of a serious incident, the IMU makes a determination as to whether further follow-up is needed. Any incidents that give rise to concerns that the individual or others are at imminent risk are referred for immediate investigation, and all deaths of individuals with developmental disabilities are referred to the SIU. Other concerns are forwarded to the provider's licensing specialist for follow-up. The IMU also reviews and triages all laboratory confirmed positive COVID-19 cases. The IMU calls the provider, checks the status of the individual(s), and asks pertinent questions based on a specially designed COVID-19 review form, which is shared with OIH and OHR.

The IMU reviews data to identify trends, including providers that have a high volume of incidents or several incidents of the same type (e.g., falls or medication errors), and identifies patterns of incidents with the same individual that may indicate the need for a change in services or the need for additional resources. Through this review, the IMU identifies areas, based on serious incidents, where there is potential risk for more serious future outcomes. A review of a serious incident may raise concern about a provider's ability to ensure the adequacy of supports

to one or more individuals receiving their licensed service. As a result, that a provider may need to re-evaluate an individual's needs and supports, review the results of root cause analysis, and make systemic changes or updates to their risk management or quality improvement plan. The IMU has identified these situations as Care Concerns. Incidents of individuals or providers who meet Care Concern criteria will trigger follow-up by the IMU or other offices once notified by the IMU.

The IMU also reports on trends across the system, such as total incidents and frequency of different types of incidents by provider, service, and for individuals. Trend reports are reviewed with the Risk Management Review Committee (RMRC) to determine when system level quality improvement activities may be necessary.

The SIU is responsible for the investigation of deaths of individuals with developmental disabilities (DD) and for complaints of providers licensed to provide services to individuals with DD in accordance with office protocols and review criteria. As additional resources are added to the unit, they will expand to include all investigations involving individuals with DD, and eventually to all investigations regardless of disability type.

Investigators are responsible for contacting providers, requesting and reviewing records, conducting on-site inspections, interviewing provider staff and individuals, coordinating with other agencies and law enforcement, identifying any regulatory violations, writing investigation reports, and following up with providers to ensure implementation of their corrective action plans.

# **DBHDS Division of Developmental Services DD HCBS Quality Management Plans**

DMAS, the DBHDS DDS Waiver Operations Unit and the DBHDS Provider Development Unit, with support from the DBHDS Office of Integrated Services and Supports, collaboratively manage implementation of the DD HCBS Waivers Quality Improvement Strategy. The DD HCBS Waivers contain CMS DD performance measures (PM) approved by CMS. The DD Waivers Quality Review Team meets on a quarterly basis to report on and review the results of the discovery and remediation activities for each performance measure, and establish individual and/or systemic remediation strategies for those measures that fall below an 86% performance threshold. The joint DBHDS-DMAS DD Waivers Quality Review Team prepares an annual report for the DBHDS Quality Improvement (QI) Committee for its review and consideration as part of the DD system quality improvement process.

#### Case Management/Support Coordination

Case Management/Support Coordination is the core service that Virginians with developmental disabilities and behavioral health disorders use to help navigate and access needed and desired services, while building on the individuals' strengths and natural supports systems. This essential quality assurance role includes coordinating the development of a person-centered plan, assessing and monitoring to ensure the plan is implemented appropriately and updated when a change in status occurs, linking individuals with services, identifying and balancing health and safety needs with dignity of risks, while also strengthening and supporting each person's right to determine the life they want. Often referred to as the linchpin that holds the elements of a complicated structure together, the case manager/support coordinator is of critical importance in helping individuals achieve positive outcomes, avoid harm, maintain stable community living, and increase integration, independence and self-determination in all life domains.

Case managers/support coordinators facilitate the development of the ISP to assist and support individuals in determining what is important to and for them including proactively identifying risks and developing mitigating strategies while recognizing and supporting the individual in making informed choices. Additional assessments were added to the ISP process to assist the case manager/support coordinator in identifying risks. These include a crisis risk assessment to identify potential risks for crisis and a proactive referral process to crisis support services as well as a risk awareness assessment to identify risks commonly associated with individuals with developmental disabilities. Case managers/support coordinators also monitor implementation of the ISP; this monitoring process now includes a standardized on-site visit assessment tool to assist in determining if the ISP is implemented appropriately and identifying if there has been a change in status, which will initiate an update to the ISP.

#### **DBHDS Office of Provider Development**

The Office of Provider Development (OPD) focuses on developing and sustaining a qualified community of providers in Virginia so that people who have developmental disabilities and their families have choice and access to options that meet their needs. Work is organized across three capacity-building teams at the individual, provider, and system levels that is carried out through Community Resource Consultants (CRCs) who offer technical assistance to community stakeholders through a variety of methods such as regional meetings, virtual and on-site training, and ongoing communications. OPD has established a comprehensive approach to program development that includes: Regional Support Teams that bolster informed choice in Virginia's system by ensuring the consideration of more integrated support options; a Provider Data Summary process that evaluates and shares gaps in integrated services with the provider community, maintains an online provider database that includes a Provider Designation process for the identification and promotion of provider expertise, access to Jump-Start funding to develop integrated service options where needs exist, and monitoring and improving the performance of

Support Coordinators through the provision of materials and technical assistance deigned to support success with Settlement Agreement requirements. In addition, OPD seeks to promote best practices through implementation of the Home and Community Based Services settings rule, a Direct Support Professional (DSP) and DSP Supervisor training and competencies process, the development and use of a Person-Centered Individual Support Plan, and access to a variety of person-centered practices training opportunities.

#### **DBHDS Office of Integrated Health**

The Office of Integrated Health (OIH) ensures DBHDS meets the federal requirements for PASRR, pre-admission screening of individuals with developmental disabilities referred for nursing home level of care. In addition to ensuring individuals with developmental disabilities meet the required level of care for admission, the OIH ensures that any specialized needs are addressed and a connection between the community services board (CSB) and nursing facilities are made to aid in discharge facilitation. When nursing home placement is determined to be appropriate, the PASRR team follows the individual to ensure they are receiving the supports and specialized services needed as identified by their person-centered plan. This includes the use of OBRA funding to support the services needed that are outside the usual scope of the nursing homes. Through the resident review process, the PASRR team continues to evaluate whether nursing home placement remains appropriate; these reviews occur at least every 180 days.

The Office of Integrated Health developed a transitions team directed at helping to move children currently living in nursing facilities to the community. The DBHDS Community Transitions Nurse, in conjunction with the interdisciplinary teams at each of the two largest nursing facilities that serve children in the Commonwealth, identifies barriers and possibilities for community placement. OIH staff also participate in investigations as requested, develop training and educational materials in support of QI recommendations and provide on-going training and technical assistance to community providers.

#### **DBHDS** Division of the Chief Clinical Officer

#### **DBHDS Office of Clinical Quality Management**

Quality improvement is a data driven process and involves analysis of data and performance trends captured in the quality assurance processes described above as well as through Community Services Board reporting, Waiver Management System (WaMS) and other data sources. This data analysis is used to determine quality improvement priorities. Office of Clinical Quality Management (OCQM) provides oversight of quality improvement efforts and responds to trends, by ensuring quality improvement initiatives are developed and corrective actions and

regulatory reforms are implemented, if necessary, to address weaknesses/service gaps in the system.

The OCQM is directed by the Chief Clinical Officer and led by the Senior Director of Clinical Quality Management. The OCQM supports the development and expansion of an agency-wide quality management plan by ensuring high quality service delivery focused on prevention, early intervention, effective treatment, and recovery and rehabilitation. The office works with interdisciplinary teams to achieve system wide community inclusion, safety and well-being, recovery and self-empowerment outcomes (related to behavioral health and developmental service provision) across all service setting areas, including community and hospital-based care. The office facilitates inter-departmental, inter-agency, and cross-sectoral alignment of quality improvement initiatives for DBHDS, and works to ensure compliance with the quality management requirements as outlined in the Settlement Agreement with the United States Department of Justice.

The office staff supports the Quality Improvement Committee (QIC) structure which provides system-wide oversight of the quality management program. In addition, the office partners with and facilitates efforts within DBHDS divisions to ensure that quality improvement activities, including best practices and evidence-based outcomes, are coordinated and integrated into the primary functions of the organization. DBHDS is delegated the authority by DMAS to oversee the state's waivers program and the DD HCBS Waivers Quality Improvement Strategy through the Quality Review team (QRT). Although this oversight responsibility lies with the QRT, the follow-through remediation activities are led by the individual subject matter experts (SME's) from each office/state department on the team having purview over those activities, including DMAS. The QRT relies on the departmental units represented on the QRT to complete the remediation (individual and systemic) to achieve performance improvement.

The DBHDS Office of Community Quality Improvement (OCQI) directs, mentors and strengthens the quality improvement processes in community-based service providers. Through the development of outcome measures and analysis of trends, data driven decisions are made to improve the quality of services at systems, provider, and individual levels. This includes providing technical assistance and consultation to internal and external state partners and community-based licensed providers related to developing, implementing, and monitoring quality improvement programs. The OCQI develops and/or offers resources for evidence-based best practice guidance and training related to quality improvement and risk management for use by community-based providers.

In addition, OCQI oversees and directs community-based quality review processes for DBHDS. DBHDS implements quality service reviews (QSRs) through a contracted vendor. QSRs are completed on a sample of individuals receiving services and include desk reviews, on-site visits, face-to-face interviews, in-person service observations, retrospective record reviews, and/or surveys of individuals receiving services. QSRs are completed to gain information about the

quality of services provided and/or to obtain individual and family input on services provided for the purpose of making improvements in the service experience, and to determine how to improve the array of services provided. QSRs include provider quality reviews, person-centered reviews, individual and family interviews and/ or surveys, Community Service Board Quality Record Reviews, and other DBHDS quality service reviews. Data collected from these processes is used in the evaluation of service quality at the individual, service, and systemic levels and to identify and implement quality improvement initiatives.

DBHDS contracts with an external certified Quality Improvement Organization (QIO) to complete QSRs, which include provider quality reviews (PQRs) and person-centered reviews (PCRs). These QSRs evaluate:

- The quality of services at an individual, provider (i.e., Community Service Board and private providers), and system-wide level; and
- The extent to which services are provided in the most integrated setting appropriate to individuals' needs and consistent with their informed choice.

QSRs also provide an assessment of whether or not individuals' needs are being identified and met through person-centered planning and thinking, whether services are being provided in the most integrated setting (appropriate to the individuals' needs and consistent with their informed choice), and whether individuals are given opportunities for community integration in all aspects of their lives. Additionally, QSRs assess the quality and adequacy of providers' services, quality improvement and risk management strategies, and provide recommendations to providers for improvement. Results of the QSRs are used to improve individual provider and system practice and service quality.

The National Core Indicators Project is a collaboration between the National Association of State Directors of Developmental Disabilities Services (NASDDDS), the Human Services Research Institute (HRSI) and voluntary state participants, including Virginia. The core indicators are standard measures used across states to learn about the outcomes of supports and services provided to individuals and families. Indicators address important elements of person-centered planning, including employment, rights, service planning, community inclusion, choice, health and safety and satisfaction. Individuals (and their families) who use services through the DD Waivers are randomly selected to participate in the interview surveys. Virginia has participated in the NCI project since 2013. DBHDS contracts with The Partnership for People with Disabilities who conducts the surveys required for NCI participation. These surveys provide valuable insight concerning the outcomes of supports and services from the individual's and family's perspective and are used to identify areas needing improvement. The standardized performance measures facilitate tracking outcomes over time, are used to compare outcomes across states, and inform where system improvements may be made.

Support Coordination Quality Reviews are conducted at each CSB as part of the comprehensive quality improvement program. These quality reviews are completed by CSB case management/support coordination (SC) supervisors/QI specialists. DBHDS identifies a statistically significant stratified statewide sample of individuals receiving HCBS waiver services and provides each CSB with the names of individuals to be reviewed. CSB supervisors/QI specialists complete a portion of the reviews each quarter. These reviews include an assessment of core case management requirements. Data from the reviews is used by the CSB and the DBHDS Case Management Steering Committee (CMSC) to analyze implementation of case management processes and to develop quality improvement initiatives to strengthen areas of weakness. In order to ensure the integrity of the CSB quality reviews, members of the OCQI complete a retrospective review of a sample of records reviewed by each of the CSBs at least once per year using the same review process in order to measure agreement quantitatively. DBHDS provides technical assistance to SC supervisors/QI specialists to increase reliability of the results in future reviews and to identify any CSB specific improvements needed. The Case Management Steering Committee analyzes data throughout the process to determine systemic areas in need of improvement, including, as needed, recommendations for enforcement actions pursuant to the CSB Performance Contract and licensing regulations.

The DBHDS Division of Facilities Services directs, monitors, and strengthens the quality improvement in the DBHDS State Facilities. The Division of Facilities Services ensures the coordination and integration of quality improvement activities aimed toward the delivery of safe, high-quality care in state facilities. The goal is to maintain a systematic agency-wide approach to safety and performance improvement across three overlapping areas of focus: accreditation and regulatory compliance; incident management and risk reduction; and systematic and sustainable performance improvement.

#### Office of Data Quality and Visualization

The DBHDS Office of Data Quality and Visualization (ODQV) approach quality improvement as a data driven process. The ODQV supports programs throughout the agency by working to identify, evaluate, refine and document processes that already exist in their respective areas and assist in determining where improvements can be made. Understanding the process from which data originate is a necessary component to deciding what data should be collected, reported and analyzed. The ODQV enables programs to communicate the story of their data both accurately and effectively.

The ODQV is responsible for the Data Quality Monitoring Plan (Plan). The purpose of the Plan is to guide the improvement of key data sources and monitor progress over time and to ensure that the Department is able to collect and analyze consistent reliable data. The Plan began in 2019 with the completion of an inventory of data sources used for DOJ Settlement Agreement reporting. The inventory describes the content of each data source and how the data are gathered,

organized, and stored. For each source, the inventory notes the presence or absence of unique identifiers, data validation measures, and documentation; these three components (validation, origination, and uniqueness) are essential to ensure data quality. Following the inventory, the ODQV developed the Plan with in-depth reviews of key source systems, reports, as well as an assessment of the data movement from source systems to the data warehouse. The reviews culminated in recommendations for improvements to data accuracy and reliability. The implementation of these improvements are monitored by the ODQV annually and reported to the OIC.

#### Office of Mortality Review

The purpose of the DBHDS Mortality Review Office (MRO) is to contribute to system-wide clinical quality improvement by conducting mortality review of deaths of individuals with an intellectual and/or developmental disability (I/DD) diagnosis admitted to a state operated facility and those who received services in the community from a DBHDS-licensed provider. The Mortality Review Committee provides ongoing monitoring and data analysis, identify trends and patterns, and make recommendations to promote the health, safety and well-being of said individuals, to reduce mortality rates to the fullest extent practicable.

As a commitment to the Commonwealth of Virginia, DBHDS and the DBHDS MRO contribute to system of care improvements through integration of clinical evidence, data driven determinations, and evidenced based quality improvement principles. Review and analysis of trends, patterns, and problems, related to the deaths of these individuals, can indicate opportunities for system improvement (to reduce risks to all individuals receiving behavioral health or developmental services). On an ongoing basis, DBHDS seeks to prevent instances of abuse, neglect, exploitation, and unexplained death by identifying and addressing relevant factors during mortality reviews.

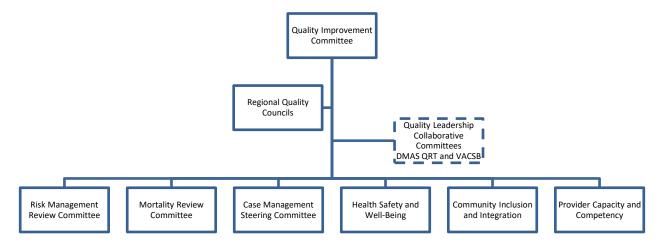
#### The MRO is responsible for:

- Assuring receipt of documents from the Office of Licensing (with respect to deaths that occur in the community) and state facilities within 45 business days of date of death
- Reviewing the documentation from service providers and facilities and assessing for risk mitigation, health, safety, and freedom from harm concerns noted therein
- Compiling relevant information into a concise sequence of events into the electronic Mortality Review Form for the DBHDS MRC
- Classifying cases according to Tier classification, or reclassifying state facility Tier determinations, if and when circumstances warrant
- Requesting additional information, as needed
- Interviewing any persons having information regarding the individual's care

• Collecting, tracking, and analyzing facility and I/DD mortality data to identify trends, patterns, and problems at the individual service delivery and systemic levels

# Organizational Quality Improvement Committee Structure

The current structure of the Quality Management Program includes collection and analysis of data by various interdisciplinary quality committees. The chart below illustrates the DBHDS Quality Committee structure. In it, you see that the QIC Subcommittees report up to the QIC.



# **Description of Quality Committee Structure**

#### **Quality Improvement Committee**

The QIC is the highest level quality committee for the agency and provides overall oversight of the quality management program. All other quality committees report to the QIC which in turn provides cross functional, cross disability data and triage to sub-committees. The QIC ensures a process of continuous quality improvement and maintains responsibility for prioritization of needs and work areas and resource allocation to achieve intended outcomes for the agency and the Commonwealth

#### **Regional Quality Councils**

The DBHDS Commissioner established Regional Quality Councils (RQCs) for Developmental Disabilities in each of the five DBHDS regions in Virginia. With the direction of the QIC, the RQCs are expected to meet quarterly, at a minimum, to receive and analyze state and regional data, identify trends, and develop responsive actions by recommending quality improvement

initiatives to the QIC, monitor the status of the initiatives and support these targeted efforts. The RQCs report annually to the QIC.

#### **Risk Management Review Committee**

The RMRC seeks to improve quality and safety by learning from past performance, errors, and near misses, and to gain awareness of areas of vulnerability in practice and to improve these areas, thereby creating a safer environment for the delivery of services. Risk assessment and management is a key dimension of managing quality overall. Risk assessment and management involves identification and mitigation through incident reporting, investigation, and response to serious incidents to protect an individual's safety and well-being and to mitigate reoccurrence in both the facilities and in community-based services.

The primary task of the RMRC is to establish goals and performance measure indicators that affect outcomes related to safety and freedom from harm and avoiding crises. This is achieved by establishing uniform risk triggers and thresholds, recommending processes to investigate reports of serious incidents, and identifying remediation steps. In addition, the RMRC offers recommendations for guidance and training on proactively identifying and addressing risks of harm, conducting root cause analyses, and developing and monitoring corrective action plans. The RMRC reviews and analyzes trends to determine and recommend quality improvement initiatives to prevent and or substantially mitigate future risk of harm. The RMRC monitors serious incident reporting, establishes targets, and recommends actions and improvement initiatives when targets are not met.

#### **Mortality Review Committee**

The Mortality Review Committee (MRC) reviews and collects mortality data for intellectual and developmentally disabled (DD) individuals who received services from a DBHDS licensed provider at the time of their death. The committee's purpose is to identify and implement system wide quality improvement initiatives to reduce the mortality rates for this targeted population to the fullest extent practicable. The MRC conducts a trend analysis of mortality data to identify patterns at the individual service-delivery and system levels. The DBHDS MRC mortality review process enhances quality by providing information that triggers corrective action to reduce future risk and affords a retrospective examination regarding process, service level performance, and adherence to standards, to inform continuous quality improvement.

#### **Case Management Steering Committee**

The CMSC is responsible for monitoring case management performance across responsible entities to identify and address risks of harm, ensure the sufficiency, accessibility, and quality of

services to meet individuals' needs in integrated settings. The CMSC evaluates data to identify and respond to trends to ensure continuous quality improvement and is responsible for reviewing data to determine progress toward meeting established Support Coordination/Case Management targets. Based on this data review and system analysis, the committee recommends systemic quality improvement initiatives to the QIC, provides technical assistance, and makes recommendations for action under the Performance Contract when targets are not met.

#### Health, Safety, and Well-being Workgroup

The Developmental Disabilities Health and Wellness Workgroup is responsible for the collection and analysis of data as it relates to helping individuals achieve positive health outcomes. The workgroup is tasked with establishing goals and performance measure indicators related to physical, mental, and behavioral health and well-being. Data related to prevention strategies, wellness trends, and clinical outcomes are monitored. The workgroup provides technical assistance and oversight for clinical QI strategies for these measures.

#### **Community Inclusion and Integration Workgroup**

The Developmental Disabilities Community Inclusion and Integration Workgroup is charged with promoting service provisions in the most integrated settings and ensuring full access and participation in community life. The workgroup recommends goals and performance measure indicators to ensure the most integrated settings appropriate to the individuals' needs, community stability, individual choice and self-determination and community inclusion.

#### **Provider Capacity and Competency Workgroup**

The Developmental Disabilities Provider Capacity and Competency Workgroup is charged with improving availability of and access to DBHDS services across the Commonwealth and facilitating provider training, competency and quality service provision. The workgroup recommends goals and performance measure indicators related to provider capacity and access to services and provider competency.

#### **Quality Leadership Collaborative**

DBHDS Quality Leadership Collaborative provides an opportunity for enhanced collaboration and coordination of quality at a cross-agency or cross-sectoral level. The aim of the Quality Leadership Collaborative is to align shared missions and visions and provide a forum to enhance communication and data sharing through a single process. The work of the Quality Leadership Collaborative may inform the work of the DBHDS QIC but is not considered to be a subcommittee of the DBHDS QIC. The current Quality Leadership Collaborative in which DBHDS participates includes the DBHDS/DMAS Quality Review Team.

#### **HCBS Quality Management: DBHDS/DMAS Quality Review Team**

The DBHDS Division of Developmental Services (DDS), as the administrative entity for the Commonwealth's DD Waivers, has delegated authority over the quality of services delivered under the waivers. DMAS, as the state Medicaid agency, retains overall state level authority over the DD HCBS Waivers Quality Improvement Strategy outlined in the waiver application. DMAS and the DDS Waiver Operations Unit collaboratively oversee implementation of these plans using data derived from both DMAS and DBHDS designated offices with data, administrative and technical support from both agencies.

All HCBS waiver programs must operate in accordance with the CMS required waiver assurances. States develop CMS DD PMs under each assurance, which serve as the indicators of performance. Specific details regarding the frequency of review, sample size, methods of discovery and remediation, and responsible parties are detailed in the state's HCBS 1915c Waivers Application.

Ongoing compliance with the assurances is necessary to maintain Virginia's DD Waivers program.

The assurances include the following:

- 1. Administrative Authority -The State Medicaid agency is responsible for the oversight of the waiver and is ultimately responsible for all facets of the program.
- 2. Evaluation/Reevaluation of Level of Care Individuals enrolled in the waiver have needs consistent with an institutional level of care.
- 3. Person-Centered Planning and Service Delivery Service Plan-Participants have a service plan that is appropriate to their needs, and services/supports specified in the plan are received.
- 4. Qualified Providers Waiver providers are qualified to deliver services/supports.
- 5. Health and Welfare Participants' health and welfare are safeguarded and monitored.
- 6. Financial Accountability Claims for waiver services are paid according to state payment methodologies.

DBHDS and DMAS have primary responsibility for monitoring performance under the waiver assurances through the DD Waiver Quality Review Team (QRT). The QRT meets on a quarterly basis to report on and review the results of the discovery and remediation activities for each performance measure, and establish systemic remediation strategies for those measures that fall below the CMS-established 86% standard in a waiver year. The work of the QRT is accomplished by accessing data across a broad range of monitoring activities, including DBHDS licensing and human rights investigations and inspections; DMAS quality management reviews (QMR); serious incident reporting; case management data reporting; quality service reviews (QSR); mortality reviews; and DBHDS level of care evaluations performed by Community Services Boards (CSB).

The QRT identifies barriers to performance and the steps needed to address them. These remediation steps are in addition to state agency required provider or individual-level remediation. First level systemic remediation includes statewide or regional provider training and targeted technical assistance conducted by DDS Provider Development and/or the Office of Integrated Health. Remediation strategies may also include, but are not limited to, targeted communication to the provider community, changes in protocols or processes designed to ensure the health and safety of individuals, IT system enhancements for collecting and reporting data, changes to state standards (regulations and policy manual), payment retractions, change in licensing status, targeted Quality Management Reviews by DMAS, and ceasing referrals to providers.

A requirement for participation in the Medicaid HCBS Waiver program is multi-year evidence reporting to CMS during the third year of each waiver's five-year approval cycle. The purpose of the reporting is to ensure that the waivers are being implemented as intended through review of waiver program data and quality improvement activities. States are required to report performance regarding the state's specific CMS DD PMs related to the six required CMS assurances. States must demonstrate a certain level of compliance (currently set by CMS at 86%) for each performance measure.

# <u>DBHDS Quality Management System Quality Improvement Process</u> <u>Description:</u>

In accordance with this structure, the creation and/or discontinuation of a DBHDS quality committee/workgroup shall be approved by the QIC. Basic standard operating procedures apply to all quality committees and include:

- Development and annual review and update of the committee charter
- Committees are expected to meet regularly to ensure continuity of purpose
- Committees are expected to maintain reports and/or meeting minutes as necessary and pertinent to the committee's function
- Quality improvement initiatives in each committee follow the Plan, Do, Study, Act Model

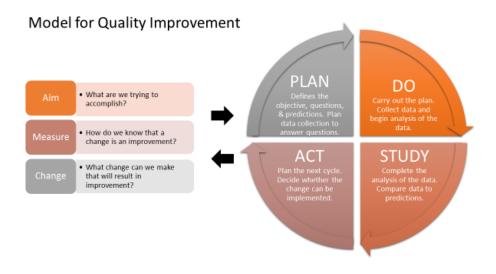
The following standard definitions apply to all quality committees:

- Advising Members Members of the quality committees without the authority to approve meeting minutes, charters, PMIs and other activities requiring approval.
- Corrective Actions DBHDS OL imposed requirements to correct provider violations of Licensure regulations

- Data Quality Monitoring Plan Ensures that DBHDS is assessing the validity and reliability of data, at least annually, that it is collecting and identifying ways to address data quality issues.
- Eight Domains Outline the key focus areas of the DBHDS quality management system (QMS): (1) safety and freedom from harm; (2) physical, mental and behavioral health and well-being; (3) avoiding crises; (4) stability; (5) choice and self-determination; (6) community inclusion; (7) access to services; and (8) provider capacity.
- Home and Community-Based Services (HCBS) Waivers provides Virginians enrolled in Medicaid long-term services and supports the option to receive community-based services as an alternative to an institutional setting. Virginia's CMS-approved HCBS waivers include the Community Living (CL) Waiver, the Family and Individual Supports (FIS) Waiver, and the Building Independence (BI) Waiver.
- Key Performance Area (KPA) DBHDS defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well-Being; Community Inclusion and Integration; and Provider Competency and Capacity.
- Key Performance Area Workgroups DBHDS workgroups that focus on ensuring quality service provision through the establishment of performance measure indicators, evaluation of data, and recommendation of quality improvement initiatives relative to the eight domains.
- N Sample size
- National Core Indicators Standard performance measures used in a collaborative effort across states to assess the outcomes of services provided to individuals and families and to establish national benchmarks. Core indicators address key areas of concern including employment, human rights, service planning, community inclusion, choice, health and safety
- Performance Measure Indicators (PMIs) Include both outcome and output measures
  established by the DBHDS and reviewed by the DBHDS QIC. The PMIs allow for
  tracking the efficacy of preventative, corrective and improvement initiatives. DBHDS
  uses these PMIs to identify systemic weaknesses or deficiencies and recommends and
  prioritizes quality improvement initiatives to address identified issues for QIC review.
- Quality Committees The QIC and QIC Subcommittees collectively
- Quality Improvement Committee (QIC) Subcommittee/Quality Committee DBHDS
  quality committees, councils and workgroups existing as part of the QMS (Case
  Management Steering Committee, Key Performance Area Workgroups, Mortality
  Review Committee, Regional Quality Councils, and the Risk Management Review
  Committee).
- Quality Improvement Committee (QIC)-Oversees the work of the QIC subcommittees
- Quality Improvement Initiative Addresses systemic quality issues identified through the work of the QIC subcommittees.

- Developmental Disabilities Quality Management Plan Ongoing organizational strategic quality improvement plan that operationalizes the QMS.
- Quality Service Review Review conducted for evaluation of services at individual, provider, and system-wide levels to evaluate: whether individuals' needs are being identified and met through person-centered planning and thinking; whether services are being provided in the most integrated setting appropriate to the individuals' needs and consistent with their informed choice; and whether individuals are having opportunities for integration in all aspects of their lives. QSRs also assess the quality and adequacy of providers' services, quality improvement and risk management strategies, and provide recommendations to providers for improvement.
- Quorum Number of voting members required for decision-making.
- Regional Quality Councils (RQC) DBHDS formulated councils, comprised of providers, CSBs, DBHDS quality improvement personnel, and individuals served and their family members that assess relevant data to identify trends and recommend responsive actions for their respective DBHDS designated regions.
- State Fiscal Year (SFY) July 1 to June 30
- Voting Members Members of the quality committees with the authority to approve meeting minutes, charters, PMIs and other activities requiring approval.
- Waiver Management System (WaMS) The Commonwealth's data management system for individuals on the HCBS DD waivers, waitlist, and service authorizations.

The DBHDS Quality Management program utilizes the Plan-Do-Study-Act<sup>4</sup> quality improvement model depicted below.



<sup>&</sup>lt;sup>4</sup> Langley GL, Moen R, Nolan KM, Nolan TW, Norman CL, Provost LP. The Improvement Guide: A Practical Approach to Enhancing Organizational Performance (2nd edition). San Francisco: Jossey-Bass Publishers; 2009.

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#### **Performance Outcomes and Improvement Initiatives**

Quality remains a continuous process, rather than a one-time activity, and connects with the agency's mission, vision and strategic plan. This process involves:

- Development of quality outputs and outcomes;
- Data collection;
- Data analysis;
- Evaluating the effectiveness of the overall system;
- Determining findings and conclusions;
- Identifying trends that need to be addressed;
- Identifying corrective actions, remedies, or quality improvement initiatives as needed;
- Implementing quality improvement initiatives, corrective actions or remedies; and
- Evaluating the effectiveness of implemented corrective actions, remedies, and or quality improvement initiatives.

Regardless of an organization's chosen quality model, leadership commitment, engagement of employees, defined structures and processes, defined performance measures, data driven quality initiatives, and customer focus are all essential elements of any quality management framework.

This framework sets the stage for our quality management work plan (Part 2) which includes committee charters and a template of the QIC subcommittees' work plan.

# <u>Part 2 Quality Improvement Committee (QIC) and QIC Subcommittee Charters and Work Plan</u>

QIC and QIC Subcommittee Charters

# **Quality Improvement Committee Charter QIC Approved September 21, 2020**

Committee / Workgroup	Quality Improvement Committee
Statement of Purpose	The Quality Improvement Committee (QIC) is the designated oversight body for the Quality Management System
	of the Department of Behavioral Health and Developmental Services (DBHDS). The QIC ensures a process of
	continuous quality improvement and maintains responsibility for prioritization of needs and work areas.
Authorization/Scope of	The Executive Sponsor of the QIC is the Commissioner of DBHDS and the Commissioner maintains executive
Authority	authority over the actions taken by the QIC.
	In keeping with DBHDS's mission, vision and values, the Quality Improvement Committee is the highest-level quality committee with all other quality subcommittees reporting to the QIC, which in turn provides crossfunctional, cross disability data to subcommittees.
Charter Review	The QIC charter will be reviewed and/or revised on an annual basis or as deemed necessary by the committee.
DBHDS Quality	DBHDS is committed to a Culture of Quality that is characterized as:
Improvement Standards	Supported by leadership
	Person Centered
	<ul> <li>Led by staff who are continuously learning and empowered as change agents</li> </ul>
	Supported by an infrastructure that is sustainable and continuous
	Driven by data collection and analysis
	Responsive to identified issues using corrective actions, remedies, and quality improvement projects as
	indicated
Model for Quality	Determine the:
Improvement	Aim: What are we trying to accomplish?

- Measure: How do we know that a change is an improvement?
- Change: What change can we make that will result in improvement?

#### Implement the Plan/Do/Study/Act (PDSA) Cycle:

- Plan: Defines the objective, questions and predictions. Plan data collection to answer questions.
- Do: Carry out the plan. Collect data and begin analysis of the data.
- Study: Complete the analysis of the data. Compare data to predictions.
- Act: Plan the next cycle. Decide whether the change can be implemented.

#### **Structure of Committee / Workgroup:**

#### Membership

#### **Voting members:**

DBHDS Commissioner (Executive Sponsor)

Chief Deputy Commissioner, Community Services

Chief Clinical Officer

Senior Director of Clinical Quality Management

Chief Administrative Officer

**Deputy Commissioner for Facilities** 

Deputy Commissioner for Quality Assurance and Government Relations

Assistant Commissioner for Developmental Disability Services

#### **Advisory members (non-voting):**

Assistant Commissioner of Quality Assurance and Government Relations

**Deputy Director for Community Services** 

Assistant Commissioner for Facilities

Director, Community Quality Improvement

Pharmacy Manager

Behavioral Health Facility Director

**Training Center Director** 

Representative, Department of Medical Assistance Services

Liaisons, Regional Quality Councils

Quality Improvement Director, Community Services Board

Representative, Service Provider

Representatives, Associations as determined by the committee

#### **Meeting Frequency**

The QIC shall meet at a minimum four times a year.

Quorum	A quorum shall be defined as 50% plus one of voting membership.
Leadership and Responsibilities	The Chief Clinical Officer and Senior Director of Clinical Quality Management shall serve as committee chair and co-chair and shall be responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics.
	Standard Operating /Procedures include:
	Development and annual review and update of the committee charter
	<ul> <li>Regular meetings to ensure continuity of purpose</li> <li>Maintenance of reports and/or meeting minutes as necessary and pertinent to the committee's function</li> <li>Analysis of PMIs to measure performance across the key performance areas, to determine if a PMI needs revised or retired, at least on an annual basis</li> </ul>
	<ul> <li>Quality improvement initiatives are consistent with the Plan, Do, Study, Act model</li> </ul>
	The QIC:
	<ul> <li>Ensures a process of continuous quality improvement</li> </ul>
	<ul> <li>Reviews goals and performance measure indicators (PMIs)</li> </ul>
	Gathers stakeholder input to inform recommended actions
	Analyzes data and monitors for trends
	Approves and prioritizes quality improvement initiatives and identifies resources
	Monitors quality improvement committees/workgroups  Approved the creation/discontinuation of quality improvement committees/workgroups
	<ul> <li>Approves the creation/discontinuation of quality improvement committees/workgroups</li> <li>Reviews quality improvement committee/workgroup charters</li> </ul>
	<ul> <li>Holds programs accountable for quality improvement initiatives</li> </ul>
	<ul> <li>Directs the work of the Regional Quality Councils (RQCs) and reviews reports and/or recommendations presented by the RQCs; reports to the RQCs on any decisions and related implementation of RQC recommendations</li> </ul>
	<ul> <li>Reviews, and approves revised, added and/or retired PMIs at least annually and/or as needed</li> <li>Reports publicly on an annual basis regarding the availability and quality of supports and services, gaps in supports and services, and provides recommendations for improvement</li> </ul>
	Develops strategic recommendations regarding any gaps or issues with availability of services identified through data reviews from Quality Service Reviews (QSRs) and National Core Indicators (NCI) related to the quality of services and individual level outcomes

- Informs stakeholders of quality improvement initiatives approved for implementation including those that result of trend analyses based on information from investigations of reports of suspected or alleged abuse, neglect, serious incidents or deaths
- Reviews/monitors provider reporting measures semi-annually with input from the RQCs including issuing of recommendations and makes revisions to quality improvement initiatives as needed
- Semi-annually, reviews and monitors provider reporting measures, identifies systemic deficiencies or potential gaps, issues recommendations, monitors measures, and makes revisions to QIIs as needed
- Annually, assesses the validity of provider reporting measures
- Reviews annual reports and determines recommendations to be addressed through quality subcommittees; ensures that deficiencies have been addressed

<u>Membership Approval</u>: The DBHDS Commissioner shall approve the committee membership. The DBHDS Commissioner appoints advisory members. Internal members are appointed by role.

#### Member Responsibilities:

#### **Voting members:**

- Have decision making capability and voting status.
- Attend 75% of meetings per year; may send a proxy to one meeting per year
- Review data and reports for meeting discussion
- A designated proxy has the authority that the voting member maintains and therefore should be in a
  position reflective of that authority, including awareness of the organization or system impact of actions
  taken by the QIC

#### **Advisory members:**

- Perform in an advisory role for the QIC whose various perspectives provide insight on QIC performance goals, outcomes PMIs and recommended actions
- Inform the committee by identifying issues and concerns to assist the QIC in voting and prioritizing meaningful QI initiatives
- Attend 75% of meetings per year and may send a proxy to one meeting per year if the proxy represents the same advisory role (i.e. representing same subject matter, discipline, or DBHDS office)
- Advisory members, excluding Association and DBHDS representatives, are appointed for a term of two
   (2) years and may be reappointed for an additional term

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

- Committee Subject areas with expertise and accountability
- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the OIC as sub-committees.
  - Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS staff
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity
- Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives. DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, and recommend and prioritize quality improvement initiatives, to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative- Focuses on a specific area within a QM plan with identified actions

# Regional Quality Council Charter QIC Approved September 21, 2020 Revised

# QIC Approved December 8, 2020

Committee /	Regional Quality Councils
Statement of Purpose	As Quality Improvement Committee (QIC) subcommittees, the Regional Quality Councils (RQCs) are to identify and address risks of harm, ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated settings; and evaluate data to identify and respond to trends to ensure continuous quality improvement.  RQCs review and assess state and regional data related to quality indicators (performance measure indicators) for developmental disability services. The performance measure indicators are established by the Department of Behavioral Health and Developmental Services (DBHDS) and approved by the QIC and are in alignment with measures identified in the CMS approved Developmental Disability (DD) waiver(s). Each RQC reviews and evaluates the data, trends and monitoring efforts.
Authorization / Scope of Authority	The RQCs are part of the DBHDS quality oversight structure and represent each of the five DBHDS regions in Virginia. DBHDS provides the RQCs with relevant and reliable data to include comparisons with other internal or external data, as appropriate, as well as multiple years of data (as it becomes available). The performance measure indicators guide the RQC's discussion and monitoring. DBDHS QIC directs the work of the RQCs.  RQCs may request available data that may assist in forming quality improvement initiatives and if requested data is unavailable, RQCs may make recommendations for data collection to the QIC.
Charter Review	The RQC charter is reviewed/revised on an annual basis or as needed and submitted to the QIC for approval.
DBHDS Quality Improvement Standards	<ul> <li>DBHDS is committed to a Culture of Quality that is characterized as:</li> <li>Supported by leadership</li> <li>Person Centered</li> <li>Led by staff who are continuously learning and empowered as change agents</li> <li>Supported by an infrastructure that is sustainable and continuous</li> <li>Driven by data collection and analysis</li> </ul>

	Responsive to identified issues using corrective actions, remedies, and quality improvement initiatives/projects as indicated
<b>Model for Quality</b>	Determine the:
Improvement	<ul> <li>Aim: What are we trying to accomplish?</li> <li>Measure: How do we know that a change is an improvement?</li> <li>Change: What change can we make that will result in improvement?</li> <li>Implement the Plan/Do/Study/Act Cycle:</li> <li>Plan: Defines the objective, questions and predictions. Plan data collection to answer questions</li> <li>Do: Carry out the plan. Collect data and begin analysis of the data.</li> <li>Study: Complete the analysis of the data. Compare data to predictions.</li> <li>Act: Plan the next cycle. Decide whether the change can be implemented.</li> </ul>
<b>Structure of Committee</b>	e / Workgroup:
Membership	An interdisciplinary team approach will be achieved through representation from the following stakeholder groups:  Residential Services Provider  Employment Services Provider  Day Services Provider  Community Services Board (CSB) Developmental Services Director  Support Coordinator/Case Manager (2)  CSB Quality Assurance/Improvement staff  Provider Quality Assurance/Improvement staff  Crisis Services Provider  An individual receiving services or on the Developmental Disability Waiver waitlist (self-advocate)  A family member of an individual previously (Previously is defined as within the past 3 years, either the individual having passed or lost services for whatever reason.) or currently receiving services or on the waitlist (2)  In addition, the following DBHDS employees shall be standing members of each RQC:  Director, Community Quality Improvement or designee  Regional Quality Improvement Specialist  Community Resources Consultant  Process for recruiting/approval of members:

	RQC members and alternates (excluding DBHDS standing employee members) are nominated by other RQC members, DBHDS regional staff, or DBHDS Quality Improvement staff. Quality Improvement staff contact nominees regarding the nominee's willingness to serve. All nominations of RQC members and alternates are reviewed and approved by the QIC chair/co-chair.  Role of Alternates:  An alternate for each membership role will serve as a proxy at meetings when the incumbent cannot attend. The alternate represents the same stakeholder group (i.e. employment provider) as the member and serves as the member's proxy for voting. Alternates receive meeting agendas, meeting minutes and reports to be considered at meetings, and attend meetings in order to listen to discussion and decisions. This ensures continuity by providing the alternate with the ability to be informed in the event the member is not able to attend and the alternate is called upon to represent the stakeholder group.
	Membership Term(s): RQC members (excluding DBHDS standing employee members) serve a three-year term, with an option to extend for one additional term. If a member resigns for any reason prior to the fulfillment of the term, if willing, the alternate will fill the vacated membership position. If the alternate is not willing to serve as the member, they will serve as proxy until a new member is nominated and approved by the QIC chair/co-chair. Another alternate representing the same stakeholder group will be nominated and approved by the QIC chair/co-chair.
Meeting Frequency	The RQCs will meet on at least a quarterly basis. Each RQC shall meet with a quorum at least three (3) of the four (4) quarterly meetings in a state fiscal year.
Quorum	A quorum is defined as at least 60% of members or their alternates, including representation from the following groups: a member of the DBHDS QIC, an individual experienced in data analysis, a Developmental Disability (DD) service provider, and an individual receiving services or on the DD Waiver waitlist or a family member of an individual receiving services or on the DD Waiver waitlist.
Leadership and Responsibilities	Leadership: The DBHDS Regional Quality Improvement Specialist shall serve as chair of the RQC. The chair will be responsible for ensuring the council performs its functions.
	RQC Liaison: Each RQC will appoint a member (excluding DBHDS employees) to serve as liaison to the QIC. Liaisons attend the QIC meetings, either in-person or remotely, representing their respective RQC. Liaisons are responsible for

reporting all agreed upon RQC recommendations to the DBHDS QIC, If the liaison cannot attend the QIC (in-person or remotely), another member of that RQC shall be asked to represent that RQC at the QIC meeting.

#### **RQC** Responsibilities:

Each member, including alternates, shall be oriented to the purpose, operations and member responsibilities. This orientation is completed independently online or virtually/live with a QI Specialist. This training shall be offered and suggested to be completed within one month of receiving notification of approval of membership.

All RQC members, including alternates, shall be provided with slides from previous trainings on quality improvement tools and methods and are asked to watch any related videos.

For each of the topic areas identified by the RQC, the RQC either a) decides more information/data is needed for the topic area; b) prioritizes a quality improvement initiative for the region, and/or recommends a quality improvement initiative to DBHDS; or c) determines that no action will be taken in that area. For each quality improvement initiative recommended by the RQC, at least one measurable outcome will be proposed by the RQC.

Members are responsible for reviewing data and reports provided and engaging in discussions, which include an exchange of ideas from the perspective of the stakeholder group they represent.

#### Minutes:

Meeting minutes are reviewed and approved by the membership of the RQC to ensure accurate reflection of discussion, evaluation of data, and recommendations of the RQC. Approved meeting minutes are maintained by the DBHDS Office of Clinical Quality Management for 100% of meetings.

#### **Standard Operating Procedures:**

- Develop, update, and review annually the subcommittee charter
- Meet regularly to ensure continuity of purpose
- Maintain reports, meeting minutes, and/or actions taken as necessary and pertinent to the subcommittee's function
- Analyze data to identify and respond to trends to ensure continuous quality improvement
- Recommend quality improvement initiatives which are consistent with the Plan, Do, Study, Act model

## Each RQC will:

- Review and evaluate data, trends, and monitoring efforts
- Review and assess (i.e., critically consider) the data that is presented to identify:
  - a) possible trends;
  - b) questions about the data; and

- c) any areas in need of quality improvement initiatives (QIIs) and identifies and records themes in meeting minutes
- Determine for each identified topic area if:
  - a) more information/data is needed for the topic area;
  - b) a quality improvement initiative should be prioritized for the region and/or recommended to DBHDS; or if
  - c) no action is needed/will be taken in that area at this time
- Based on topics and data reviewed, recommend at least one quality improvement initiative to the QIC annually.
- Propose at least one measurable outcome for each QII recommended by the RQC
- Monitor the regional status of any statewide quality improvement initiatives implemented as directed by the OIC
- Report annually to the QIC on the results of the implemented QIIs
- Present 100% of agreed upon recommendations to the QIC
- Monitor and review provider reporting measures at least semi-annually

The QIC reviews the recommendations reported by the RQCs and directs the implementation of any QII to the relevant DBHDS staff after approval by the QIC and the Commissioner.

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

- Committee Subject areas with expertise and accountability
- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the QIC as sub-committees.
  - O Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.

- Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives. DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, recommends and prioritizes quality improvement initiatives to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative- Focuses on a specific area within a QM plan with identified actions

# Risk Management Review Committee Charter QIC Approved September 21, 2020 Revised

QIC Approved December 14, 2020

Committee / Workgroup	Risk Management Review Committee
Statement of Purpose	The purpose of the Department of Behavioral Health and Developmental Services (DBHDS) Risk Management Review Committee (RMRC) is to provide ongoing monitoring of serious incidents and allegations of abuse and neglect; and analysis of individual, provider and system level data to identify trends and patterns and make recommendations to promote health, safety and well-being of individuals. As a subcommittee of the DBHDS Quality Improvement Committee (QIC), the RMRC identifies and addresses risks of harm; ensures the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated settings; and collects and evaluates data to identify and respond to trends to ensure continuous quality improvement.  The RMRC has been established to improve quality of services and the safety of individuals with developmental disabilities (DD). Over time, the committee will be expanded to oversee services provided to individuals with mental health and substance use issues as well.
Authorization/Scope of Authority	This committee is authorized by the DBHDS Quality Improvement Committee (QIC) and is coordinated by the Division of Quality Assurance and Government Relations and the Office of Community Quality Improvement. The RMRC's overall risk management process enables DBHDS to identify, and prevent or substantially mitigate risks of harm. The RMRC reviews and analyzes related data collected from facilities and community service providers, including reports of serious incidents and allegations of abuse and neglect. The RMRC also reviews data and information related to DBHDS program activities, including licensing reviews, triage and review of serious incidents, and oversight of abuse/neglect allegations.  The RMRC may also share data or findings with the Mortality Review Committee when significant patterns or trends are identified related to deaths.
Charter Review	The RMRC was established in December 2014. The charter will be reviewed and/or revised on an annual basis, or as needed, and submitted to the QIC for approval.

DBHDS Quality	DBHDS is committed to a Culture of Quality that is characterized as:
Improvement Standards	Supported by leadership
_	Person Centered
	Led by staff who are continuously learning and empowered as change agents
	Supported by an infrastructure that is sustainable and continuous
	Driven by data collection and analysis
	Responsive to identified issues using corrective actions, remedies, and quality improvement initiatives
	(QII) as indicated
Model for Quality	Determine the:
Improvement	Aim: What are we trying to accomplish?
	Measure: How do we know that a change is an improvement?
	Change: What change can we make that will result in improvement?
	Implement the Plan/Do/Study/Act Cycle:
	<ul> <li>Plan: Defines the objective, questions and predictions. Plan data collection to answer questions</li> </ul>
	Do: Carry out the plan. Collect data and begin analysis of the data.
	Study: Complete the analysis of the data. Compare data to predictions.
	Act: Plan the next cycle. Decide whether the change can be implemented.
Structure of Committee / V	
Membership	RMRC is an internal inter-disciplinary team comprised of the following DBHDS employees with clinical training
	and experience in the areas of behavioral health, intellectual disabilities/developmental disabilities, leadership,
	forensics, medical, quality improvement, behavior analysis and data analytics:
	Voting Members:
	Assistant Commissioner of Quality Assurance and Government Relations  Provides Commissioner of Quality Assurance and Government Relations
	Director, Community Quality Improvement, or designee
	Director, Provider Development, or designee  Provider Development, or designee
	Director, Office of Human Rights, or designee  Office of Human Rights, or designee
	Director, Office of Integrated Health. or designee
	Incident Manager, Office of Licensing, or designee  But the But of the State of Licensing is a signer of the State of Licensing in the State of Licensing is a signer of Licensing in the State of Licensing is a signer of Licensing in the State of Licensing is a signer of Licensing in the State o
	Representative, Data Quality and Visualization
	Settlement Agreement Director, or designee  Bid Manager Training Contage and designee
	Risk Manager, Training Center or designee  Office of the Control of the Cont
	Office of Licensing Quality Improvement Review Specialist
	Advisory Members:

Meeting Frequency	<ul> <li>Deputy Commissioner of Quality Assurance and Government Relations</li> <li>QI/QM Coordinator</li> <li>Investigations Manager, Office of Licensing, or designee</li> <li>Advisory consultants as needed/required</li> </ul> The RMRC meets at least ten times a year with a quorum present; additional meetings may be scheduled as determined by the urgency of issues. Additional workgroups may be established as needed.
Quorum	A quorum is defined as 50% plus one of the approving members.
Leadership and Responsibilities	The Assistant Commissioner of Quality Assurance and Government Relations or designee chairs the RMRC.  The standard operating procedures include:  Develop, update and review annually the committee charter  Meet regularly to ensure continuity of purpose  Maintain reports, meeting minutes, and/or actions taken as necessary and pertinent to the subcommittee's function  Analyze data to identify and respond to trends to ensure continuous quality improvement  Recommend quality improvement initiatives which are consistent with Plan, Do, Study, Act model  The RMRC will:  Develop an incident management process that is responsible for review and follow-up of all reported serious incidents including protocols that identify a triage process, a follow-up and coordination process with licensing specialists and investigators, human rights advocates and referrals to other DBHDS offices as appropriate and documentation of trends, patterns and follow-up on individual incidents  Provide oversight for a look behind review of a statistically valid, random sample of DBHDS serious incident reviews and follow-up process. The reviews evaluate whether:  i. The incident was triaged by the Office of Licensing incident management team appropriately according to developed protocols;  ii. The provider's documented response ensured recipient's safety and well-being;  iii. Appropriate follow-up from the Office of Licensing incident management team occurred when necessary;  iv. Timely, appropriate, corrective action plans are implemented by the provider when indicated.  The RMRC will review trends quarterly, recommend changes to processes, protocols, or quality improvement initiatives when necessary and track implementation of any changes or quality initiatives approved for implementation

- Provide oversight of a look-behind review of a statistically valid, random sample of reported allegations of abuse, neglect, and exploitation. The review evaluates whether:
  - i. Comprehensive and non-partial investigations of individual incidents occur within state prescribed timelines;
  - ii. The person conducting the investigation has been trained to conduct investigations;
  - iii. Timely, appropriate, corrective action plans are implemented by the provider when indicated.
  - iv. Trends will be reviewed at least quarterly; the RMRC will recommend quality improvement initiatives (QIIs) when necessary and track implementation of initiatives approved for implementation.
  - v. The RMRC will review trends quarterly, recommend changes to processes, protocols, or quality improvement initiatives when necessary and track implementation of any changes or quality initiatives approved for implementation.
- Systematically review and analyze data related to serious incident reports (SIR), deaths, human rights allegations of abuse, neglect and exploitation, findings from licensing inspections and investigations, and other related data
- Review, analyze and identify trends related to DBHDS facility risk management programs to reduce or eliminate risks of harm
- Review details of individual serious incident reports when indicated
- Review the results of Quality Service Reviews (QSR) as it relates to identified risks of harm, including
  appropriate provider response to risks, address risk triggers and thresholds and use findings to inform
  providers of recommendations as well as use systemic level findings to update guidance that is then
  disseminated
- Utilize the findings from review activities to develop, or recommend, the development of guidance, training, or educational resources to address areas of risk prevalent within the DBHDS service population
- Ensure the annual review of such guidance, training, or educational resources; and update as necessary
- Review publications yearly and revise as necessary to ensure current guidance is sufficient and is included in each alert
- Use data and information from risk management activities to identify topics for future content as well as determine when existing content needs revision
- Report findings, conclusions, and recommendations to the QIC semi-annually, or more frequently when significant, or unusual patterns or trends are identified
- Reviews and identifies trends from aggregated incident data, including allegations of abuse, neglect, and
  exploitation, at least four times per year by various levels such as by region, by Community Services
  Board (CSB), by provider locations, by individual, or by levels and types of incidents
- Monitor aggregate data of provider compliance with serious incident reporting requirements and establishes targets for performance measurement indicators. When targets are not met the RMRC

- determines whether quality improvement initiatives are needed, and if so, monitors implementation and outcomes
- Monitor the effective implementation of DI 401 (Risk and Liability Management) by reviewing facility data and trends, including risk triggers and thresholds to address risks of harm
- Utilize data analysis to identify areas for improvement and monitor trends. The RMRC identifies priorities
  and determines quality improvement initiatives as needed, including identified strategies and metrics to
  monitor success, or refers these areas to the QIC for consideration for targeted quality improvement
  efforts.
- Establish performance measure indicators (PMIs) that align with the eight domains
- Monitor progress towards achievement of identified performance measure indicators (PMIs) and for PMIs falling below target, determine actions that are designed to raise the performance
- Assess PMIs overall annually and based upon analysis, PMIs may be added, revised or retired in keeping with continuous quality improvement practices
- Utilize approved system for tracking PMIs, and the efficacy of preventative, corrective and improvement measures
- Develop and implement preventative, corrective, and improvement measures where PMIs indicate health and safety concerns
- Recommend at least one QII per year designed to mitigate risks, and foster a culture of safety in service delivery based on data analysis
- Implement approved QIIs within 90 days of the date of approval and report regularly to the QIC regarding the status of the QII
- Monitor progress of QIIs and address concerns/barriers as needed
- Evaluate the effectiveness of the QII for its intended purpose
- Report to DBHDS QIC for oversight and system-level monitoring at least three times per year including identified PMIs, outcomes and QIIs

### Membership Responsibilities:

#### **Voting members:**

- Have decision making capability and voting status
- Review data and reports for meeting discussion
- A quorum of members shall approve all recommendations presented to the QIC
- Members may designate an individual (designee) to attend on their behalf when they are unable to attend. The designee shall have decision-making capability and voting status. The designee should come prepared for the meeting.

#### **Advisory members:**

- Perform in an advisory role for the RMRC whose various perspectives provide insight on RMRC activities, performance outcomes, and recommended actions
- Inform the committee by identifying issues and concerns to assist the RMRC in developing and prioritizing meaningful QI initiatives
- Support the RMRC in performing its functions

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

- Committee Subject areas with expertise and accountability
- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the QIC as sub-committees.
  - Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.
- Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives. DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, recommends and prioritizes quality improvement initiatives to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement
  plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on
  improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative- Focuses on a specific area within a QM plan with identified actions

### Mortality Review Committee Charter QIC Approved September 21, 2020 Revised

QIC Approved November 16, 2020

Committee	Mortality Review
Statement of Purpose	The purpose of the DBHDS Developmental Disabilities (DD) Mortality Review Committee (MRC) is to focus on system-wide quality improvement by conducting mortality reviews of individuals who were receiving a service licensed by DBHDS at the time of death and diagnosed with an intellectual disability and/or developmental disability (I/DD), utilizing an information management system to track the referral and review of these individual deaths.
Authorization / Scope of Authority	The DBHDS Commissioner is the executive sponsor of the MRC and designates the Chief Clinical Officer (CCO) to establish and supervise the Mortality Review Office (MRO). Through the DBHDS incident reporting system, and in collaboration with the Office of Licensing, the MRC reviews deaths of individuals with I/DD who received a service licensed by DBHDS at the time of death. The MRC is a sub-committee of the Quality Improvement Committee (QIC).  The MRC provides ongoing monitoring and data analysis to identify trends and/or patterns and then makes recommendations to promote the health, safety and well-being of said individuals.  To the best ability, the MRC will determine the cause of an individual's death, whether the death was expected, and if the death was potentially preventable.
Charter Review	The MRC charter is reviewed and/or revised on an annual basis, or as deemed necessary by the committee.
DBHDS Quality	DBHDS is committed to a Culture of Quality that is characterized as:
Improvement	Supported by leadership
Standards	<ul> <li>Person Centered</li> <li>Led by staff who are continuously learning and empowered as change agents</li> <li>Supported by an infrastructure that is sustainable and continuous</li> <li>Driven by data collection and analysis</li> <li>Responsive to identified issues using corrective actions, remedies, and quality improvement projects as indicated</li> </ul>

# DBHDS demonstrates on an on-going basis that it identifies, addresses, and seeks to prevent instances of abuse, neglect, exploitation and unexplained death. DBHDS develops and implements quality improvement initiatives, either regionally or statewide, as recommended by the MRC and approved by the DBHDS Commissioner, to reduce mortality rates to the fullest extent practicable. **Model for Quality** On a quarterly basis, DBHDS staff assigned to implement quality improvement initiatives will report data related to the quality improvement initiatives to the MRC to enable the committee to track implementation. **Improvement** Through mortality reviews, data collection, and analysis of data, including trends, patterns, and problems at individual service delivery and systemic levels, the MRC identifies areas for development of quality improvement initiatives. To that end, the committee determines the: Aim: What are we trying to accomplish? Measure: How do we know that a change is an improvement? Change: What change can we make that will result in improvement? Implements the Plan/Do/Study/Act Cycle: Plan: Defines the objective, questions and predictions. Plan data collection to answer questions. Do: Carry out the plan. Collect data and begin analysis of the data. Study: Complete the analysis of the data. Compare data to predictions. Act: Plan the next cycle. Decide whether the change can be implemented. Additionally, the MRC: Establishes performance measure indicators (PMIs) that align with the eight domains when applicable Monitors progress towards achievement of identified PMIs and for those falling below target, determines actions that are designed to raise the performance • Assesses PMIs overall annually and based upon analysis, PMIs may be added, revised or retired in keeping with continuous quality improvement practices. Implements approved Quality Improvement Initiatives (QII) within 90 days of the date of approval Monitors progress of approved QIIs assigned and addresses concerns/barriers as needed Evaluates the effectiveness of the approved QII for its intended purpose

- Demonstrates annually at least 3 ways in which data collection and analysis has been used to enhance outreach, education, or training
- Utilizes approved system for tracking PMIs, and the efficacy of preventive, corrective and improvement measures
- Develops and implements preventive, corrective and improvement measures where PMIs indicate health and safety concerns

#### **Structure of Committee:**

#### **Membership**

The MRC is composed of members with clinical training and experience in the areas of intellectual and developmental disabilities, medical and pharmacy services, quality improvement, compliance, incident management, behavior analysis and data analytics.

Required Mortality Review Committee DBHDS members include:

- Chief Clinical Officer (MD, and staff member with QI and programmatic/operational [P/O] expertise)
- Assistant Commissioner of Developmental Services, or designee (staff member with QI and P/O expertise)
- Assistant Commissioner for Compliance, Risk Management, and Audit or designee (staff member with QI, P/O, and regulatory expertise)
- Senior Director of Quality Improvement (staff member with QI and P/O expertise)
- Director, Community Quality Improvement, or designee (RN and staff member with QI and P/O expertise)
- Director, Office of Human Rights, or designee (staff member with regulatory, QI and P/O expertise)
- Director, Office of Integrated Health, or designee (staff member with QI and PO expertise)
- Mortality Review Office (MRO) Clinical Manager, Co-Chair (NP and staff member with QI and P/O expertise)
- Office of Licensing Manager, Incident Team (staff member with regulatory and P/O expertise)
- Office of Licensing Manager, Investigation Team (staff member with regulatory and P/O expertise)
- Office of Pharmacy Services Manager (PharmD and staff member with regulatory, QI and P/O expertise)
- MRO Clinical Reviewer (RN and staff member with QI and P/O expertise)
- MRO Program Coordinator (Staff member with QI and P/O expertise)
- A member with clinical experience to conduct mortality reviews who is otherwise independent of the State (medical doctor, nurse practitioner, or physician assistant, who is an external member with P/O expertise)

Advisory (non-voting members) nominated by the Commissioner or Chair of the MRC, which may include;

• Representative, Department of Medical Assistance Services

	D
	Representative, Department of Health
	Representative, Department of Social Services
	Representative, Office of Chief Medical Examiner
	Representative, Community Services Board
	<ul> <li>Other Subject matter experts such as representatives from a DD Provider or Advocacy Organizations</li> </ul>
<b>Meeting Frequency</b>	The MRC meets, at minimum, on a monthly basis or more frequently as necessary to conduct mortality reviews with 90 days of death.
Quorum	A quorum is 50% of voting membership plus one, with attendance of at least: (One member may satisfy two roles)
	• A medical clinician (medical doctor, nurse practitioner, or physician assistant)
	A member with clinical experience to conduct mortality reviews
	A professional with quality improvement expertise
	A professional with programmatic/operational expertise
Leadership and	The DBHDS Commissioner shall serve as the executive sponsor of the MRC and the Chief Clinical Officer, or
Responsibilities	Mortality Review Clinical Manager, shall serve as committee chair. The committee chair shall be responsible for
	ensuring the committee performs its functions; consideration and, as appropriate, approval of quality improvement
	activities, and MRC core processes.
	Standard operating procedures:
	<ul> <li>The Licensing Investigations Team reviews all deaths of individuals with a developmental disability reported to DBHDS through its incident reporting system and provides available records and information it obtains and the completed Licensing Investigation Report to the MRC within 45 business days of the date the death was reported.</li> </ul>
	• Within 90 calendar days of a death, (and for any unreported deaths, as defined on page 6), the Mortality Review Team (MRT) compiles a review summary of the death. This includes development of a succinct, clinical case summary by reviewing, and documenting the availability or unavailability, of:
	<ul> <li>Medical records: Including healthcare provider and nursing notes for three months preceding death</li> </ul>
	Incident reports for three months preceding death
	Most recent individualized service program plan
	Medical and physical examination records
	* *
	Death certificate and autopsy report (if applicable)
	♦ Any evidence of maltreatment related to the death
	♦ Interviewing, as warranted, any persons having information regarding the individual's care

- The Clinical Reviewer(s) documents all relevant information onto the electronic Mortality Review Form, and the Chief Clinical Officer/Clinical Manager completes a preliminary review of all case summaries prior to an MRC meeting. During the preliminary review, a case is identified as Tier 1 or Tier 2 (*see definitions*).
  - A Tier 1 case requires a detailed, comprehensive review of multiple factors and areas of focus by the MRC.
  - ◆ A Tier 2 case does not require a detailed, comprehensive review as the preliminary review was sufficient.
- To ensure confidentiality and adhere to mandated privacy regulations and guidelines, case reviews are provided to MRC members during the meeting only. At that time, a facilitated narration with discussion occurs.

#### At each meeting the MRC members:

- Perform comprehensive clinical mortality reviews utilizing a multidisciplinary approach that addresses relevant factors (*medical, genetic, social, environmental, risk, susceptibility, and others as specific to the individual*) and quality of service.
- ♦ Evaluate the quality of the decedent's licensed services related to disease, disability, health status, service use, and access to care, to ensure provision of a reliable, person-centered approach.
- ♦ Identify risk factors and gaps in service and recommend quality improvement strategies to promote safety, freedom from harm, and physical, mental and behavioral health and wellbeing.
- ♦ Review Office of Licensing Corrective Action Plans (CAPs) related to required recommendations, to ensure no further action is required and for inclusion in meeting minutes.
- ♦ Refer any required recommendations not included in the initial CAP to the Office of Licensing for further investigation, and/or other divisions represented by members, when appropriate.
- ♦ Assign recommendations and/or actions to MRC member(s) as appropriate.
- Review and track the status of previously assigned recommended actions to ensure completion.
- ♦ The committee may also interview any persons having information regarding the individual's care.

After the case review, the MRC seeks to identify:

• The cause of death

- If the death was expected
- Whether the death was potentially preventable
- Any relevant factors impacting the individual's death
- Any other findings that could affect the health, safety, and welfare of these individuals
- Whether there are other actions which may reduce these risks, to include provider training and communication regarding risks, alerts, and opportunities for education (see Definitions under "Leadership and Responsibilities" section).
- If any actions are identified based on the case review, the MRC will then make and document relevant recommendations and/or interventions
- Documentation of all the above is then made in the meeting minutes and on the electronic Mortality Review Form

The MRC will make recommendations (*including but not limited to, quality improvement initiatives*) in order to reduce mortality rates to the fullest extent practicable.

- ♦ The case may be closed or pended. If all determinations are made, the case is closed by the committee. If additional information is needed in order to make a determination, the case is pended until the next meeting.
- ◆ Cases that are pended have been reviewed within 90 days of the individual's death based on the beginning review date
- ♦ A pended case remains open until the following meeting, when the designated committee member provides an update or specific information as requested. If all determinations are made, the pended case is closed by the committee.
- Monthly, for quality assurance purposes and to attempt to identify deaths that were not reported through DBHDS' incident reporting system, the Mortality Review Office (MRO):
  - ◆ Provides a list of identifying information for I/DD individuals in the Waiver Management System who received DBHDS-licensed services to the Virginia Department of Health (VDH)
  - ♦ VDH identifies names from that list for which a death certificate is on file and provides results back to the MRO.
  - ◆ The MRO forwards the information to the DBHDS Office of Licensing, who investigates all unreported deaths identified by this process and takes appropriate action in accordance with DBHDS licensing regulations and protocols.
  - Upon completion of the OL investigation, if a death is determined to require MRC

review, the MRT will initiate the usual review process for the case as per usual standard operating procedure (*see page 4*).

- The MRC documents recommendations for systemic quality improvement initiatives coming from patterns of individual reviews on an ongoing basis, and analyzes patterns that emerge from any aggregate examination of mortality data.
  - ◆ From this analysis, the MRC makes one recommendation per quarter (*four recommendations/year*) for systemic quality improvement initiatives, and reports these recommendations to the QIC (*quarterly*) and the DBHDS Commissioner (*annually*).
  - ♦ On a quarterly basis, the MRC also prepares and delivers to the QIC a report specific to the committee's findings.
  - Within ninety days of a death, the MRC will prepare and deliver to the Commissioner of DBHDS, a report specific to the committee's deliberations, findings, and recommendations. If the MRC elected not to make any recommendations, documentation will affirmatively state that no recommendations were warranted.
  - The MRC prepares an annual report of aggregate mortality trends and patterns for all individuals reviewed by the MRC, within six months of the end of the year. A summary of the findings is released publicly.

### Membership responsibilities:

Pursuant to Virginia Code § 37.2-314.1, all MRC members and other persons who attend closed meetings of the MRC are required to sign a confidentiality agreement form. Members shall notify the MRC Co-Chair and/or MRO Program Coordinator prior to having a guest attend a meeting so that arrangements may be made for the guest to sign the confidentiality agreement form before (s)he is permitted to attend. Member confidentiality forms are valid for the entire term of MRC membership, and guest confidentiality forms are valid for repeat attendance at MRC meetings.

- All MRC members must receive training that includes:
  - ◆ Orientation to the MRC charter to educate the member on the scope, mission, vision, charge, and function of the MRC
  - ♦ Review of the policies, processes, and procedures of the MRC
  - Education on the role/responsibility of the member(s)
  - Training on continuous quality improvement principles

New members will receive training within 30 business days of joining the committee. **Voting members:** • Have decision making capability and voting status. • Attend 75% of meetings per year and may send a designee that is approved by the MRC chair (or Co-Chair) prior to the meeting. • Review data and reports for meeting discussion. May send a designee to MRC meetings but should attend at least one meeting per quarter. The designee shall have decision-making capability and voting status. The designee should come prepared for the meeting. • Absence is considered excused if the member has notified the MRC Co-Chair or MRO Program Coordinator prior to the meeting that the member and/or designee are unable to attend. • Recognize that an excused absence does not contribute to the 75% attendance requirement. **Advisory members:**  Are non-voting stakeholder members selected and approved by the QIC and DBHDS Commissioner whose various perspectives provide insight on MRC reviews, clinical insight, medical expertise, and MRC performance goals, outcomes, required and recommended actions. • Inform the committee by identifying and prioritizing MRC decision making and recommendations. May be appointed for a term of two (2) years, and may be reappointed for up to two additional terms. • Are expected to attend 75% of meetings per year, and may send a designee that is approved by the MRC chair prior to the meeting. An absence is considered excused if the advisory member has notified the MRC Co-Chair or MRO Program Coordinator prior to the meeting, that the advisory member and/or designee are unable to attend. • Recognize that an excused absence does not contribute to the 75% attendance requirement. Members must recuse themselves from MRC proceedings if a conflict of interest arises, in order to maintain Recusal neutrality (prevent bias) and credibility of the MRC mortality review process. Conflict of interest exists when an MRC member has a financial, professional or personal interest that could directly influence MRC determinations, findings or recommendations, such as: • The MRC member, or an individual from the member's family, was actively involved in the care of the decedent (*direct care r/t employment or financial as listed below*) The MRC member may have participated in a facility or institutional mortality review of the decedent The MRC member, or an individual from the member's family, has a financial interest or investment

that could be directly affected by the mortality review (including determinations and

recommendations) of the decedent, to include employment, property interests, research, funding or

	support, industry partnerships and consulting relationships
	Should a conflict of interest arise during the review process, the MRC member will:
	<ul> <li>Immediately disclose the potential conflict of interest and cease participation in the case review related to the existing or potential conflict of interest.</li> </ul>
	<ul> <li>Disclose the conflict of interest privately to the Chair/Co-Chair, or publicly to the members in attendance.</li> </ul>
	The MRC will then halt discussion of the conflict of interest case, move on to the next case and place the conflict of interest case at the end. This allows the MRC member with a conflict
	of interest to remain for the review of other cases, and then leave the proceedings prior to the discussion of the conflict of interest case.
Definitions	<ul> <li>Tier 1 case criteria:</li> <li>Cause of death cannot clearly be determined or established, or is unknown;</li> <li>Any unexpected death (such as suicide, homicide or accident);</li> <li>Abuse or neglect is specifically documented;</li> <li>Documentation of investigation by or involvement of law enforcement (including forensic) or similar agency; and</li> <li>Specific or well defined risks to safety and well-being are documented.</li> </ul>
	<ul> <li>Tier 2 case criteria:</li> <li>Cause of death can clearly be determined or established;</li> <li>An expected death, if no abuse or neglect, involvement of law enforcement or well defined safety and well-being risks are documented;</li> <li>An unexpected (unexplained) death that occurred as a result of an acute medical event, a new medical condition, or sudden and unexpected consequences of a known medical condition, as long as no abuse or neglect, involvement of law enforcement or well defined safety and well-being risks are documented;</li> <li>No documentation of abuse or neglect;</li> <li>No documentation of investigation by or involvement of law enforcement (including forensic) or similar agency; and</li> <li>No documentation of specific or well defined risks to safety and well-being noted.</li> <li>Expected Death denotes a death that was consistent with, and as a result of, an individual's previously</li> </ul>
	diagnosed terminal condition. A death can be expected if the person had a known terminal condition (e.g.,

end stage renal disease) or if the person was elderly and had a period of deterioration and increasing medical frailty. In both cases, the person, family, and caregivers were aware that the condition was terminal, end of the life decisions were in place, and primary health care and palliative care teams, if applicable, were involved. The individual, legally authorized representative, power of attorney or legal guardian (if the individual lacked capacity to make advance directive decisions), and family, were all aware that the illness or condition would result in death and had an opportunity to discuss, if not decide, end of life matters and clinical measures to be taken or not taken.

- <u>Unexpected Death</u> denotes a death that occurred as a result of an acute medical event that was not expected in advance nor based on a person's known medical conditions. Examples might include suicide, homicide, accident, acute medical event, a new medical condition, or sudden and unexpected consequences of a known medical condition. An unexplained death also is considered an unexpected death.
- <u>Unknown</u> indicates there is insufficient information to classify a death as either expected or unexpected or there is insufficient information to make a determination as to the cause of death.
- Other (Cause of Death) denotes a cause of death that is not attributable to one of the major causes of death used by the MRC for data trending.
- Potentially Preventable Deaths are deaths that are considered to be premature and may have been avoided, based on a combination of known medical, genetic, social, environmental, or other factors (such as premorbid conditions). When the MRC determines a death is potentially preventable, the committee categorizes factors that might have prevented the death. For a death to be determined potentially preventable, the actions and events immediately surrounding the individual's death must be related to deficits in the timeliness or absence of, at least one of the following factors:
  - 1. Coordination of care
  - 2. Access to care, including delay in seeking treatment
  - 3. Execution of established protocols
  - 4. Assessment of the individual's needs or changes in status
  - The following standard definitions as referenced in Part I of the Quality Improvement Plan (*Program Description*) are established for all quality committees:

- ♦ Committee Subject areas with expertise and accountability
- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the QIC as sub-committees.
- ◆ Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
- Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
- ♦ Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- ♦ Key Performance Area (KPA) DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.
- ♦ Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives. DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, recommends and prioritizes quality improvement initiatives to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output.
- Quality Improvement Initiative (QII)- Focuses on a specific area within a QM plan with identified actions.

## Case Management Steering Committee Charter QIC Approved September 21, 2020

Committee /	Case Management Steering Committee
Workgroup Name Statement of Purpose	The Case Management Steering Committee, a subcommittee of the Department of Behavioral Health and Developmental Services (DBHDS) Quality Improvement Committee (QIC), is responsible for monitoring case management performance across responsible entities to identify and address risks of harm, ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated settings, and evaluate data to identify and respond to trends to ensure continuous quality improvement.
Authorization / Scope of Authority	The Case Management Steering Committee is authorized by the DBHDS Quality Improvement Committee (QIC). The committee is charged with reviewing data selected from, but not limited to, any of the following data sets: CSB data submissions, Case Management Quality Reviews, Office of Licensing citations, Quality Service Reviews, and DMAS' Quality Management Reviews, WaMS.
Charter Review	The Case Management Steering Committee was established in June 2018. The charter shall be reviewed on an annual basis, or as needed, and submitted to the QIC for review and approval.
DBHDS Quality Improvement Standards	DBHDS is committed to a Culture of Quality that is characterized as:  • Supported by leadership  • Person Centered  • Led by staff who are continuously learning and empowered as change agents  • Supported by an infrastructure that is sustainable and continuous  • Driven by data collection and analysis  • Responsive to identified issues using corrective actions, remedies, and quality improvement projects as indicated
Model for Quality Improvement	Determine the:  • Aim: What are we trying to accomplish?  • Measure: How do we know that a change is an improvement?  • Change: What change can we make that will result in improvement?  Implement the Plan/Do/Study/Act Cycle:  • Plan: Defines the objective, questions and predictions. Plan data collection to answer questions

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	• Do: Carry out the plan. Collect data and begin analysis of the data.
	<ul> <li>Study: Complete the analysis of the data. Compare data to predictions.</li> </ul>
	<ul> <li>Act: Plan the next cycle. Decide whether the change can be implemented.</li> </ul>
Structure of Workgroup	
Membership	CMSC is an internal inter-disciplinary team comprised of the following DBHDS employees with clinical training
	and experience in the areas of case management, behavioral health, intellectual disabilities/developmental
	disabilities, leadership, quality improvement, behavioral analysis and data analytics:
	Voting Members:
	Director of Waiver Operations or designee
	Director of Provider Development or designee  Director of Provider Development or designee
	Director of Community Quality Improvement or designee
	Settlement Agreement Director  The Control of
	Two Quality Improvement Program Specialists
	Representative, Office of Data Quality and Visualization
	Advisory Members (non-voting):
	QI/QM Coordinator
	Other internal members as determined by the committee
Meeting Frequency	The committee will, at a minimum, meet ten times a year; additional meetings may be scheduled as determined by
Witching Frequency	the urgency of issues.
	the digency of issues.
Quorum	A quorum shall be defined as 50% plus one of voting membership.
<b>Q</b> 5.5 5.5 5.5 5.5 5.5 5.5 5.5 5.5 5.5 5.	and the same seems of seems and seems are seems and seems are seems.
Leadership and	The Director of Provider Development shall serve as chair and will be responsible for ensuring the committee
Responsibilities	performs its functions including development of meeting agendas and convening regular meetings.
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	The standard operating procedures include:
	- Development and annual review and update of the committee charter
	- Meet regularly to ensure continuity of purpose
	- Maintain reports, meeting minutes, and/or actions taken as necessary and pertinent to the subcommittee's
	function
	- Analyze data to identify and respond to trends to ensure continuous quality improvement
	- Recommend quality improvement initiatives, which are consistent with Plan, Do, Study, Act model.

#### The CMSC will:

- Establish a process to review a sample of case management contact data each quarter to determine reliability and provide technical assistance to CSBs as needed
- Establish process to monitor compliance with performance standards
- Analyze data and monitor for trends quarterly
- Provide to the QIC recommendations to address non-compliance issues with respect to case manager contacts for consideration of appropriate systemic improvements and the Commissioner for review of contract performance issues
- Review and analyze CM data submitted to DBHDS related to the ten elements and at an aggregate level to determine CSB's overall effectiveness in achieving outcomes for the population they serve (such as employment, self-direction, independent living, keeping children with families)
- Produce a semi-annual report to the DBHDS QIC on the findings from the data review with
  recommendations for systemic improvement that includes: analysis and findings and recommendations
  based on review of the information from case management monitoring/oversight processes including: data
  from the oversight of the Office of Licensing, DMAS Quality Management Reviews, CSB Case
  Management Supervisors Quarterly Reviews, DBHDS Office of Community Quality Improvement
  retrospective reviews, Quality Service Reviews, and Performance Contract Indicator data
- Analyze CM Quality Review data submitted to DBHDS that reports on CSB case management performance
- Provide technical assistance to individual CSBs as needed
- Ensure CSBs receive their case management performance data semi-annually at a minimum
- Track cited regulatory non-compliance correction actions to ensure remediation
- Establish process for annual retrospective reviews to validate findings of the CSB case management supervisory reviews; process includes sample stratification, quantitative measurement of both CSB and DBHDS Quality Improvement record reviews and inter-rater reliability process for DBDHS Quality Improvement staff
- Review the results of other data reports that reference case management and make recommendations for systemic improvements as applicable
- Establishes two indicators in each of the areas of health and safety and community integration and based on review of the data from case management monitoring processes
- Establishes performance measure indicators (PMIs) that align with the eight domains
- Monitors progress towards achievement of identified performance measure indicators (PMIs) and for PMIs falling below target, determine actions that are designed to raise the performance
- Assess PMIs overall annually and based upon analysis, PMIs may be added, revised or retired in keeping with continuous quality improvement practices

- Recommend quality improvement initiatives (QIIs) to the DBHDS Quality Improvement Committee (QIC) (at least one per fiscal year, based on data analysis)
- Implements approved QIIs within 90 days of the date of approval
- Monitor progress of approved QIIs assigned to the workgroup and address concerns/barriers as needed
- Evaluate the effectiveness of the approved QII for its intended purpose
- Report to DBHDS QIC for oversight and system-level monitoring at least three times per year including identified PMIs, outcomes and QIIs
- Demonstrates annually at least 3 ways in which data collection and analysis has been used to enhance outreach, education, or training
- Utilizes approved system for tracking PMIs, and the efficacy of preventive, corrective and improvement measures
- Develops and implements preventive, corrective and improvement measures where PMIs indicate health and safety concerns

#### Membership Responsibilities:

#### **Voting members:**

- Have decision making capability and voting status
- Review data and reports for meeting discussion
- A quorum of members shall approve all recommendations presented to the QIC
- Members may designate an individual (designee) to attend on their behalf when they are unable to attend.
   The designee shall have decision-making capability and voting status. The designee should come prepared for the meeting.

#### **Advisory members:**

- Perform in an advisory role for the CMSC whose various perspectives provide insight on CMSC activities, performance outcomes, and recommended actions
- Inform the committee by identifying issues and concerns to assist the CMSC in developing and prioritizing meaningful QI initiatives
- Supports the CMSC in performing its functions

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

• Committee - Subject areas with expertise and accountability

- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the QIC as sub-committees.
  - Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.
- Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives. DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, recommends and prioritizes quality improvement initiatives to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative- Focuses on a specific area within a QM plan with identified actions

# Health, Safety and Well-being Workgroup Charter QIC Approved September 21, 2020

Committee /	Health, Safety and Wellbeing Key Performance Area (KPA) Workgroup
Workgroup Name	
Statement of Purpose	The Health, Safety and Wellbeing KPA Workgroup is charged with responsibilities associated with collecting and analyzing reliable data related to the domains of safety and freedom from harm, physical, mental and behavioral health and well-being, and avoiding crises. The KPA Workgroup also assesses whether the needs of individuals enrolled in a DD waiver are met, whether individuals have choice in all aspects of their selection of services and supports, and whether there are effective processes in place to monitor the individuals' health and safety. The KPA Workgroup establishes goals and monitors progress toward achievement through the creation of specific KPA performance measure indicators (PMIs).
	The Health, Safety and Wellbeing KPA Workgroup has established a goal reflective of its purpose: <i>People with disabilities are safe in their homes and communities, receive routine, preventive healthcare, and behavioral health services and behavioral supports as needed.</i>
Authorization / Scope of Authority	This workgroup has been authorized by the DBHDS Quality Improvement Committee (QIC). This workgroup's scope of authority includes identifying concerns/barriers in meeting the PMIs and implementing and/or recommending quality improvement initiatives. The subcommittee is to identify and address risks of harm, ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated setting and evaluate data to identify and respond to trends to ensure continuous quality improvement.
Charter Review	The KPA Workgroup charter will be reviewed and/or revised on an annual basis, or as needed, by the Health, Safety and Wellbeing KPA Workgroup and submitted to the QIC for approval.
DBHDS Quality	DBHDS is committed to a Culture of Quality that is characterized as:
Improvement	Supported by leadership
Standards	<ul> <li>Person Centered</li> <li>Led by staff who are continuously learning and empowered as change agents</li> <li>Supported by an infrastructure that is sustainable and continuous</li> <li>Driven by data collection and analysis</li> <li>Responsive to identified issues using corrective actions, remedies, and quality improvement initiatives as indicated</li> </ul>

<b>Model for Quality</b>	Determine the:
Improvement	• Aim: What are we trying to accomplish?
	<ul> <li>Measure: How do we know that a change is an improvement?</li> </ul>
	• Change: What change can we make that will result in improvement?
	Implement the Plan/Do/Study/Act Cycle:
	• Plan: Defines the objective, questions and predictions. Plan data collection to answer questions
	• Do: Carry out the plan. Collect data and begin analysis of the data.
	<ul> <li>Study: Complete the analysis of the data. Compare data to predictions.</li> </ul>
	<ul> <li>Act: Plan the next cycle. Decide whether the change can be implemented.</li> </ul>
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Structure of Committee	
Membership	Voting Members:
	Director, Office of Human Rights
	Assistant Commissioner for Developmental Disability Services
	Senior Director, Clinical Quality Management
	Director, Community Quality Improvement
	Director, Office of Integrated Health
	Director, Office of Licensing
	Mortality Review Committee Clinical Manager
	Representative, Office of Data Quality and Visualization
	Settlement Agreement Director
	Director, Provider Development
	Representative, Office of Waiver Operations
	Director, Office of Individual and Family Support
	Director, Office of Housing
	Advisory Members (non-voting):
	QI/QM Coordinator
	Other as determined by the Health, Safety and Wellbeing KPA Workgroup
Meeting Frequency	Meetings shall be held monthly, at least 10 times per year; additional meetings may be scheduled as determined by th
	urgency of issues.

# Leadership and Responsibilities

The Assistant Commissioner for Developmental Disability Services chairs the Health, Safety and Wellbeing KPA Workgroup. The chair will be responsible for ensuring the workgroup performs its functions. The chair may designate a co-chair as needed to assist.

#### The standard operating procedures include:

- Development and annual review and update of the committee charter
- Regular meetings to ensure continuity of purpose
- Maintenance of reports and/or meeting minutes as necessary and pertinent to the workgroup's function
- Analysis of PMIs to measure performance across the KPA
- Quality improvement initiatives are consistent with Plan, Do, Study, Act model
- Monitoring of surveillance data on a regular schedule

#### The KPA Workgroup will:

- Establish at least one performance measure indicator (PMI) for each domain identified as either an outcome or output measure
- Determine priorities when establishing the performance measure indicators (PMIs)
- Consider a variety of data sources for collecting data and identify the data sources to be used
- Measure performance across each domain and for PMIs falling below target, determine actions that are designed to raise the performance
- Assess PMIs overall annually and based upon analysis, PMIs may be added, revised or retired in keeping with continuous quality improvement practices
- Analyze data and monitor for trends quarterly
- Recommend quality improvement initiatives (QIIs) to the DBHDS Quality Improvement Committee (QIC) (at least one per fiscal year, based on data analysis)
- Implements QIC approved QIIs within 90 days of the date of approval
- Monitor progress of approved QIIs assigned to the workgroup and address concerns/barriers as needed
- Evaluate the effectiveness of the approved QII for its intended purpose
- Report to DBHDS QIC for oversight and system-level monitoring at least three times per year including identified PMIs, outcomes and QIIs
- Determines and finalizes surveillance data from a variety of sources. This data may be used for ongoing, systemic collection, analysis, interpretation, dissemination, and also serves as a source for establishing PMIs and/or quality improvement initiatives
- Monitors surveillance data in each of the domains associated with the KPA Workgroup and responds to identified trends of concerns

- Completes a committee performance evaluation annually that includes the accomplishments and barriers of the KPA Workgroup
- Demonstrates annually at least 3 ways in which data collection and analysis has been used to enhance outreach, education, or training
- Utilizes approved system for tracking PMIs, and the efficacy of preventive, corrective and improvement measures
- Develops and implements preventive, corrective and improvement measures where PMIs indicate health and safety concerns

#### Each PMI will contain the following:

- Baseline or benchmark data as available
- The target where results should fall above or below
- The date by which the target will be met
- Definition of terms included in the PMI and a description of the population
- Data sources (origins for both numerator and denominator)
- Calculation (clear formula for calculating the PMI utilizing the numerator and denominator)
- Methodology for collecting reliable data (complete and thorough description of the specific steps used to supply the numerator and denominator for calculation)
- The subject matter expert (SME) assigned to report and enter data on each PMI
- A yes/no indicator to show whether the PMI can provide regional breakdowns

#### Member Responsibilities:

#### **Voting Members:**

- All members have decision-making capability and voting status
- Members shall be responsible for entering, reviewing, and analyzing data related to the PMI as assigned
- Members shall be responsible for reviewing surveillance data prior to the scheduled review date and highlight areas of concern
- A quorum of members shall approve all recommendations presented to the QIC
- Members may designate an individual (designee) to attend on their behalf when they are unable to attend.
   The designee shall have decision-making capability and voting status. The designee should come prepared for the meeting.

#### **Advisory Members (non-voting):**

- Perform in an advisory role for the KPA Workgroup whose various perspectives provide insight on KPA Workgroup performance goals, outcomes PMIs and recommended actions
- Inform the committee by identifying issues and concerns to assist the KPA Workgroup in developing and prioritizing meaningful QI initiatives
- Supports the KPA Workgroup in performing its functions

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

- Committee Subject areas with expertise and accountability
- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the QIC as sub-committees.
  - Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.
- Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives.
   DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, recommends and prioritizes quality improvement initiatives to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative- Focuses on a specific area within a QM plan with identified actions

# Community Inclusion and Integration Workgroup Charter QIC Approved September 21, 2020

Committee /	Community Inclusion and Integration Key Performance Area (KPA) Workgroup
Workgroup Name	
Statement of Purpose	The Community Inclusion and Integration KPA Workgroup is charged with responsibilities associated with collecting and analyzing reliable data related to promoting full inclusion in community life and improvement in integrated services for people with developmental disabilities. The KPA Workgroup also assesses whether the needs of individuals enrolled in a DD waiver are met, whether individuals have choice in all aspects of their selection of services and supports, and whether there are effective processes in place to monitor the individuals' health and safety. This includes the domains of stability, choice and self-determination and community inclusion. The KPA Workgroup establishes goals and monitors progress toward achievement through the creation of specific KPA performance measure indicators (PMIs).
	The Community Inclusion and Integration KPA Workgroup has established a goal reflective of its purpose: <i>People</i> with disabilities live in integrated settings, engage in all facets of community living and are employed in integrated employment.
Authorization / Scope of Authority	This workgroup has been authorized by the DBHDS Quality Improvement Committee (QIC). This workgroup's scope of authority includes identifying concerns/barriers in meeting the PMIs and implementing and/or recommending quality improvement initiatives. The subcommittee is to identify and address risks of harm, ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated setting and evaluate data to identify and respond to trends to ensure continuous quality improvement.
Charter Review	The KPA Workgroup charter will be reviewed and/or revised on an annual basis, or as needed, by the Community Inclusion and Integration Workgroup and submitted to QIC for approval.
DBHDS Quality Improvement Standards	DBHDS is committed to a Culture of Quality that is characterized as:  • Supported by leadership  • Person Centered  • Led by staff who are continuously learning and empowered as change agents  • Supported by an infrastructure that is sustainable and continuous  • Driven by data collection and analysis  • Responsive to identified issues using corrective actions, remedies, and quality improvement projects as indicated

<b>Model for Quality</b>	Determine the:
Improvement	• Aim: What are we trying to accomplish?
_	Measure: How do we know that a change is an improvement?
	• Change: What change can we make that will result in improvement?
	Implement the Plan/Do/Study/Act Cycle:
	<ul> <li>Plan: Defines the objective, questions and predictions. Plan data collection to answer questions</li> </ul>
	<ul> <li>Do: Carry out the plan. Collect data and begin analysis of the data.</li> </ul>
	<ul> <li>Study: Complete the analysis of the data. Compare data to predictions.</li> </ul>
	<ul> <li>Act: Plan the next cycle. Decide whether the change can be implemented.</li> </ul>
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Structure of Committee Membership	Voting Members:
Membersinp	Director, Provider Development
	Assistant Commissioner for Developmental Disability Services
	Senior Director, Clinical Quality Management
	Director, Community Quality Improvement
	Director, Office of Housing
	Director, Office of Individual and Family Support
	Representative, Office of Data Quality and Visualization
	Settlement Agreement Director
	Mortality Review Committee Clinical Manager
	Director, Office of Human Rights
	Director, Office of Integrated Health
	Representative, Office of Waiver Operations
	Director, Office of Licensing
	Advisory Members (non-voting):
	QI/QM Coordinator
	Others as determined by the Community Inclusion and Integration KPA Workgroup
	others as accommend by the Community merasion and integration in 11 workgroup
<b>Meeting Frequency</b>	Meetings shall be held monthly, at least 10 times per year; additional meetings may be scheduled as determined by
	the urgency of issues.
Quorum	A quorum is 50% plus one of voting membership.

## The Assistant Commissioner for Developmental Disability Services chairs the Community Inclusion and Integration Leadership and Responsibilities KPA Workgroup. The chair will be responsible for ensuring the workgroup performs its functions. The chair may designate a co-chair as needed to assist. The standard operating procedures include: Development and annual review and update of the committee charter Regular meetings to ensure continuity of purpose Maintenance of reports and/or meeting minutes as necessary and pertinent to the workgroup's function Analysis of PMIs to measure performance across the KPA Quality improvement initiatives are consistent with Plan, Do, Study, Act model Monitoring of surveillance data on a regular schedule The KPA Workgroup will: Establish at least one performance measure indicator (PMI) for each domain identified as either an outcome or output measure Determine priorities when establishing the performance measure indicators (PMIs) Consider a variety of data sources for collecting data and identify the data sources to be used Measure performance across each domain and for PMIs falling below target, determine actions that are designed to raise the performance Assess PMIs overall annually and based upon analysis, PMIs may be added, revised or retired in keeping with continuous quality improvement practices Analyze data and monitor for trends quarterly Recommend quality improvement initiatives (QIIs) to the DBHDS Quality Improvement Committee (QIC) (at least one per fiscal year, based on data analysis) Implements QIC approved QIIs within 90 days of the date of approval Monitor progress of approved QIIs assigned to the workgroup and address concerns/barriers as needed Evaluate the effectiveness of the approved QII for its intended purpose Report to DBHDS QIC for oversight and system-level monitoring at least three times per year including identified PMIs, outcomes and OIIs Determines and finalizes surveillance data from a variety of sources. This data may be used for ongoing, systemic collection, analysis, interpretation, dissemination, and also serves as a source for establishing PMIs and/or quality improvement initiatives Monitors surveillance data in each of the domains associated with the KPA Workgroup and responds to identified trends of concerns

- Completes a committee performance evaluation annually that includes the accomplishments and barriers of the KPA Workgroup
- Demonstrates annually at least 3 ways in which data collection and analysis has been used to enhance outreach, education, or training
- Utilizes approved system for tracking PMIs, and the efficacy of preventive, corrective and improvement measures
- Develops and implements preventive, corrective and improvement measures where PMIs indicate health and safety concerns

#### Each PMI will contain the following:

- Baseline or benchmark data as available
- The target where results should fall above or below
- The date by which the target will be met
- Definition of terms included in the PMI and a description of the population
- Data sources (origins for both numerator and denominator)
- Calculation (clear formula for calculating the PMI utilizing the numerator and denominator)
- Methodology for collecting reliable data (complete and thorough description of the specific steps used to supply the numerator and denominator for calculation)
- The subject matter expert (SME) assigned to report and enter data on each PMI
- A yes/no indicator to show whether the PMI can provide regional breakdowns

#### Member Responsibilities:

#### **Voting Members:**

- All members have decision-making capability and voting status
- Members shall be responsible for entering, reviewing, and analyzing data related to the PMI as assigned
- Members shall be responsible for reviewing surveillance data prior to the scheduled review date and highlight areas of concern
- A quorum of members shall approve all recommendations presented to the QIC
- Members may designate an individual (designee) to attend on their behalf when they are unable to attend.
   The designee shall have decision-making capability and voting status. The designee should come prepared for the meeting.

#### **Advisory Members (non-voting):**

- Perform in an advisory role for the KPA Workgroup whose various perspectives provide insight on KPA Workgroup performance goals, outcomes PMIs and recommended actions
- Inform the committee by identifying issues and concerns to assist the KPA Workgroup in developing and prioritizing meaningful QI initiatives
- Supports the KPA Workgroup in performing its functions

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

- Committee Subject areas with expertise and accountability
- Sub-committee QIC is the overseeing quality committee and all other quality committees report into the QIC as sub-committees.
  - o Steering Committee An advisory committee that provides direction, decides on priorities or order of business, and manages the general course of operations and reports to the QIC.
  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.
- Performance Measure Indicators (PMIs) Include both outcome and output measures established by DBHDS and reviewed by the DBHDS QIC. Outcome measures focus on what individuals receive as a result of the services and supports they receive. Output measures focus on what the system provides or the products it uses. The PMIs allow for tracking the efficacy of preventative, corrective, and improvement initiatives. DBHDS uses these PMIs to identify systemic weaknesses or deficiencies, recommends and prioritizes quality improvement initiatives to address identified issues for QIC review and approval.
- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative- Focuses on a specific area within a QM plan with identified actions

# Provider Capacity and Competency Workgroup Charter QIC Approved September 21, 2020

Committee /	Provider Capacity and Competency Key Performance Area (KPA) Workgroup
Workgroup Name	
Statement of Purpose	The Provider Capacity and Competency KPA Workgroup is charged with responsibilities associated with collecting and analyzing reliable data related to the domains of access to services for people with developmental disabilities and provider capacity and competency. The KPA Workgroup also assesses whether the needs of individuals enrolled in a DD waiver are met, whether individuals have choice in all aspects of their selection of services and supports, and whether there are effective processes in place to monitors the individuals' health and safety. The KPA Workgroup establishes goals and monitors progress toward achievement through the creation of specific KPA performance measure indicators (PMIs).  The Provider Capacity and Competency KPA Workgroup has established a goal reflective of its purpose: <i>Individuals have access to an array of services that meet their needs and providers maintain a stable and</i>
	competent workforce, are able to meet licensing regulations and maintain compliance.
Authorization / Scope of Authority	This workgroup has been authorized by the DBHDS Quality Improvement Committee (QIC). This workgroup's scope of authority includes identifying concerns/barriers in meeting the PMIs and implementing and/or recommending quality improvement initiatives. The subcommittee is to identify and address risks of harm, ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated setting and evaluate data to identify and respond to trends to ensure continuous quality improvement.
Charter Review	The KPA Workgroup charter will be reviewed and/or revised on an annual basis, or as needed, by the Provider Capacity and Competency KPA Workgroup and submitted to the QIC for approval.
DBHDS Quality	DBHDS is committed to a Culture of Quality that is characterized as:
Improvement	Supported by leadership
Standards	Person Centered
	Led by staff who are continuously learning and empowered as change agents
	<ul> <li>Supported by an infrastructure that is sustainable and continuous</li> <li>Driven by data collection and analysis</li> </ul>
	<ul> <li>Driven by data collection and analysis</li> <li>Responsive to identified issues using corrective actions, remedies, and quality improvement projects as indicated</li> </ul>

<b>Model for Quality</b>	Determine the:							
Improvement	Aim: What are we trying to accomplish?							
	Measure: How do we know that a change is an improvement?							
	• Change: What change can we make that will result in improvement?							
	Implement the Plan/Do/Study/Act Cycle:							
	Plan: Defines the objective, questions and predictions. Plan data collection to answer questions							
	• Do: Carry out the plan. Collect data and begin analysis of the data.							
	<ul> <li>Study: Complete the analysis of the data. Compare data to predictions.</li> </ul>							
	<ul> <li>Act: Plan the next cycle. Decide whether the change can be implemented.</li> </ul>							
<b>Structure of Committe</b>	re / Workgroup:							
Membership	Voting Members:							
<b>-</b>	Director, Provider Development							
	Director, Office of Licensing							
	Assistant Commissioner for Developmental Disability Services							
	Senior Director, Clinical Quality Management							
	Director, Community Quality Improvement							
	Director, Office of Human Rights							
	Representative, Office of Waiver Operations							
	Representative, Office of Data Quality and Visualization							
	Settlement Agreement Director							
	Director, Office of Integrated Health							
	Mortality Review Committee Clinical Manager							
	Director, Office of Individual and Family Support							
	Director, Office of Housing							
	Advisory Members (non-voting):							
	QI/QM Coordinator							
	Others as determined by the Provider Capacity and Competency KPA Workgroup							
Meeting Frequency	Meetings shall be held monthly, at least 10 times per year; additional meetings may be scheduled as determined by							
	the urgency of issues.							
Quorum	A quorum is 50% plus one of voting membership.							

## Leadership and Responsibilities

The Assistant Commissioner for Developmental Disability Services chairs the Provider Capacity and Competency KPA Workgroup. The chair will be responsible for ensuring the workgroup performs its functions. The chair may designate a co-chair as needed to assist.

### The standard operating procedures include:

- Development and annual review and update of the committee charter
- Regular meetings to ensure continuity of purpose
- Maintenance of reports and/or meeting minutes as necessary and pertinent to the workgroup's function
- Analysis of PMIs to measure performance across the KPA
- Quality improvement initiatives are consistent with Plan, Do, Study, Act model
- Monitoring of surveillance data on a regular schedule

#### The KPA Workgroup will:

- Establish at least one performance measure indicator (PMI) for each domain identified as either an outcome or output measure
- Determine priorities when establishing the performance measure indicators (PMIs)
- Consider a variety of data sources for collecting data and identify the data sources to be used
- Measure performance across each domain and for PMIs falling below target, determine actions that are designed to raise the performance
- Assess PMIs overall annually and based upon analysis, PMIs may be added, revised or retired in keeping with continuous quality improvement practices
- Analyze data and monitor for trends quarterly
- Recommend quality improvement initiatives (QIIs) to the DBHDS Quality Improvement Committee (QIC) (at least one per fiscal year, based on data analysis)
- Implements QIC approved QIIs within 90 days of the date of approval
- Monitor progress of approved QIIs assigned to the workgroup and address concerns/barriers as needed
- Evaluate the effectiveness of the approved QII for its intended purpose
- Report to DBHDS QIC for oversight and system-level monitoring at least three times per year including identified PMIs, outcomes and QIIs
- Determines and finalizes surveillance data from a variety of sources. This data may be used for ongoing, systemic collection, analysis, interpretation, dissemination, and also serves as a source for establishing PMIs and/or quality improvement initiatives
- Monitors surveillance data in each of the domains associated with the KPA Workgroup and responds to identified trends of concerns

- Completes a committee performance evaluation annually that includes the accomplishments and barriers of the KPA Workgroup
- Demonstrates annually at least 3 ways in which data collection and analysis has been used to enhance outreach, education, or training
- Utilizes approved system for tracking PMIs, and the efficacy of preventive, corrective and improvement measures
- Develops and implements preventive, corrective and improvement measures where PMIs indicate health and safety concerns

#### Each PMI will contain the following:

- Baseline or benchmark data as available
- The target where results should fall above or below
- The date by which the target will be met
- Definition of terms included in the PMI and a description of the population
- Data sources (origins for both numerator and denominator)
- Calculation (clear formula for calculating the PMI utilizing the numerator and denominator)
- Methodology for collecting reliable data (complete and thorough description of the specific steps used to supply the numerator and denominator for calculation)
- The subject matter expert (SME) assigned to report and enter data on each PMI
- A yes/no indicator to show whether the PMI can provide regional breakdowns

## Member Responsibilities:

#### **Voting Members:**

- All members have decision-making capability and voting status
- Members shall be responsible for entering, reviewing, and analyzing data related to the PMI as assigned
- Members shall be responsible for reviewing surveillance data prior to the scheduled review date and highlight areas of concern
- A quorum of members shall approve all recommendations presented to the QIC
- Members may designate an individual (designee) to attend on their behalf when they are unable to attend.
   The designee shall have decision-making capability and voting status. The designee should come prepared for the meeting.

## **Advisory Members (non-voting):**

 Perform in an advisory role for the KPA Workgroup whose various perspectives provide insight on KPA Workgroup performance goals, outcomes PMIs and recommended actions

- Inform the committee by identifying issues and concerns to assist the KPA Workgroup in developing and prioritizing meaningful QI initiatives
- Supports the KPA Workgroup in performing its functions

**Definitions:** The following standard definitions as referenced in Part I of the Quality Improvement Plan (Program Description) are established for all quality committees:

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  - Workgroup Appointed by a quality committee or agency senior leader for a specific purpose or to achieve an outcome for a focused scope of work. Reports progress to and makes recommendations for a specific quality committee who is responsible for oversight
  - o Council Members are nominated by other council members and DBHDS
- Committee Chair Responsible for ensuring the committee performs its functions, the quality plan activities and core monitoring metrics
- Key Performance Area DBHDS' three defined areas aimed at addressing the availability, accessibility, and quality of services for individuals with developmental disabilities. These areas of focus include Health, Safety and Well Being, Community Inclusion and Integration, and Provider Competency and Capacity.
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- Quality Management (QM) Plan Ongoing organizational strategic quality management and improvement plan and serves as a monitoring and evaluation tool for the agency and stakeholders as well focuses on improving efficiency, effectiveness and output
- Quality Improvement (QI) Initiative-Focuses on a specific area within a QM plan with identified actions

## Quality Review Team Charter September 2019

Committee / Workgroup Name	Quality Review Team				
Statement of Purpose	The Quality Review Team (QRT), a joint Department of Behavioral Health and Developmental Services (DBHDS) and Department of Medical Assistance Services (DMAS) committee, is responsible for oversight and improvement of the quality of services delivered under the Commonwealth's Developmental Disabilities (DD) waivers as described in the approved waivers' performance measures.				
Authorization / Scope of Authority	The QRT is responsible for reviewing performance data collected regarding the Centers for Medicare and Medicaid Services' (CMS) Home and Community-Based Services (HCBS) waiver assurances:  • Waiver Administration and Operation: Administrative Authority of the Single State Medicaid Agency • Evaluation/Reevaluation of Level of Care • Participant Services - Qualified Providers • Participant-Centered Planning and Service Delivery: Service Plan • Participant Safeguards: Health and Welfare • Financial Accountability  The work of the QRT is accomplished by accessing data across a broad range of monitoring activities, including those performed via DBHDS licensing and human rights investigations and inspections; DMAS quality management reviews (QMR) and contractor				
	evaluations; serious incident reporting; mortality reviews; and level of care evaluations.  Each DD waiver performance measure is examined against the CMS standard of 86% or above compliance. Those measures that fall below this standard are discussed to identify the need for provider specific as				

	multiple and and disting The committee many multi-
	well as systemic remediation. The committee may make recommendations for remediation such as:
	recommendations for remediation such as:
	<ul> <li>retraining of providers</li> <li>Information Technology system enhancements for the collection of data</li> <li>change in licensing status</li> <li>targeted QMR</li> <li>referral to the Provider Remediation Committee for mandatory provider remediation</li> <li>payment retraction or ceasing referrals to providers</li> <li>review of regulations to identify needed changes</li> <li>review of policy manuals for changes</li> <li>targeted or system-wide training</li> <li>The team identifies barriers to attainment and the steps needed to address them. The QRT re-examines data in the following quarter to determine if remediation was successful or if additional action is required. If remediation and/or improvement is not recommended for a performance measure that falls below 86%, the justification for that decision will be documented in the meeting minutes.</li> </ul>
	decision win be documented in the meeting innities.
Charter Review	The QRT was established in August 2007 in response to CMS's new expectations that states implement a quality review process for HCBS waivers.
	This charter shall be reviewed by DBHDS and DMAS on an annual basis or as needed and submitted to the Quality Improvement Committee for review.
Model for Quality Improvement	The activities of the QRT are a means for DMAS and DBHDS to implement CMS's expected continuous quality improvement cycle, which includes:
	Design
<u> </u>	

	<ul><li>Discovery</li><li>Remediation</li><li>Improvement</li></ul>
Structure of Workgroup / Committee:	
Membership	DBHDS: Director of Waiver Operations or designee Senior DD Policy Analyst Director of Provider Development or designee Director of Office of Licensing or designee Director of Office of Human Rights or designee Director of Office of Community Quality Improvement or designee Director, Mortality Review Committee or designee Settlement Agreement Director  DMAS: Director of Division of Developmental Disabilities or designee Developmental Disabilities Program Manager or designee QMR Program Administration Supervisor or designee
Quorum	A quorum shall be defined as 50% plus one of voting membership.
Meeting Frequency	The committee will, at a minimum, meet four times a year.
Leadership and Responsibilities	The DBHDS Senior DD Policy Analyst shall serve as chair and will be responsible for ensuring the committee performs its functions including development of meeting agendas and convening regular meetings. The standard operating procedures include:  • Development and annual review and update of the committee charter  • Regular meetings to ensure continuity of purpose  • Maintenance and distribution of quarterly updates and/or meeting minutes as necessary and pertinent to the committee's function  • Maintenance of QRT data provenance

- CMS Evidentiary and state stakeholder reporting
- Quality improvement initiatives consistent with CMS's Design, Discover, Remediate, Improve model.

Meeting minutes are prepared and distributed to committee members prior to the meeting. Minutes shall reflect the committee's review and analysis of data and any follow up activity.

The QRT shall produce an annual report to the DBHDS Quality Improvement Committee on the findings from the data review with recommendations for system improvement. The QRT's report will include an analysis of findings and recommendations based on review of the information regarding each performance measure.

## **QIC SUBCOMMITTEES WORK PLAN**

The QI Subcommittee Work Plans provide a means for all quality subcommittees, workgroups, and councils to document areas of focus, including quality improvement efforts, and ensures consistent reporting to the QIC. This work plan is used to consistently identify patterns and trends and track the subsequent development and implementation of quality improvement initiatives (QIIs) related to their regular review of data within their focus areas. The work plan template, provided below is used by the DBHDS Quality Improvement Specialists, Quality Improvement Coordinator and the Quality Management Coordinator to document achievement of committee requirements to monitor performance measure indicators and QII implementation.

#### **Committee Requirements**

progress of C Plan will assis report. Column instr responsible t QIC Subcome Persons Resp Timeline for a Document Lo	uctions are for review this consible for (completion: for the control of the cont	Plan is the system for tracking Pommittees/councils/workgroup: ttee in completing its annual con ound in the italic font directly un work plan at least quarterly, be hich this tool applies: CMSC, RMF Completion of This Document: Qi Per Qi subcommittee meeting sci ams Rebecca Laubach	es consistently. In addition, t mmittee performance evalua- ider each column header. Ea- fore the QIC meeting. RC, KPA Workgroups, MRC, 1/QM Coordinator or design hedule	the QI Committees Work ation and committee ach QI subcommittee is				Data Requests Follow-Up					
	Date Met During SFY List meeting date in which	Surveillance Data Element(s) Reviewed Describe the data being reviewed include pertinent details (report name, time frame, etc); indicate what patterns or trends are noteworthy, which require a deeper dive and any action the subcommittee is taking as result of the review and analysis of data. If surveillance data is not reviewed, simply state 'not reviewed'.	Charter Requirements Describe other work the committee performs such as look-behinds, case reviews development of materials, other data reviews that lead the committee to taking action, and so on. The focus is on what actions came out of these reviews form changes, training, protocol changes, and so on. This column can be tailored to meet the specific charter requirements and should NOT include all charter requirements.	(PMI, surveillance), list ideas the subcommittee is considering as potential QILs. Provide enough detail that the subcommittee can use to further determine whether this should become a proposed QII or if other quality improvements measures should be implemented. This helps the subcommittee to see what ideas and QIIs have been proposed. These ideas should be incorporated into the QII PDSA Workbook.	Proposed QII List the proposed QII. This entry becomes important for tracking proposed Olls that are disapproved by the QIC.	QIC Action: Approval/Disapproval The QIC action must be noted per proposed QII. QIIs disapproved by the QIC can be modified and presented again. Information on approved QIIs can be found on the Approved QII Progress Tracking tab.	Data Requests List any requests for additional data from the RQCs (be specific in listing which RQC). List any follow-up questions from the RQCs as well. If there are no data requests, list NA.	List the subcommittee's response to the data request(s) and answer to any questions posed. Identify if data request cannot be fulfilled and why. Identify if data request is determined to be unavailable. This information (responses to data requests and answers to questions) is shared with the RQC. The RQC will report to the CliC on unfulfilled data requests and any data determined to be unavailable. Once the data request has been fulfilled, indicate some type of closure including date.	Response to QSR Recommendations Describe the committee's actions in response to recommendations from the QSR vendor. If there are no QSR recommendations, list NA.	Response to Other Recommendations Describe the committee's actions in response to recommendations found in other reports such as those in the Independent Review Report, OSIG Report, etc. If there are no other recommendations that have come before the committee, list NA.	Include rationale for the work, supporting data as applicable, identification of	QIC Presentations (PMI, report. Etc.) Briefly describe the committee's review and preparation of their report to the QIC If not reviewed, list NA.	Comments Provide additional comments as needed to further support the preceding columns. Other pertinent information should be included if it impacts the work of the committee. If data trends support a proposed new PMM, list that information here.

## **PMI Monitoring**

committees committee Column inst	The QI Committees Work Plan is the system for tracking PMIs and development, implementation, and progress of QIIs across committees/councils/ workgroups consistently. In addition, the QI Committees Work Plan will assist the committee in completing its annual committee performance evaluation and committee report.  Column instructions are found in the italic font directly under each column header. Each QI subcommittee is responsible to review this work plan at least quarterly, before the QIC meeting. If PMI is performing below target, comments must include what efforts will occur to raise performance. Subsequent monitorings must then indicate the effectiveness of these efforts.								K.	
QIC Subcommittees to which this tool applies: CMSC, RMRC, KPA Workgroups, MRC Persons Responsible for Completion of This Document: QI/QM Coordinator or designee Timeline for completion: Quarterly Document Location: in Teams Owner of the Document: Rebecca Laubach										
Committee	PMI List the QIC Approved PMI	PMI Target (% and/or #) List PMI target	SFY Q1 Status {% and/or #} List the performance results	Comments  List the date the comment is being made. Comment should support change in status (effectiveness of strategies, impact of other events or changes, etc. on performance). If data is not available, this should be noted (why) and when it will be available.	SFY Q2 Status (% and/or #) List the performance results	Comments  List the date the comment is being made. Comment should support change in status (effectiveness of strategies, impact of other events or changes, etc. on performance). If data is not available, this should be noted (why) and when it will be available.	SFY Q3 Status (% and/or #) List the performance results	Comments  List the date the comment is being made. Comment should support change in status (effectiveness of strategies, impact of other events or changes, etc. on performance. If data is not available, this should be noted (why) and when it will be available.	SFY Q4 Status (% and/or #) List the performance results	Comments  List the date the comment is being made. Comment should support change in status (effectiveness of strategies, impact of other events or changes, etc. on performance). If data is not available, this should be noted (why) and when it will be available.

## **QII Monitoring**

The QI Committees Work Plan is the system for tracking PMIs and development, implementation, and progress of QIIs across committees/councils/ workgroups consistently. In addition, the QI Committees Work Plan will assist the committee in completing its annual committee performance evaluation and committee report.  Column instructions are found in the italic font directly under each column header. Each QI subcommittee is responsible to review this work plan at least quarterly, before the QIC meeting.  QIC Subcommittees to which this tool applies: CMSC, RMRC, KPA Workgroups, MRC Persons Responsible for Completion of This Document: QI/QM Coordinator or designee Timeline for completion: Quarterly Document Location: in Teams Owner of the Document: Rebecca Laubach											
Committee	Systemic Problem Area Identified A short phrase describing the problem leading to the QII.	Approved Quality Improvement Initiative Catchphrase for QII that best summarizes what the QII is about	date approved and the date the QII was	QII Status Review	Progress of Steps Towards Completion Now that the QII has begun, describe the progress seen to date.	Challenges/Barriers Identified What challenges/barriers have been identified since the QII was implemented?	Actions Implemented to Reduce Challenges/Barriers What actions did the QI subcommittee implement to reduce or eliminate the challenges/barriers? If an action is recommended and not implemented, this can be noted. If the recommended action needs to go to the QIC, it should be noted here and included in the report to the QIC.	Data Gathered on Impact of this QI Initiative/Effectiveness of Strategies What data has been collected that shows the impact the QII is having? Of the strategies used to reduce challenges/barriers, what data describes the effectivenes? If things are not working, describe.	as part of this QI Initiative  List the date and describe  what outreach education or	a description (revised, discontinued, replicated, expanded) as applicable	

# Developmental Disabilities Quality Management Disabilities Quality Management Plan Annual Report and Evaluation





Developmental Disabilities Quality Management Plan Annual Report and Evaluation State Fiscal Year 2020 Completed: October 2020

## **Executive Summary**

The Quality Management Annual Report and Evaluation outlines the comprehensive work conducted by, and status of, the Virginia Department of Behavioral Health and Developmental Services' (DBHDS) Quality Management Program. The document summarizes the State Fiscal Year 2020 (SFY20) quality management activities, characteristics, and outcomes (compared to SFY19 outcomes, where applicable). Through this annual reporting process, DBHDS will continue to improve program effectiveness and/or inform decisions about future program development.

The Quality Management Annual Report and Evaluation identifies strengths, challenges and opportunities for improvement. Utilizing a program evaluation tool, the organization assessed key components of the quality management program. The program evaluation included the assessment of the DBHDS quality management plan (QMP) and supporting infrastructure, implementation of processes to measure and ensure quality of care and services, and the capacity to build quality improvement among providers.

The DBHDS Quality Management System is aligned with the DBHDS vision and mission, and serves as a well-defined structure and process for driving quality management. This is achieved through risk management and quality assurance and improvement activities, designed to ensure that individuals are healthy and safe, integrated into and included in their communities, and that service providers are competent and have the capacity to serve individuals at the individual, provider and system level. This year in review highlights DBHDS' successful implementation of the QMP, including revised program descriptions, quality committee charters and work plan, and an updated Annual Report and Evaluation. DBHDS implemented recommendations from the Data Quality Monitoring Plan and conducted a supplemental assessment of the Data Warehouse (DW), which identified additional recommendations that will improve upon the data collection, storage and use of data by the agency. The Quality Management Program reviewed each Key Performance Area (KPA) performance measure indicator (PMI) to assess the quality of developmental disability services and initiated mitigating strategies to improve areas not meeting set targets and to address identified gaps. The SFY20 Quality Management Annual Report and Evaluation demonstrates the continued growth of the quality committees in their data analysis, identification of the need for additional information to inform further decisions or inferences, and the developing ability to understand performance from a more global perspective. Through leadership support, the organizational culture of quality continues to be strengthened through the expansion of quality improvement (QI), quality assurance (QA), and risk management (RM) processes throughout the continuum of service delivery.

## I. Introduction

The QMP for the Department of Behavioral Health and Developmental Services (DBHDS) is a three-part document, which includes this Annual Report and Evaluation for SFY20. This document summarizes key accomplishments of the Quality Management Program; the Key Performance Area (KPA) Performance Measure Indicators (PMIs), including an analysis of the data and effectiveness of meeting set targets; and the overall performance of the quality management program including quality committee performance, gaps identified, and challenges to meeting stated goals and QII and activities implemented. Organizations outside of DBHDS support the work of the Quality Management System through the collection, analysis and reporting of system outcomes and outputs across multiple cross-sections of DBHDS-funded services, programs, and persons served. The purpose of this report is to determine if the system is meeting the needs of individuals and families in a manner that aligns with the Commonwealth's mission and vision and to provide an objective view of how the functionality of the service system is perceived by the community. In addition, DBHDS partners with the Virginia Department of Medical Assistance Services (DMAS); an external contractor, to conduct quality service reviews (QSRs); and with Human Service Research Institute and the National Association of State Directors of Developmental Disabilities Services for the collection, analysis, and reporting of National Core Indicators (NCI) data.

DBHDS's QMS also includes the Centers for Medicare and Medicaid Services (CMS) approved waiver quality improvement plan. DBHDS, as the state authority for the Commonwealth's public behavioral health and developmental services system, and DMAS, as the state Medicaid authority, work in partnership to provide quality oversight of Developmental Disabilities (DD) Home and Community Based Services (HCBS). This multi-faceted approach includes quality committee data analysis and reporting of DMAS quality management reviews designed to ensure that the waivers are being implemented as intended. The DBHDS-DMAS Quality Review Team (QRT) jointly provides oversight of the quality of services delivered and recommends mitigating strategies for CMS DD PMs that fall below the target. The QRT provides the DBHDS Quality Improvement Committee (QIC) an annual report on the status of CMS DD PMs with recommendations to OIC.

In order to include a broad spectrum of data on the availability and accessibility of services, DBHDS also utilizes NCI data. NCI is a voluntary effort, used by public developmental disability agencies, to measure and track outcomes for individuals receiving DD services. In 2019-2020, a total of 46 states, the District of Columbia and 22 sub-state entities participated in NCI. Not all participating states do all surveys every year. VA conducted 512 valid surveys, with a margin of error of 4.25%. The core indicators are valid, reliable measures used across states to assess the outcomes of services provided to individuals and families for that specific year of the study and improve DD system performance.

## II. Key Accomplishments of the Quality Management Program

The integrated processes of QA, RM, and QI are core components of the DBHDS quality management program. This section outlines the SFY20 overall key accomplishments of these components of the program.

#### **Quality Assurance (QA)**

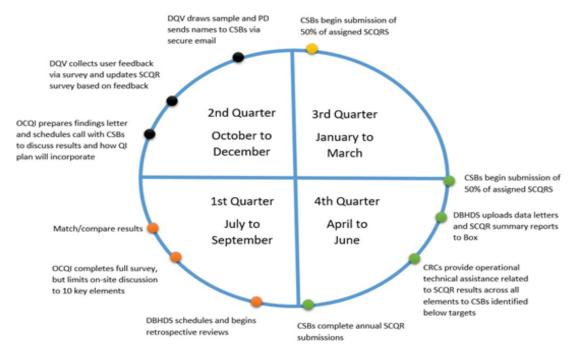
- 1. The DBHDS Office of Licensing (OL) developed and revised a number of guidance documents, associated with regulatory requirements, to enhance provider understanding of expectations and to clarify how licensing specialists will be determining compliance during inspections and investigations. The OL significantly increased the support/training/oversight of licensing specialists by increasing formal *All Staff* meetings from one time per quarter to a minimum of every other week, beginning in March of 2020. In addition, internal protocols were revised and templates developed to increase consistency of monitoring among specialists and Regional Managers throughout the state.
- 2. The DBHDS Office of Human Rights (OHR) continued Community Look-Behind reviews, which reviewed by the RMRC in August 2019 and April 2020. Concerns with the way reviewers were evaluating corrective action implementation (basing scoring on advocate documentation as opposed to action implementation) were noted. This will be addressed and corrected in SFY21 reviews.
- 3. The DBHDS Incident Management Unit (IMU) completed a look-behind review of a sample of serious incidents and reported look-behind outcomes to the RMRC in June SFY20 and recommended areas for potential improvement. The RMRC discussed the recommendations; as a result, a number of process improvements, to be implemented in SFY21, were identified.
- 4. The RMRC began monitoring provider compliance with requirements, through annual licensure inspections, to implement risk management and quality improvement programs, as well as requirements to conduct root cause analyses. Baseline data was established; the committee will determine if improvement activities are needed in SFY21.
- 5. The RMRC implemented a tracking log to monitor performance related to DOJ indicators including the QA measures described above, as well as others.
- 6. An OL representative attends DBHDS MRC meetings and brings information related to OL investigation findings before the committee for review. The committee may make additional recommendations based on those findings. The MRC put forth many efforts to make improvements toward reviewing at least 86% of deaths within 90 days of the death. These efforts included: Mortality Review Office (MRO) monitoring review timeframes, as well as complete retrospective clinical case summaries and preliminary reviews in time for the MRC to complete its reviews within 90 days; collaboration with the OL Specialized Investigation Unit (SIU) to ensure timely, complete document submission;

- maintenance of the Master Document Posting Schedule (MDPS); and streamlined review processes to ensure thorough, quality, timely case reviews. During SFY20, the MRC reviewed 95.1% of cases within 90 days of death, exceeding its goal by 9.1%.
- 7. The DBHDS OPD, the DBHDS OCQI, and the DBHDS ODQV worked collaboratively to implement a SCQR process, to monitor the quality of support coordination for individuals receiving waiver services, establish review methodology, and test review instruments. This quality review included a record review of case management functions, by the Community Services Boards (CSBs), and a retrospective record review by DBHDS. This process is designed to enhance quality improvement efforts across CSBs and enable DBHDS to monitor case management performance at local and systemic levels. OCQI QI Specialists expect to conduct interrater reliability testing and SCQR retrospective record reviews (of CSB case management functions) in SFY21.

The SFY 2020 SCQR questions and technical guidance were written to assess compliance with the ten Department of Justice Settlement Agreement (DOJ SA) case management indicators as well as other facets of high-quality support coordination. In accordance with the DOJ SA compliance indicators, a statistically significant stratified statewide sample of individuals receiving Home and Community-Based Services (HCBS), through the developmental disability (DD) waivers, ensures record reviews of individuals at each CSB. The population used for the SFY2020 SCQR sample included adults age 18 or older who were enrolled in one of the HCBS Waivers as of July 1, 2018, in either an active, hold, or pending appeal status (with an authorization for least one HCBS waiver service). Case Management supervisors at each CSB completed the SCQR process via a survey in Qualtrics, a web-based survey platform, about the individuals served and the case management services they received.

The SCQR survey consisted of questions that required an answer and included display/question logic (to reduce respondent fatigue and to allow respondent to explain any negative responses). Explanations will be used to improve the quality of support coordination records and to revise the survey questions for subsequent years. CSBs completed the submission phase of the first year of the SCQR process. The committee provided data to CSBs via a secure online portal and included results in a performance letter provided to each CSB. The DBHDS Office of Data Quality and Visualization (ODQV) prepared a full report for each CSB, which will be used in the provision of technical assistance in the first quarter of SFY21 in tandem with the retrospective review process pictured below.

## **DBHDS Retrospective Review Process**



8. During SFY20, the DBHDS KPA Workgroups focused on refining committee structure, to assure a focus on QA, RM, and QI. PMIs were updated based on prior performance. The focus this past year was around identifying surveillance data that the committee could review to assure that the workgroups had a well-rounded understanding of the issues surrounding health, safety and well-being, community inclusion and integration, and provider capacity and competency. The combination of surveillance data to be-reviewed includes data from a variety of sources and systems such as NCI, SCQR, QSR, WaMs, Community Consumer Submission (CCS3), DARS, DMAS, Licensure, CHRIS, Data Warehouse, Crisis, Housing, Baseline Measurement Tool, Mobile Rehab, OIH Mobile Dental, Commonwealth of Virginia Learning Center (COVLC), CM Modules, and Individual and Family Support Program (IFSP).

#### Risk Management (RM)

- 1. A new interface for reporting serious incidents was implemented in August 2019, which aligned with new reporting requirements and allowed reports to separately track the type of incident, type of injury or illness, and the cause of that injury or illness.
- 2. To address recommendations contained within the Office of the State Inspector General's Review of Serious Injuries, the DBHDS OL implemented a specialized Incident

Management Unit (IMU) for the triage of serious incidents. The IMU allows for better monitoring of providers' compliance with the serious incident reporting requirements contained within the OL regulations. The IMU was implemented in Region 4 in August 2019. Due to the impact of the pandemic on resources, emergent response needs, and subsequent hiring freeze, the rollout of the IMU staff to all regions was delayed until September 15, 2020.

- 3. The IMU provided regular training and technical assistance to providers and monitored data including specific individual, provider and system trends related to serious incidents and deaths. Trend analysis was shared with internal teams.
- 4. The RMRC, working with the DBHDS Office of Integrated Health (OIH) and IMU, outlined a strategy for implementing risk triggers and thresholds which focused on individual risk screening/awareness (using the Risk Awareness Tool completed during the ISP process) and event based triggers (care concerns, identified by the IMU from serious incident reports).
- 5. To identify care concerns, the IMU reviewed data identified trends, including providers that have a high volume of incidents, or several incidents of the same type (e.g., falls or medication errors); identified patterns of incidents with the same individual that may indicate the need for a change in services, or the need for additional resources. Through this review, the IMU was able to identify areas, based on serious incidents, where there was potential risk for more serious future outcomes. Individual incidents or providers who meet care concern criteria will trigger IMU or other DBHDS office follow-up. The RMRC will begin to look at patterns of care concerns beginning in FY21.
- 6. The RMRC began more systemic review of serious incident data and recommended initiating a fall prevention QII. A preliminary review of data suggested a decreasing trend in the rate of falls. Additionally, training activities and educational materials developed/issued by the OIH during September 2019 January 2020 are located on DBHDS' OIH website.
- 7. The mortality case review process identified a systemic issue related to direct support staff failure to contact 911 in emergencies, without first receiving approval of their supervisors, as a quality concern (which is being addressed by the Mortality Review Committee (MRC)).
- 8. The DBHDS Office of Human Rights (OHR) implemented an A.I.M.24 protocol to ensure onsite review by an advocate in the case of any reported abuse in which immediate health or safety is an immediate concern (such as cases of sexual abuse, restraint with injury, or abuse with injury).
- 9. The RMRC monitored new cases of COVID-19 among individuals served by DBHDS licensed providers and the impact on other incidents. The IMU and OIH collaborated to identify new outbreaks and offer technical assistance to licensed providers.
- 10. The MRC, in collaboration with the RMRC, recommended that direct support professional (DSP) training be reviewed to determine if it addressed provider policy requirements for

staff initiation of CPR and calling 911 (prior to calling a director *or any other staff member*). Both committees recommended that the OIH speak about appropriate use of CPR and 911 protocols during Provider Round Tables. A DBHDS OIH Registered Nurse Care Consultant (RNCC) attended each of the provider round tables during the second quarter of SFY20. Although provider competencies did note that provider policies should be adhered to in emergencies, DBHDS Office of Provider Development (OPD) updated the competencies to specifically indicate that 911 should be called before notifying anyone else of an emergency. Additionally, OPD updated case management modules and revised emergency protocols in an effort to increase licensed provider execution of established 911 protocols.

- 11. The DBHDS OIH also reviewed, revised, developed, and/or, provided the following alerts: Home Blood Pressure Monitoring (*Jan 2020*); Care Considerations and Epilepsy/Seizure Disorders (*Mar 2020*); Constipation: Care Management, Medication and Recognizing Bowel Obstruction (*Apr 2020*); and Stroke Awareness, (*May 2020*).
- 12. The CMSC defined two terms related to the provision of case management services: "changes in status" and "ISP appropriately implemented." The definitions were described in a guidance document that provides the basic components of the definitions, examples of each phrase, and a list of generally accepted practices for consideration. In collaboration with CSBs, the CMSC designed and implemented a standardized process for Support Coordinators (SCs) to assess for change in status and ISP appropriately implemented at face-to-face meetings with each individual. During the pilot phase, an "On-site Visit Tool" was implemented and used during one face-to-face visit per month (when visits occur), resulting in the establishment of a schedule of monthly completion for people receiving enhanced case management (ECM) and one to three times quarterly for people with a targeted case management (TCM) level of service. The definitions are as follows:
  - "Change in status" refers to changes related to a person's mental, physical, or behavioral condition and/or changes in one's circumstances to include representation, financial status, living arrangements, service providers, eligibility for services, services received, and type of services or waiver.
  - "ISP implemented appropriately" means that services identified in the ISP are
    delivered consistent within generally accepted practices and have
    demonstrated progress toward expected outcomes, and if not, have been
    reviewed and modified.

SC supervisors were trained on these terms and how to implement them using the following materials: a definitions document, a standardized tool format referred to as the On-site Visit Tool (OSVT), a summary of the Independent Reviewer report history related to non-compliance with the DOJ SA provision V.F.2., a reference chart as

guidance, training slides, and a questions and answers document produced following a webinar provided on June 26, 2020. This project is further defined in a CMSC QII that was approved by the QIC in June 2020 for implementation.

13. During SFY20, the DBHDS KPA Workgroups identified several new indicators specific to health and safety to help mitigate risk to the individual: individuals on the DD waiver will have a documented annual physical exam; individuals with an active waiver status and a documented annual physical exam in the ISP in WaMS will have an actual annual physical exam date recorded; initial CEPPs (Crisis Education and Prevention Plans) are developed within 15 days of assessment; and seclusion or restraints are only utilized after a hierarchy of less restrictive interventions are tried (apart from crises where necessary to protect from an immediate risk of physical safety) and as outlined in human rights committee approved plans. This work, combined with efforts from the RMRC, will ensure that we are assessing risks from a variety of perspectives including individual, provider and system.

#### **Quality Improvement (QI)**

- 1. The RMRC identified the rate of falls as a quality issue, recommended initiating a QII aimed at reducing the rate of falls, and implemented a PMI that included the rate of falls so that ongoing performance can be tracked. Preliminary data indicated a decreasing trend in the rate of falls.
- 2. The DBHDS OL formalized and increased the training and technical assistance offered to providers related to quality improvement and risk management requirements. This took the form of guidance materials, regularly scheduled trainings, informative memos and participation in provider organization meetings.
- 3. The DBHDS OL added staff positions to oversee the systemic monitoring of provider compliance with the risk management and quality improvement regulations and implemented standards related to mandatory regulations to be reviewed by DBHDS during each annual inspection. This resulted in significant increase in the percentage of providers assessed for compliance with quality and risk management requirements (increasing from around 30-40%, at the beginning of the year, to over 95% by the end of the year).
- 4. The MRC proposed four QII during SFY20:
  - i. Propose legislation allowing MRC to obtain documents from agencies and facilities related to case reviews when/as needed
  - ii. Reduce the number of Potentially Preventable deaths to less than 15% of total DD deaths reviewed
  - iii. Decrease the number of 'Unknown' as cause of death (CoD)

- iv. Reduce the number of Potentially Preventable deaths where the factor in the death was failure to execute established protocol, by increasing execution to the specific response protocol
- 5. The CMSC worked with the DBHDS OPD to produce three videos that provided an overview of the DOJ SA and its impact on services and supports, to include how quality improvement efforts are enhanced through the DOJ SA indicators. Individuals, families, providers, and support coordinators were granted access to these videos online.
- 6. The QII identified by the CMSC centers on the implementation of the On-Site Visit Tool mentioned above. In addition to addressing concerns with risk, this tool and related guidance is designed to increase the consistency in application of face-to-face assessments, completed by all developmental disability SCs. A pilot of the process is planned to occur between July and September 2020, with enhancements and revisions made following the pilot phase.
- 7. During SFY20, the DBHDS KPA Workgroups identified three separate QII for implementation. The first QII focused on increasing individuals' involvement in independent housing, the second focused on increasing the number of crisis assessments that occur in the community versus a hospital, and the last focused on improving DSP competency.

## **Data Quality**

Critical to the success of the monitoring of performance measure indicators (PMIs), as well as in all of the quality improvement efforts employed by DBHDS, is data quality. Data quality involves many components that contribute to the reporting of data and the use of data to drive systemic changes and quality improvement efforts. Included within the QMS is a plan for monitoring data quality.

The Data Quality Monitoring Plan

The Data Quality Monitoring Plan (the Plan) was developed by the DBHDS ODQV, in SFY19, to assess DBHDS resources and processes used for developmental disability (DD) reporting. It was first implemented in SFY20 with a review in three phases:

Phase 1 examined the collection of data and storage within the source systems. These assessments:

- Provided an inventory of the major DD data sources used by DBHDS,
- Explored the user interface (UI),
- Described the content of each data source,
- Identified data validation and advanced business rules.

- Examined the roles of business ownership and reporting analysts, and
- Reviewed the source system documentation.

Phase 2 examined data warehouse extract, transform, and load (ETL) processes and procedures, such as those related to data transfer and restructuring. These assessments:

- Explored the Master Data Management algorithm and DBHDS ID linking process,
- Examined the Structured Query Language (SQL)2008 data warehouse architecture, and
- Reviewed available meta-data and procedural documentation.

Phase 3 examined the business area analytics and reporting of programmatic data. These assessments:

- Studied the major data reports related to the source systems used in Phase 1,
- Examined any procedures for the tracking or remediation of quality issues, and
- Reviewed meta-data and key business area documentation.

The Plan also included information about the approach and components used for each Phase, proposed next steps for addressing data quality enhancement needs, and provided recommendations for determining monitoring priorities. Additionally, ODQV produced detailed roadmaps and timelines to help guide these improvements.

DBHDS further implemented an assessment of its data source system and engaged in multiple activities to improve its data source system and address recommendations. The following activities were completed:

- Conducted 19 stakeholder interviews; reviewed the current state of data warehouse, business processes, lifecycle management, security, etc.
- Documented the current state operating model for data/analytics delivery
- Conducted scoring of criteria for various components of the data warehouse including reports, ETLs and tables
- Completed a test upgrade to SQL server 2016
- Documented high level architecture and data flows into the data warehouse, including files
- Conducted deep dive research on the Data Quality Application (DQA)
- Conducted deep dive into LIDS data anomaly and DBHDS ID

This assessment looked at the areas of data program management, business data alignment, data governance and data delivery modernization. Since the assessment was completed, the following progress has been noted:

- The ODQV initiated a deep dive analysis into the DQA to enable adjustments to the system within the current architecture. A refresh of Data Warehouse (DW) development environment from Production along with understanding of SQL job structure, documentation of data flows and business rules "archeology" occurred.
- Initial analysis and inventory of overlapping data entities in the warehouse has begun.

- Impact Makers' presented on features of Azure DevOps and Workflows.
- A detailed implementation plan was outlined which could be used to execute the upgrade project, and a draft resource plan was outlined.

## **III. Data Reports Including Performance Measure Indicators**

The DBHDS Quality Management Program's KPAs align with the DBHDS vision, mission, and strategic plan to address the availability, accessibility, and quality of service provision for individuals with developmental disabilities in support of "a life of possibilities for all Virginians". DBHDS, through the QIC subcommittees, collects and analyzes data from multiple sources in each of the eight quality of life and provider service domain areas. These eight domains are included in one of the three KPAs as indicated below:

DBHDS KPA	Domain
Health, Safety, and Well-Being	Domain 1: Safety and Freedom from Harm Domain 2: Physical, Mental, and Behavioral Health and Well-being Domain 3: Avoiding Crises
Community Integration and Inclusion	Domain 4: Stability Domain 5: Choice and Self-Determination Domain 6: Community Inclusion
Provider Competency and Capacity	Domain 7: Access to Services Domain 8: Provider Capacity

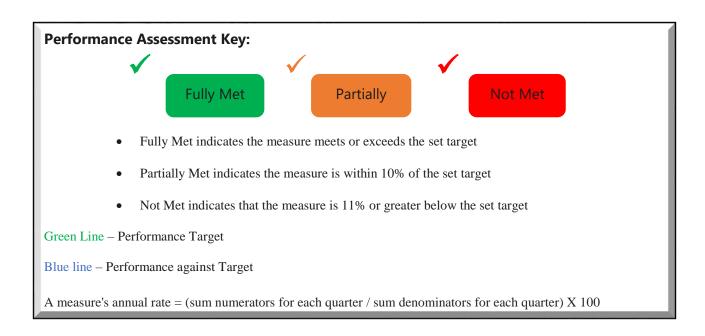
In addition, each domain includes a PMI to assist DBHDS in assessing the status of the domains and the KPA. Each PMI contains the following:

- Baseline or benchmark data, as available;
- The target that represents where the result should fall at or above;
- The date by which the target will be met;
- Definition of terms included in the PMI and a description of the population;
- Data sources (the origins for both the numerator and the denominator);
- Calculation (clear formula for calculating the PMI, utilizing a numerator and denominator);
- Methodology for collecting reliable data (a complete and thorough description of the specific steps used to supply the numerator and denominator for calculation);
- Subject matter expert assigned to report and enter data for each PMI;
- A Yes/No indicator to show whether the PMI can provide regional breakdowns.

These PMIs include both individual outcome and system level output measures. Outcome measures focus on what individuals achieve as a result of services and supports (e.g., individuals have jobs). Output measures focus on what a system provides or the products provided (e.g., incidents are reported within 24 hours). DBHDS uses these PMIs to recommend and prioritize quality improvement initiatives. The PMIs allow for monitoring and tracking of performance standards and the efficacy of improvement efforts.

As previously noted, DBHDS-DMAS QRT monitors CMS DD waiver PMs included in the DD HCBS Waivers Quality Improvement Strategy for the DD waivers and reports the status of those measures to CMS. CMS requires states to submit an evidentiary report on CMS DD waiver PMs and requires remediation when a performance measure falls below 86% for any year during the three-year cycle covered by the evidentiary report and/or development of a Quality Improvement Project (QIP) which details systemic activities to improve compliance which are approved and monitored by CMS. These measures demonstrate that states have implemented an effective system for assuring waiver participant health and welfare and that states have met other CMS-required HCBS standards. DBHDS quality subcommittees also monitor the state's CMS DD waiver PM within their PMIs. The QRT provides an annual report on the status of these PMs and recommendations to the DBHDS QIC. The SFY19 QRT report outlines the data sources and sampling methodology for all PMs and identified remediation activities for those PMs below 86%. Remediation activities identified included provider training and technical assistance for providers with multiple citations in an identified area and revisions to sampling to improve data provenance. The full report, including measures that did not meet target and specific recommendations, is located at: https://www.dbhds.virginia.gov/developmental-services/provider-development.

The DBHDS QIC and/or subcommittees or workgroups monitor the PMIs and surveil other significant data to identify patterns and trends that signify a need for remediation, corrective action and/or the development of a QII. This section includes an analysis of data reports, surveillance data, and PMIs and an assessment of positive and negative outcomes in each KPA. Where performance does not meet expectations (e.g., the measure is below the set target), the annual progress is provided with discussion of strategies implemented to improve performance. The Performance Assessment Key below defines measurement standards for each table presented within this section.



## **Key Performance Area: Health, Safety and Well-Being**

This KPA includes data analysis of information relevant to the domains of safety and freedom from harm; physical, mental and behavioral health and well-being; and avoiding crisis. The goal for this KPA is that people with disabilities are safe in their homes and communities and receive routine, preventative healthcare and behavioral health services and behavioral supports as needed.

The DBHDS offices of Human Rights, Licensing, and the Community Support Services (OCSS) collect the data presented below. Data is then analyzed and monitored by the KPA Workgroup, Risk Management Review Committee (RMRC), and the MRC. Please find below a brief synopsis of progress towards the achievement of PMIs relevant to domain of safety and freedom from harm.

Performance Measure Indicators – Safety and Freedom from Harm	Target	SFY19 Results	SFY20 Results	SFY20 Performance Assessment
Critical incidents are reported to the Office of Licensing within the required timeframes (24-48 hours)	86%	93%	92%	<b>✓</b>
Licensed DD providers, that administer medications, are NOT cited for failure to review medication errors at least quarterly	86%	99%	88%	<b>✓</b>
Corrective actions for substantiated cases of abuse, neglect and exploitation are verified by DBHDS as being implemented	86%	88%	99%	<b>✓</b>
State policies and procedures, for the use or prohibition of restrictive interventions (including restraints), are followed	86%	100%	NA	

The state policies and procedures for the use or prohibition of restrictive interventions (including seclusion) are followed	86%	100%	99%	✓
Unexpected deaths, where the cause of death or a factor in the death that were potentially preventable, where some intervention to remediate was taken	86%	62%	100%	<b>✓</b>
Licensed providers meet regulatory requirements for risk management programs:	86%	NA	82%	✓
Licensed providers meet regulatory requirements for quality improvement programs	86%	NA	75%	✓
Individuals are free from harm, as reflected in the rates of serious incidents that are related to risks which are prevalent in individuals with developmental disabilities: Falls	56.88	NA	56.77	<b>✓</b>

The RMRC monitored PMIs related to critical incidents, medication errors, corrective action plans, and restraint and seclusion. These five established PMIs were met throughout the reporting year. The PMI on corrective actions was below target in quarter 1 of SFY19, but following intervention, has consistently been above target. The PMI related to providers not being cited for failing to review medication errors quarterly met the overall annual target; however, it decreased significantly from the first to the fourth quarter. Upon review of the data, and after consulting with the licensing specialists via structured meetings, the OL Director implemented a new internal protocol that requires specialists to document a compliance rating for all regulations checked during an inspection of providers of DD services. Previously, only regulations deemed non-compliant were documented in a licensing report, making it difficult to ensure all necessary regulations were reviewed. Finally, additional information, related to how compliance with this PMI is determined, was documented and shared with both the provider community and the OL staff to increase consistency among specialists across the state. The combination of structured meetings along with implementation of the protocol outlined above and sharing of how compliance is rated resulted in a decrease in PMI performance for SFY20. (This also accounts for the decrease in performance noted from SFY19 to SFY20.) This PMI should continue to be monitored due to the importance of providers' completing quarterly review of any medication errors as part of their quality improvement program.

Three new PMIs were added in SFY20. These PMIs address provider compliance with risk management programs, provider compliance with quality improvement programs, and reducing the rate of falls. The target for falls was set at 56.88/1000 individuals on the DD waivers. This was based on targeting a 10% reduction in the baseline rate of falls of 63.2/1000 during the

baseline period of 10/1/19 - 3/31/20. This measure was reported for the last 3 quarters of SFY20. The rate of falls was above the target during the first two quarters, but dropped significantly in the fourth quarter, bringing the overall rate over three quarters to just below the target. The OIH implemented a number of interventions aimed at reducing the rate of falls, which included website posting a training on fall reduction, distribution of published health alerts and newsletters addressing fall prevention via the provider list serve and posted on OIH website, and hosting a continuing education event for nurses, focused on fall prevention. In addition to these interventions, the onset of COVID-19 may have also played a role in the reduction in the rate of falls. The RMRC members noted that due to a number of temporary closures and limited access to community activities, individuals were not traveling away from home as much and had fewer transitions of care, which may have resulted in less exposure to situations presenting a risk for falls. In line with this decrease, the number of emergency room visits decreased by 33%, from 1,362 in the second quarter to 916 in the third quarter.

The other two PMIs were approved on June 30, 2020, and are measures of the percentage of providers that have been determined to be compliant with requirements to implement risk management and quality improvement programs. Baseline data collected for SFY20 indicates that both measures were below the goal of 86%, with 82% of providers meeting the overall risk management requirements and 75% of providers meeting the quality improvement requirements. The RMRC will work with the DBHDS Office of Licensing (OL) to identify specific areas in which providers are having difficulty with compliance and develop interventions to improve performance. As Quality Service Review (QSR) data becomes available, the RMRC will also utilize these results to guide improvement efforts. QSR data, which is used for the PMI addressing the following of state policies and procedures regarding the use or prohibition of restraints, was not available for SFY20 due to the existing QSR contract having ended and the process of obtaining a new QSR contract was underway.

The DD Mortality Review Committee (MRC) is responsible for monitoring the PMI related to unexpected deaths. For each DD case, the MRC seeks to identify:

- The cause of death
- If the death was expected
- Whether the death was potentially preventable (PP)
- Any relevant factors impacting the individual's death
- Any other findings that could affect the health, safety, and welfare of these individuals
- Whether there are other actions that may reduce these risks, to include provider training and communication regarding risks, alerts, and opportunities for education (see Definitions under "Leadership and Responsibilities" section)

If any actions are identified based on the case review, the MRC will then make and document relevant recommendations and/or interventions.

The MRC made recommendations for all unexpected PP deaths in order to reduce mortality rates to the fullest extent practicable. When the MRC determined a death was PP, the committee categorized factors that might have prevented the death.—Based on the MRC's determination of a PP death, the committee recommended remediation/corrective measures. Most of the provider-level recommendations were related to the corrective action plans issued by the OL, in addition to safety alerts created and distributed (via newsletter, emails, or posting to website) by the OIH. The MRC utilized a tracking protocol that capture and monitor recommended remediation activities. These recommendations and actions are reviewed and discussed at each MRC meeting until completion of the action is achieved. When no deaths or factors in the death are determined to be PP, resulting in no need for remediation actions to be recommended, no data can be reported.

According to a 2018 study conducted by the National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR), the population of individuals with disabilities has increased from 2008 to 2017 from 12.7 percent to 13.2 percent. This may be reflected in the number of deaths reviewed for this target population. In SFY19, the MRC reviewed 312 deaths, and in SFY20, the MRC reviewed 354 total I/DD deaths.

As the committee processes for obtaining and reviewing pertinent information for aggregate analysis and outcomes of MRC recommendations have improved, for the first time since 2012 when the MRC first began reviewing deaths, the committee determined in SFY19 that more deaths were determined to be expected than unexpected. Prior to SFY19, the highest percentage of expected deaths was 36.4 percent in SFY18. In SFY19, the committee determined 163 deaths (52%) were expected, 141 (45%) were unexpected, and eight (3%) were not able to be determined by the committee as expected or unexpected and, therefore, were classified as unknown. In SFY2020, the MRC determined 214 deaths (60%) were expected, 139 deaths (39%) were unexpected, and one (0.3%) was not able to be determined by the committee as expected or unexpected and, therefore, were classified as unknown.

In SFY19, the MRC continued a process first implemented in SFY18 to identify PP deaths and collect information related to contributing factors in these deaths. In addition, the MRC continued to ensure the identification of the factor(s) that may have prevented the PP death, as mentioned previously. In SFY18, the MRC classified 56 deaths (21%) as PP. By contrast, in SFY19, the MRC classified only 11 deaths (4%) as PP. The MRC notes this dramatic change in year-to-year data may be due to the significant changes made by the MRC in SFY19 to improve the processes of the committee and its structure. Changes included: increased membership to include a broader range of clinical and systems subject matter experts, along with increased attendance and participation of committee members, clarification of the PP definition, and identifying contributing factors to the individual's death. These changes have likely contributed to the committee's ability to more clearly make determinations related to PP deaths.

The number of PP deaths identified in SFY20 was 17 (5%). This increase from SFY18 and SFY19 is attributed to the expanded MRC process that included clarification of expected and unexpected (unexplained) definitions and ensuring identification of contributing factors to the unexpected and PP deaths discussed during each meeting. A 'failure to execute established protocols' was the factor identified for nine of the 11 deaths classified as PP (82%) in SFY19, and 14 of the 17 (82%) in SFY20. This contrasts with findings from SFY18, but given the small number of PP deaths in SFY19, these differences may be epiphenomenal. However, since the definition of a PP death was first introduced in SFY18, multiple changes occurred in SFY19, and this PP factor has remained at 82%, a QIC approved QII targeting this factor was implemented in SFY20. This QII addressed the need to follow the established protocol of calling 911 in emergencies. Ongoing monitoring of the effect of these changes is needed in subsequent years.

The type of documentation and records available related to the circumstances of a death can affect the synthesis of the clinical and service related factors that contribute to mortality. To enhance the mortality review process, legislation was sought that would allow the MRC to request and receive medical records and other pertinent documents related to I/DD deaths. This legislation became effective on July 1, 2020. Outcomes and data related to the effect of this legislation will be tracked and reported on for SFY21.

In SFY20, the MRC was to incorporate a process within the mortality review deliberations wherein a definitive determination as to whether the individual was receiving a DBHDS-licensed service is made. This goal is still in progress as it requires input from other divisions within DBHDS and is expected to be completed in SFY21.

The MRC successfully implemented procedural changes to ensure that prompt, appropriate follow-up is completed based on the recommendations from the MRC related to unexpected, potentially preventable deaths in residential community settings. The committee assigns each recommended action to a specific committee member, and follow-up for pending actions is reviewed during each MRC meeting. The MRC discusses whether to complete an action based on documented follow-up. During SFY20, 100% of unexpected, potentially preventable deaths in residential community settings had some intervention to remediate. Moving forward, this procedure will continue as the PMI target goal (86%) was achieved in the last two quarters of SFY19 and has exceeded the target goal for SFY20.

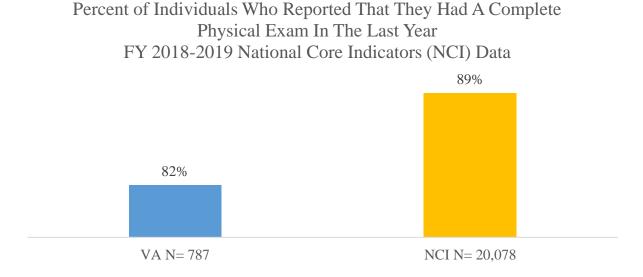
The DBHDS KPA Workgroup monitors NCI data for the domain of physical, mental and behavioral health and well-being. The following table and graphs further detail NCI data reviewed and monitored and the Commonwealth's performance against NCI national data.

Performance Measure Indicators – Physical, Mental and Behavioral Health and Well-Being	Target (NCI National Average)	2018 NCI Virginia Result	2019 NCI Virginia Result	Performance Assessment
Individuals who reported that they have a primary care physician	98%	98%	99%	✓
Individuals who reported that they had a complete physical exam in the past year	89%	81%	82%	✓
Individuals who reported that they had a dental exam in the past year	81%	63%	65%	✓

Source - FY 2018-2019 National Core Indicators (NCI) Data

NCI indicators are categorized in five areas: Individual Outcomes, Health, Welfare and Rights, System Performance, Staff Stability and Family. NCI randomly selects representative samples of adults who receive DD waiver services. The Commonwealth's sample is stratified by region and typically includes 800 in-person surveys. However, in SFY 20, the onset of COVID-19 resulted in a decrease in the total number of surveys conducted.

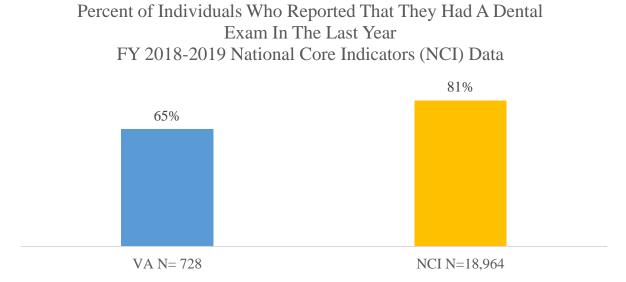
As indicated in the chart below, the Commonwealth's performance, related to completion of physical exams was below the NCI reported national average for 2018-2019. Individuals reported and case managers validated that 82% of individuals received a physical exam in 2018-2019. This represents one percentage point improvement since 2017-2018.



In SFY19, DMAS-DBHDS QRT added a DD waiver performance measure to track the number of individuals (20 years and older) receiving DD waiver services who also received a doctor's visit (either a primary care visit or identified preventive care/wellness visit) at least once a year. Data

collected in SFY19 demonstrated that 89% of individuals received a doctor's visit at least once per year.

The SFY19 NCI survey results reflect an increase of 2% over SFY18 in individuals who reported that they had received a dental exam. The chart below indicates that the Commonwealth's performance, related to completion of dental exams, was below the NCI reported national average for 2018-2019.



Several mitigating strategies were implemented in SFY19 to increase the number of individuals who have a dental exam each year. DBHDS initiated protocols, which were approved by the Board of Health Professions that allowed dental hygienists employed by DBHDS to work under the remote supervision of a dentist. This increased flexibility in providing services to individuals who meet OIH's Dental Clinic program criteria. DBHDS' Health Support Network provides dental services for 2,089 individuals, through contracted basic and moderate sedation dental services and mobile services.

The OCSS provides oversight of the following PMI specific to the domain of avoiding crisis. A synopsis of the Commonwealth's progress towards the achievement of this PMI is detailed below.

Performance Measure Indicators – Avoiding Crisis	Target	SFY19 Results	SFY20 Results	SFY20 Performance Assessment
Individuals (on DD waivers and known to REACH) admitted to a Crisis Therapeutic Home (CTH) have a residential provider within 30 days of admission	86%	84%	87%	✓

When individuals with developmental disabilities are experiencing a crisis event that puts them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others, the Regional Education Assessment Crisis Services Habilitation program (REACH) is the statewide crisis system of care. REACH services are available statewide in each of the Commonwealth's five regions.

Brief residential crisis therapeutic services are available at a REACH Crisis Therapeutic Home (CTH) for stabilization of a crisis, a planned prevention, or as a step-down from a state hospital, training center, or jail. The CTH can provide in-depth assessments, a change in setting to allow for stabilization, and a highly structured and supportive environment to improve coping skills and work on other goals that aide in stabilizing the current crisis and/or aid in preventing future occurrences. As it is best practice and the least restrictive treatment approach to provide services in the setting in which the crisis occurred, the CTH is used only when community-based crisis services or supports are not effective or are clinically inappropriate.

DBHDS met the target established by the indicator for this fiscal year and will continue to monitor and address challenges for placement as they are identified.

## **Key Performance Area: Community Inclusion and Integration**

This KPA includes data analysis of information relevant to the domains of community inclusion, choice and self-determination, and stability. The goal of this KPA is that people with disabilities live in integrated settings, engage in all facets of community living, and are employed in integrated employment.

"Merely residing outside of an institution does not equate to community integration." Virginia's Olmstead Strategic Plan 2019

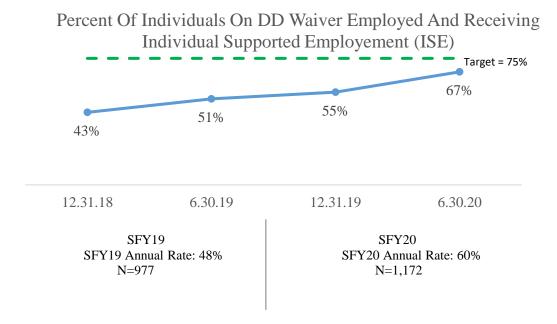
Developmental Services is responsible for oversight of the domains of community inclusion and stability. The following table and graph describe the progress towards achievement of PMIs relevant to these domains. The data presented below is collected by the OCSS and Office of Community Housing (OCH) and monitored by the KPA Workgroup. A synopsis of the Commonwealth's progress towards the achievement of this PMI is detailed below.

Performance Measure Indicators – Community Inclusion	Target	SFY19 Results	SFY20 Results	SFY20 Performance Assessment
Adults, who are active on the DD waiver or waitlist, who live or have lived in independent housing	6%	5%	7%	<b>✓</b>

Individuals, on DD waiver, are employed and receiving Individual Supported Employment	75%	48%	60%	<b>√</b>
(ISE)	7570	1070	0070	•

Independent housing and employment are key factors in individuals being fully included in their communities in a meaningful way. During the past year, individuals supported through independent housing continued to exceed expectations. DBHDS also saw a significant increase in the percentage of individuals who were employed with support through individual supported employment. This percentage may be slightly artificially inflated due to the impact of COVID-19 on group-supported employment, although, there were impacts on individual supported employment as well. This graph below depicts increase made towards individual receipt of ISE.

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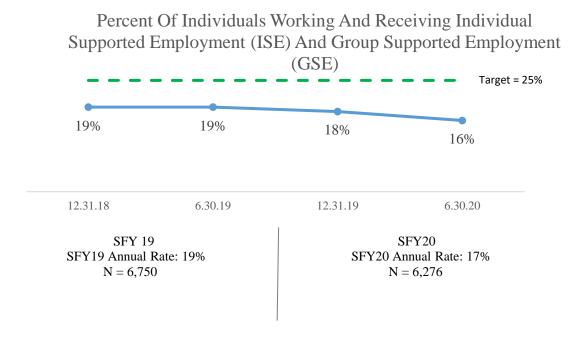
Performance Measure Indicators – Stability	Target	SFY19 Results	SFY20 Results	SFY20 Performance Assessment
Individuals on the DD waiver and waitlist (aged 18-64) are working and receiving Individual Supported Employment (ISE) or Group Supported Employment (GSE) for 12 months or more	25%	19%	17%	<b>✓</b>

DBHDS looks at the stability of important aspects of an individual's life. One indicator of stability is employment (defined as being employed 12 months or more). DBHDS measures the number of individuals receiving employment supports under the waiver, whether ISE or GSE,

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and if the individual remained employed for 12 months or more. As of June 30, 2020, there were 3,512 people employed, with support, in ISE or GSE, which is a combined decrease of 713 people from the previous data reported, which is directly related to the impact of the COVID-19 in limiting transmission risks in the community. This represents 19% of the total number of individuals between the ages of 18-64 who received waiver services or were on the waiver wait list (18,621) at the time of reporting. The following graph depicts the combined decrease in the percentage of individuals working and receiving Individual Supported Employment (ISE) or Group Supported Employment (GSE) for 12 months or more.



The KPA Workgroup monitors NCI data for the domain of choice and self-determination. The following table and graphs further detail NCI data reviewed and the Commonwealth's performance relative to the NCI National Average data.

Performance Measure Indicators – Choice and Self-Determination	Target NCI National Average	2018 NCI Virginia Result	2019 NCI Virginia Result	SFY20 Performance Assessment
Individuals who chose or had some input in choosing where they live if not living in the family home.	58%	67%	67%	<b>√</b>

Source - FY 2018-2019 National Core Indicators (NCI) Data

Individual choice is a right of people with disabilities. Having a choice about where one lives is critical to a successful outcome in the living environment. In SFY19, there was no change in the percent of individuals who had input into the choice of where they would live.

## **Key Performance Area: Provider Capacity and Competency**

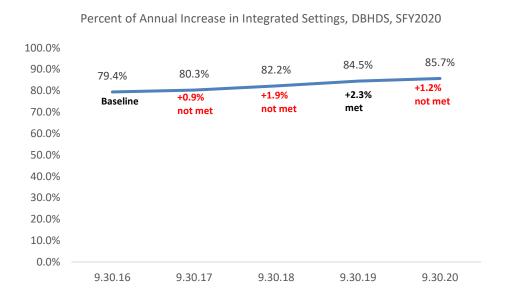
This key performance area includes data analysis of information relevant to the domains of access to services and provider capacity and competency. The goal of this KPA is to improve individuals' access to an array of services that meet their needs, support providers in maintaining a stable and competent provider workforce, and provide resources to assist providers in attaining and maintaining compliance with licensing regulations.

The data presented below, relevant to the domains of access to services and provider capacity and competency, is collected by the OCSS analyzed by OPD and monitored by the DBHDS KPA Workgroup and DBHDS Case Management Steering Committee (CMSC). The table, charts, and graphs below detail the Commonwealth's progress towards these PMIs.

Performance Measure Indicators – Access to Services	Target	SFY19 Results	SFY20 Results	SFY20 Performance Assessment SFY20
Data continues to indicate an annual 2% increase in the overall DD waiver population receiving services in the most integrated settings. (FY19 5.1%)	2% annual	1.9%	1.2%	<b>✓</b>
Data continues to indicate that at least 90% of individuals				
new to the waiver, including individuals with a "supports need level" of 6 or 7, since FY16 are receiving services in the most integrated setting.	90%	NA	85%	✓
The Data Summary indicates an increase in services available by locality over time.	↑ trend for all services	10/15	6/15	<b>✓</b>

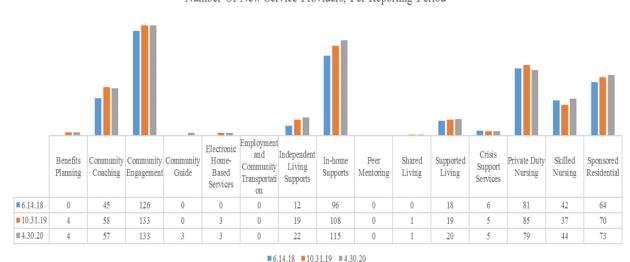
DBHDS tracks the number of individuals in integrated versus non-integrated settings on a semi-annual basis. When considering a baseline of 2016 (as shown in the chart below), data shows a successive increase in the overall percentage of people in integrated settings with the annual target being met for the first year in 2019 with 2.3% with a smaller increase between 2019 and 2020 of 1.2%. The overall result in 2020 of 1.2% does not fall within 10% of target. DBHDS continues to incentivize integrated residential settings by making Jump-Start funding available to providers who seek to diversify or fill gaps in integrated services statewide. There have been two

semi-annual Provider Data Summary reports and webinars, which have increasingly combined detailed data about the DD Waiver population and provider activity across the 133 localities in Virginia. During SFY20 (July 2019 through June 2020), the Provider Development Team offered 1:1 assistance to 35 different providers throughout the state. The assistance offered included provider remediation, provider development, and technical assistance. The Provider Development team also offered numerous regional trainings throughout the year that targeted ISP development, documentation, and RST. DBHDS will continue to engage providers on a semi-annual and ongoing basis to encourage and support transitions to more integrated models of service.



In the May 2020 Provider Data Summary report, DBHDS included data related to people who were new to the waiver being supported in more integrated settings. This data report established a baseline of 85% in March of 2020, which falls below, but is within 10%, of the 90% target. To ensure that individuals with Supports Intensity Scale (SIS) levels 6 and 7 needs are considered in the results, a separate percentage is included, which established that 58% of people new to the waiver with SIS levels 6 or 7 needs are residing in more integrated settings. People newly enrolling into the waiver are introduced to the various system changes that have been undertaken by Virginia in recent years, such as person-centered practices, informed choice, Settlement Agreement requirements, and the Home and Community-Based Services residential settings rule. It is anticipated that with the continuation and development of these practices, more and more people will choose more integrated settings initially. DBHDS is working to increase independent housing and stand up Peer Mentoring Services, so that people have the opportunity to choose a home in the community that they control.

DBHDS monitors the trend in service development across localities. Information at the locality level is contained in the DBHDS Baseline Measurement Tool (BMT), which shows population and provider changes at the local level over time. Beginning in November of 2019, data from the BMT was structured in the Provider Data Summary report around "sub-areas." This change was made to ease provider use of the data in considering expansion. For example, a consideration of offering Skilled Nursing in one locality should be informed by looking at data from adjacent localities. The creation of sub-areas provides this level of information, so that expansions can more easily and thoughtfully be considered. Virginia has seen an ongoing increase in most integrated and critical services since June of 2018 (baseline). Some services have faced delays in implementation due to coordination and system issues such as the implementation of Peer Mentoring, which is expected to begin in October of 2020, and Employment and Community Transportation, which has experienced delays at the Medicaid agency. The only services that have experienced a decrease from baseline are Private Duty Nursing (-2) and Crisis Support Services (-1). Reviewing the Provider Data Summary report provides more specific information. For example, Benefits Planning was established in the Waivers in 2016 and as of May 2020, four providers have begun offering services. Line graphs in the report shed light on demand, as 158 people became authorized by 4.30.20. In a similar result, use of Electronic Home-Based Services doubled between 10.31.19 and 4.30.20, increasing from 24 to 49 authorizations across this sixmonth period. Time and continued efforts to educate and encourage informed choices for people receiving DD waiver services and supporting providers to shift to more integrated service models is expected to further impact these results. The chart below details the increase in provider services throughout the reporting period.



Number Of New Service Providers, Per Reporting Period

The Offices of Human Rights, Provider Development, and the OCSS are responsible for the domain of provider capacity and competency that include the following PMIs. The table and

graphs below detail the Commonwealth's progress towards these PMIs.

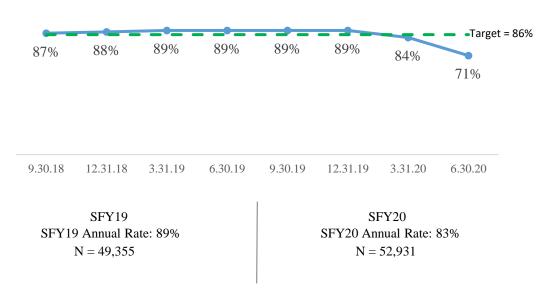
Performance Measure Indicators – Provider Competency and Capacity	Target	SFY19 Results	SFY20 Results	SFY20 Performance Assessment
The state demonstrates, on an ongoing basis, that it identifies, addresses, and seeks to prevent instances of abuse, neglect, exploitation, and unexplained death, by verifying that investigations provided by licensed providers are conducted in accordance with regulations	86%	86%	92%	✓
Individuals receiving Developmental Disability Waiver services, identified as meeting ECM criteria, will receive face to face visits every month no more than 40 days apart	86%	89%	83%	<b>✓</b>
Individuals receiving Developmental Disability Waiver services, identified as meeting ECM criteria, will receive face to face visits every other month in their residence	86%	86%	77.5%	✓
Support Coordinators will have meaningful discussions about employment benefits and options, face to face with individuals (ages 18-64) receiving DD Waivers	86%	93%	93%	✓
Support Coordinators will have meaningful discussion about community engagement and community coaching, face to face with individuals receiving DD Waivers	86%	88%	90%	✓
Employment goals are developed for individuals, ages 18-64, receiving DD Waivers	50%	32%	30%	✓
Community Engagement and Community Coaching goals are developed for individuals receiving DD Waivers	86%	37%	37%	✓
Regional Support Team (RST) non- emergency referrals are made in sufficient time for the RSTs to meet and attempt to resolve identified barriers	86%	71%	58%	✓
RST referrals are timely for individuals considering a move into group homes of 5 or more beds	86%	69%	78.5%	✓

**Case Management Contact Measures** 

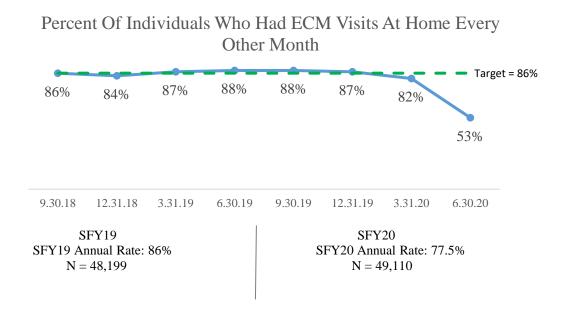
The percentage of ECM visits declined beginning the third quarter SFY20, when compared to SFY19; the overall success of meeting these two measures moved to "partially met" by the end Page 110 of 135 DBHDS Developmental Disabilities Quality Management Plan FY 2020

of SFY20, as indicated in the graphs below. This graph reflects the percentage of individuals receiving Developmental Disability Waiver services, identified as meeting ECM criteria, who received face to face visits every month (no more than 40 days apart). The decline in achievement can be attributed to the occurrence of a state of emergency related to the COVID-19 pandemic.





The percentage of ECM visits occurring in the home declined beginning the third quarter SFY20, when compared to SFY19; the overall success previously experienced, in meeting this measure, shifted to "partially met" by the end of SFY20, as indicated in the graph below. The chart below reflects the percentage of individuals receiving DD Waiver services identified as meeting ECM criteria that received face to face visits every other month in their residence. This decline in achievement can also be attributed to the impact of the state of emergency related to the COVID-19 pandemic, in ensuring mitigating transmission risks. In the effort to minimize the impact on case management contact data results, CSBs were advised to code telehealth contacts as face-to-face with a notation of telehealth in the contact note. Based on results depicted in the graphs above and below, in person, face-to-face contacts declined and the extent to which telehealth contacts were notated in the documentation may have been limited or not utilized.



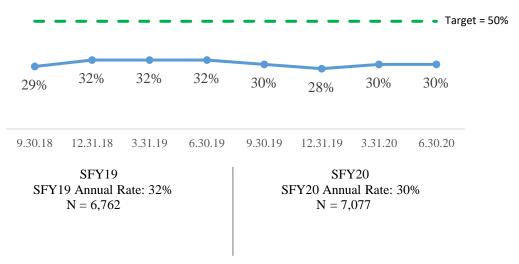
The DBHDS OCQI will begin implementing a data verification process in the second quarter SFY20. This activity is expected to improve data reliability and is designed:

- To provide consultation and technical assistance to the CSB on data reporting requirements to ensure CSBs are submitting accurate data as part of a comprehensive quality management process to improve reporting of case management outcomes.
- To assist the CSBs in completing a root cause analysis that identifies the underlying causes for why it is not meeting case management process measure targets by identifying gaps and or issues in the CSBs' case management data reporting processes that impact the CSBs' performance in meeting case management performance measure targets
- To assist in resolving identified case management data reporting process gaps and issues and determine action steps needed to make system process and outcome changes to ensure that case management processes are reported accurately and as required.

#### **Employment and Community Engagement Goal Measures**

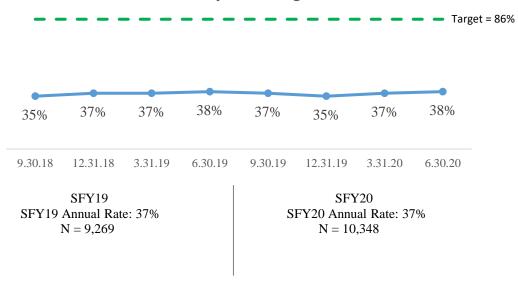
While the data indicates case managers/support coordinators are having discussions regarding employment, the intended target related to the number of individuals with employment goals was not met. These results remain consistent with data provided in SFY19, as depicted in the graph below (which reflects the percentage individuals receiving DD waiver services who had employment goals developed).

# Percent of Individuals Age 18-64 Who Had Employment Goals



While the data indicates case managers/support coordinators are having discussions regarding community engagement, the intended target related to the number of individuals with community engagement goals was not met. These results remain consistent with data provided in SFY19, as depicted in the graphs below (which reflects the percentage of individuals receiving DD waiver services who had Community Engagement and Community Coaching goals developed).

Percent of Individuals Who Had Community Engagement and Community Coaching Goals



As mentioned in relation to other measures, the COVID-19 pandemic was declared a state of emergency in Virginia in the 3<sup>rd</sup> quarter of SFY20, which interrupted access to employment and community engagement as people were directed by local and national government to stay at Page 113 of 135

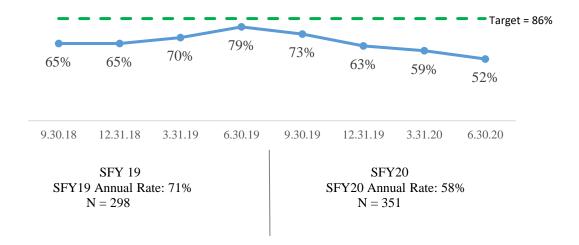
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home. Despite this state of emergency, the development and addition of goals to individual ISPs for these activities were maintained throughout SFY20 with minimal fluctuation. It is unclear if the state of emergency hindered additional progress with improving these results, but based on the SFY19 report, establishing new services were identified as a means to increase goal development, and the pandemic has significantly impacted service development. Provider Development continues to implement a Jump-Start Funding program, which provides up \$50,000 per year to organizations seeking to diversify or expand service options in the services system where gaps exist. DBHDS has modified requirements to ease the application process and will continue to explore ways to increase usage of Jump-Start funding. In addition, updates have been made to the Case Management Module for Employment to ensure more successful discussion and exploration of options to include considering activities that lead to employment, increase connections with others, and more employment-focused support for transition age youth. This module is scheduled to be released for use on November 1, 2020.

#### **Regional Support Team Measure**

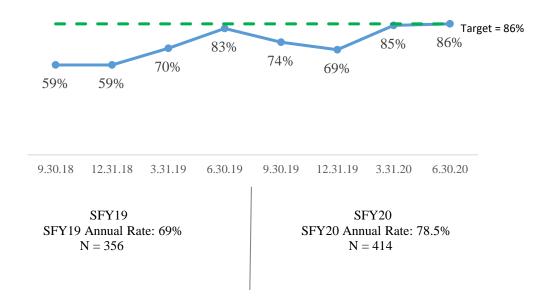
In order to support individuals in making an informed choice of where they want to live, the DBHDS requires that case managers/support coordinators assist individuals and families in identifying and discussing the most integrated residential options. For individuals and families who indicate they are choosing a less integrated setting in a nursing facility, training center, and/or congregate residential settings with five or more individuals, case managers/support coordinators are required to make a referral to the Regional Support Team (RST) within five days of becoming aware of this choice. The overall result in SFY19 was 71%, with an increase to 73% in the first quarter of SFY20 noted before declining. There has been a steady decline in SFY20 since the 2<sup>nd</sup> quarter reaching a low of 52% in the 4<sup>th</sup> quarter. The graph below reflects percentage of non-emergency referrals made in sufficient time for the RSTs to meet and attempt to resolve identified barriers.

### Percent of Non-Emergency RST Referrals Meeting Timelines



Of note, the second measure, regarding residential referrals, met the target of 86% for the first time in the 4<sup>th</sup> quarter of SFY20 and remained within 10% of target in overall results. The graph below reflects the percentage of RST referrals that were made timely enough for individuals considering a move into group homes of 5 or more beds.

Percent of Timely Residential RST Referrals



A root cause analysis will be discussed with the CMSC regarding this trend. One potential rationale for this data is that changes in residential placement may have occurred before the committee convened to complete its review (as opposed to meetings occurring before the change

in residential placement occurred). One of the challenges to be explored is how to more effectively process referrals and determine other factors impacting this measure. RST forms and processes have been refined during SFY20, and communication with CSBs continues to occur through regional and statewide Support Coordination meetings. RST continues to be a standing item on the agendas. Ongoing communication with CSBs along with the provision of quarterly compliance letters and the provision of data is considered helpful in meeting this measure.

A review of the measures and activities for SFY20 indicates that, despite the COVID-19 pandemic, accomplishments were made. This was demonstrated by increasing the availability of data in WaMS, and for the first time, CSBs met the target for the RST measure related to residential services. However, a decline in the number of case management contacts, which coincides with the onset of the state's declaration of a state of emergency due to COVID-19 (during which in-person contact became limited), was noted toward the end of SFY20. Despite efforts to mitigate this adverse effect, the overall average remains within 10% of the 86% target. Of additional concern was the lack of movement in measures related to goal development for employment and community engagement; outcomes remained largely consistent with SFY19 results. The CMSC will explore activities that may improve results in the coming year and will focus on understanding and addressing the timeliness of non-emergency RST referrals. Finally, the CMSC has worked to establish a process of collecting and reviewing data that includes a review schedule to allow more time to focus on specific sets of data and determine options to impact results. In the coming year, this will be necessary to adequately address the increased number of measures being monitored through the committee and implement actions that improve DD services and supports in the Commonwealth.

## IV. Quality Management Program Evaluation

Using a Quality Management Program Assessment Tool, endorsed by the Institute of Healthcare Improvement (IHI), the DBHDS Quality Management quality improvement committee chairs conducted a program evaluation of each subcommittee and for the quality management program as a whole. The tool assists organizations in assessing key components of their quality management programs and includes an assessment of the QMP and the program's supporting infrastructure, implementation of processes (to measure and ensure quality of care and services), and the capacity to build quality improvement among providers.

Based on the assessment tool, quality management programs should have the following characteristics:

- Be a systematic process with identified leadership, accountability, and dedicated resources available to the program;
- Use data and measurable outcomes to determine progress toward relevant, evidenced-based benchmarks;

- Focus on linkages, efficiencies, and provider and individual expectations in addressing outcome improvement;
- Be a continuous process that is adaptive to change and that fits within the framework of other programmatic quality assurance and quality improvement activities;
- Ensure that data collection is fed back into the quality improvement process to assure that goals are accomplished and that they are concurrent with improved outcomes.

#### **DBHDS Internal Quality Management Program Evaluation**

The DBHDS internal evaluation of the Quality Management Program identified several strengths in DBHDS' quality management program and several opportunities for enhancement. Please find them detailed below, along with DBHDS recommendations, activities, and plans to address identified concerns.

#### **Identified Strengths**

#### **Quality Management Program**

The DBHDS Quality Management Program is supported by leadership with direct accountability to the DBHDS Chief Clinical Officer (CCO) and DBHDS Commissioner and has identified functions, resources, and a clear indication of responsibilities and accountability across the agency. Leadership continued to build and expand the Quality Management Program and the DBHDS Office of Clinical Quality Management in SFY20 with the addition of a Senior Director of Clinical Quality Management and Quality Improvement Specialists to support both internal and external quality efforts. The organizational quality improvement infrastructure developed is both sustainable and continuous. Additionally, DBHDS issued a new departmental instruction (DI) which describes the framework for and components of the DBHDS's Quality Management System (QMS) for individuals with DD who receive services licensed, funded or operated by DBHDS. The QMS is comprised of quality assurance, quality improvement, and risk management and, through the collection and evaluation of data, identifies and responds to data trends to ensure continuous quality improvement. Most importantly, this DI specified the activities encompassed by the QMS that are intended to ensure that appropriate services are available and accessible to individuals receiving services, including the collection and evaluation of data (to identify and respond to trends and ensure continuous quality improvement). The OCQM is responsible for maintaining the quality management framework and provides technical assistance and guidance across the QMS. The CCO and Senior Director of Clinical Quality Management serve as co-chairs of the QIC. Subcommittees of the QIC are as follows:

- Mortality Review Committee (MRC);
- Risk Management Review Committee (RMRC);
- Case Management Steering Committee (CMSC);
- Regional Quality Councils (RQCs); and
- Key Performance Area (KPAs) Workgroups, including:
  - o Health, Safety and Well-Being;
  - o Community Inclusion and Integration; and
  - o Provider Capacity and Competency.

The QIC ensures a continuous quality improvement process and is responsible for the prioritization of needs and work areas. The QIC ensures that providers, case managers, and other stakeholders are informed of any QII approved for implementation as the result of trend analyses. This trend analysis is based on information from data related to suspected or alleged abuse, neglect, serious incidents, and deaths; and patterns in data related to case management, NCI, QSRs, quality management reviews, housing, employment, community engagement and inclusion, RST, home and community-based setting, provider data summary information, licensure citations, staff training and competency, crises, IFSP, and other data.

The QMS infrastructure and quality management framework is further detailed in the annual DBHDS QMP. The QMP, inclusive of three parts, serves as the guidance document for the direction and activities related to the Quality Management System. Part I of DBHDS QMP outlines authority, functions, and resources of the quality management system inclusive of the quality assurance, risk management, and quality improvement functions, as well as the quality committee framework. Part II includes quality committee charters and a workplan. The QIC established and annually reviews and approves standardized committee charters that include a statement of purpose, scope of authority, membership, quorum requirements, meeting and reporting expectations, consistent use of terms, and the model for quality improvement. The work plan tracks the monitoring of surveillance data, performance measure indicators including mitigating strategies where performance is below target, and the implementation of approved QIIs, including the identification of barriers and efforts to mitigate circumstances around those barriers. Data is recorded within the work plan, which allows committees to identify potential QIIs and is structured so as to assist the OCQI team in the provision of support to QIC Subcommittees in completion of their work. The charters, along with Part I and Part II, and the Quality Management DI guide committee work and hold the quality management system accountable. The SFY19 Annual Report and Evaluation, Part III, summarized quality improvement efforts, reporting on the quality of supports, gaps in services, and quality improvement activities and initiatives.

#### QIC and QIC Subcommittee Structure

The quality management committee framework and implemented processes continue to be a definitive strength of the QMS. This framework oversees planning, assessment and communication and includes the QIC (the highest level quality committee), the QIC Subcommittees (three subcommittees, three DBHDS KPA Workgroups, and five RQCs) a joint DBHDS-DMAS Quality Review Team and quality collaboratives with the Virginia Association of Community Services Boards. The quality management committee framework is depicted in Part I of the QMP.

To ensure the highest level of leadership support and to solicit input and make recommendations for quality improvement activities, the committee structure includes broad representation of both Page 119 of 135

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internal and external stakeholders. The QIC voting membership was restructured in SFY20 to include DBHDS senior leadership to ensure department-wide leadership oversight through the QIC. Clinical and program representatives from internal offices (e.g., OL, OHR, OCQI, OCSS, OPD, and the OIH) serve as dynamic members of the QIC subcommittees and workgroups demonstrating a department-wide commitment to continuous quality improvement and the importance of inclusion of input from DBHDS personnel at various position levels within the DBHDS organizational structure. External partners representatives also serve as active participants on the QIC and several QIC Subcommittees.

#### **QIC Subcommittee Performance**

Advisory membership on the QIC was expanded, in SFY20, to include representation from individuals that are representatives for provider organizations. These advisory members inform the QIC of issues and concerns important to the provider community and provide an external stakeholder perspective related to the DBHDS quality improvement efforts. Additionally, some QIC Subcommittees recognized the need for additional or specific expertise needed to identify concerns and recommend solutions, resulting in the addition of new members. For example, the MRC included an independent clinician member to provide additional support to the MRC in the review of mortality cases. Input and recommendations were also solicited from internal and external partners and advisory councils that do not participate in the QIC Subcommittees (e.g., Employment First Advisory Group and Individual and Family Support Program Councils).

QIC Subcommittees met regularly to ensure oversight and implementation of quality processes:

1) collectively identifying and addressing the overall health, safety, and well-being of individuals served (including individuals with complex needs); 2) identifying and addressing risks of harm;

3) ensuring service accessibility and quality service provision; 4) ensuring that individuals were integrated into their community and were included in decision-making about their lives; and 5) assessing provider competency. QIC Subcommittees reviewed and monitored the status of approved PMIs, identifying trends, barriers, issues, and gaps in services based on the purpose of each committee. In addition to monitoring PMIs, each QIC Subcommittee identified surveillance data to ensure a broader perspective on services at an individual, provider, or system level. Reports by each of the committees to the QIC related to the status of PMIs and surveillance data reviewed resulted in identification of areas of success as well as recommendations for corrective actions and/or quality improvement initiatives, for areas that did not meet expected outcomes or demonstrated concerns otherwise. Each committee maintained meeting minutes reflective of this analysis and included membership attendance and any actions or follow-up required or taken.

Recognizing the importance of data utilization and analysis, DBHDS QIC Subcommittees made concerted efforts in SFY20 to incorporate data review and analysis following processes in place to measure and analyze performance data. Each QIC subcommittee identified additional data

sources, to expand the scope of their review beyond the identified PMIs. Selection of the PMIs was based on past performance and involved the acquisition of cross departmental input; measures included clinical and support service indicators (selected over various domains and key performance areas). Additionally, DBHDS collaborated with the DMAS quality improvement team and Community Services Boards/Behavioral Health Authority (BHA), through the Data Management and Quality and Outcomes Committees, to develop, implement, and monitor the PMIs that reflect accepted standards of care. QIC Subcommittee chairs shared the Commonwealth's progress towards achievement through PMI progress presentation to the RQCs and QIC. Additionally, the OCQI reported and discussed case management measures with the CSB/BHA to facilitate discussion regarding movement toward PMI set targets and to improve data quality collection processes. As all providers further develop their risk management and quality improvement programs and begin reporting on newly identified performance measure indicator, these measures will also be monitored to determine further opportunities for improvement.

The purpose of the RMRC is to provide ongoing monitoring of serious incidents and allegations of abuse and neglect and analysis of individual, provider and system level data to identify trends and patterns and make recommendations to promote health, safety and well-being of individuals. In SFY 20, the RMRC completed its work plan and the Annual RMRC report for SFY20 (included as an Appendix to the QMP). The RMRC reviewed data on serious incident reports, injuries, and deaths; allegations of abuse and neglect; as well as preliminary data regarding the results of licensing inspections of provider risk management and quality improvement programs. RMRC review of incidents of sexual abuse by staff identified the need to further educate individuals on recognizing and reporting abuse and resulted in the development of human rights training geared specifically toward enhancing the ability of individuals with developmental disabilities in recognizing abuse, neglect and exploitation. Additionally, the RMRC, through the OIH, made sure that case managers and providers know how to recognize individuals with risk factors that require medical and behavioral support needs and know to subsequently connect individuals to professionals to address these concerns. Several supplemental trainings were developed by OIH to facilitate awareness of conditions common to people with developmental disabilities.

Further, the RMRC data review identified circumstances when provider staff waited for supervisor approval to contact EMS prior to calling 911 at the onset of an emergency. This issue was also identified in the MRC. The RMRC subsequently worked collaboratively with the MRC to develop actions to be taken to address this systemic issue. Further review of incident data revealed a high number of falls, prompting the RMRC to develop a QII to reduce the rate of falls among individuals with developmental disabilities; the RMRC oversaw the implementation of this QII. The components of this QII included fall prevention training, newsletters, and health alerts all developed by the Office of Integrated Health. As a result, the rate of falls has been

trending downward and the RMRC continues to monitor progress on these quality improvement activities.

While the RMRC initially developed PMIs to meet requirements of CMS HCBS waivers, over the past year, the RMRC identified additional measures (surveillance data). While some of the additional measures identified were required by the DOJ SA, others were chosen based on input from clinical and program staff. New indicators included the rate of occurrence of conditions common in people with developmental disabilities.

The MRC purpose is to focus on system-wide quality improvement by conducting mortality reviews of individuals who were receiving a service licensed by DBHDS at the time of death and diagnosed with an intellectual disability and/or developmental disability (I/DD), utilizing an information management system to track the referral and review of these individual deaths. The MRC completed its work plan and ensured that charter requirements were met in SFY20. The MRC completed an Annual MRC report, which includes an analysis of the MRC reviews is attached as an Appendix to the QMP.

The MRC completed its work plan and ensured that charter requirements were met in SFY20. For all 23 meetings, the committee met the quorum requirements as outlined in the charter. A work plan was developed, and charter standard operating procedures were followed. The MRC completed an Annual MRC report, which includes an analysis of the MRC reviews is attached as an Appendix to the QMP.

The MRC reviewed and made determinations and recommendations for the 345 deaths reviewed and tracked the referral and review of individual deaths. MRC members, including internal (across multiple DBHDS divisions) and external program and clinical representatives, conducted monthly mortality reviews for unexplained or unexpected deaths of I/DD individuals, reported through the DBHDS incident reporting system and monitored the MRC PMI and quality improvement initiatives. The need for quality improvement projects and initiatives was derived from data analysis conducted by the MRC. The MRC presented the findings of data analysis to the QIC quarterly and provided a separate quarterly report of findings to the DBHDS Commissioner.

Multiple recommendations for individual and systemic level quality healthcare actions and activities were made by the MRC based on review of individual cases and data and/or trends and patterns identified. Licensed providers around the state contribute documentation related to a DD individual's death, as mandated by OL regulations. The OL MRC member representative of the MRC notified licensed providers of licensing violations and MRC review recommendations noted during the MRC case review. Additionally, the OIH MRC member of the MRC fosters quality improvement activities for licensed providers and families (for private residence deaths)

when recommended by the MRC. The OHR MRC member provides information regarding identified provider violations. MRC recommendations were triaged to regional human rights staff for follow-up when additional health and safety concerns were identified. As a result of MRC data analysis of trends and patterns identified in aggregated retrospective chart review documentation and of problems identified at individual service delivery and systemic levels, the MRC identified and recommended the development of QII. These recommendations, among others, included proposing legislation that allows the MRC to review information and records regarding an individual whose death is being reviewed by the Committee, including (i) any report of the circumstances of the death maintained by any state or local law-enforcement agency or the Office of the Chief Medical Examiner and (ii) information or records about the person maintained by any facility, hospital, nursing home, or health care provider that provided services to the individual, any social services agency that provided services to the individual, or any court shall be provided to the Chief Clinical Officer or his designee. Any presentence report prepared pursuant to §19.2-299 for any person convicted of a crime that may have led to the death of the person whose death is the subject of review by the Committee shall be made available to the Chief Clinical Officer or his designee for inspection. In addition, the Chief Clinical Officer or his designee may inspect and copy from any health care provider in the Commonwealth, on behalf of the Committee, any health or mental health record of the individual, without authorization. That legislation became effective July 1, 2020.

The CMSC is responsible for monitoring case management performance across responsible entities to identify and address risks of harm; ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated settings; and evaluate data to identify and respond to trends to ensure continuous quality improvement. The CMSC completed its work plan and ensured that charter requirements were met in SFY20 and met a total of 13 times in SFY20. The CMSC completed two Semi-Annual CMSC reports summarizing data analyzed and committee actions completed; the reports are attached as an Appendix to the QMP. The CMSC met meeting quorum requirements at each of the 13 meetings held in FY20, exceeding meeting requirements detailed in the charter (to meet 10 times annually). The CMSC implemented a schedule for ensuring the systematic review of PMIs and surveillance data to ensure systematic review of data. The schedule corresponds with a performance data workbook that contains data reviewed by the CMSC, visualizations of results, technical assistance provided, and CMSC decisions. The last two months of SFY20 included refining how the CMSC processes and considers data.

Case management data was collected from various sources, analyzed and reports disseminated to the CSB/BHAs to inform and foster quality improvement activities at the local, regional and state levels. Six PMIs were reviewed regularly by the CMSC. Four new measures were discussed and developed to focus on 1) improvement in case management assessment of changes

in status, 2) appropriate implementation of ISPs, 3) individuals' relationships and interactions with people (other than paid program staff), 4) and allowances of individuals' choice of provider (including a choice of support coordinator) were approved by the QIC. CMSC measures to be implemented in SFY21 were also considered in SFY 20. CMSC measures to be implemented in SFY21 were considered. The CMSC shared data with CSBs/BHA via a secure method, produced letters reflecting CSB performance, and reported to the QIC routinely on CMSC progress.

The CMSC provided oversight of the implementation of data collected through the SCQR process, reviewed submission phase data, made recommendations as a result of the data analysis, and provided technical assistance. Additionally, the CMSC published guidance and a question and answer document about case management options for people on the DD waiver wait list. The CMSC developed and obtained approval on a QII to increase consistency across the state in understanding, assessment, and implementation of two critical case management terms: change in status and the appropriate implementation of the ISP.

The KPA Workgroups are responsible for collecting and analyzing reliable data related to the domains of safety and freedom from harm, physical, mental and behavioral health and wellbeing, and avoiding crises. The KPA Workgroup also assesses whether the needs of individuals enrolled in a DD waiver are met, whether individuals have choice in all aspects of their selection of services and supports, and whether there are effective processes in place to monitor the individuals' health and safety. In SFY20, the KPA Workgroups continued to meet as a combined group, inclusive of the Health, Safety and Well-Being Workgroup, the Community Inclusion and Integration Workgroup and the Provider Capacity and Cometency Workgroup. KPA Workgroups completed their work plans and ensured that charter requirements were met in SFY20. The Workgroups identified several data sources, containing data related to each of the eight domains, to consider as surveillance data, to further to assist the Workgroup in identifying patterns, trends, and/or gaps that may not be evident in the review of the PMIs. There was extensive discussion regarding each Workgroup data measure and the development of new PMIs. Data review included, but was not limited to, the Year 4 QSR Report, the NCI Report, the Housing Report, and the Semi-Annual Provider Data Summary. The past year was spent organizing the work and confirming the PMIs. The KPA Workgroup was diligent and successful in its efforts to enhance its meeting structure, establish data reporting processes, and focus on increasing opportunities for SME engagement and ensuring the regular review of PMI.

A review of crisis data, related to the location where crisis assessments occur, led the KPA Workgroups to recommend enhanced training and develop a crisis risk assessment tool, with a goal of getting people connected to crisis services prior to needing hospitalization. DBHDS shared the tool with the CSBs/BHA in June 2020 and incorporated feedback received. Implementation of the crisis risk assessment tool will begin in SFY 2021.

KPA Workgroup data analysis resulted in the development of three quality improvement initiatives focused on independent housing, crisis assessments occurring in the community, and provider competency. The Independent Housing QII addresses the need to increase the number of referrals that result in more individuals living in independent housing. The DBHDS Office of Community Housing (OCH) began collaborating with the DBHDS OPD to provide training and to share housing outcomes and resource information with providers and individuals through further data analysis. The second QII focused on increasing the number of crisis assessments occurring in the community, as data analysis showed more crisis assessments were occurring at either the hospital or emergency room department as opposed to in the community. The third QII focused on increasing the number of trained, competent DSPs who support people receiving DD waiver services. This QII is targeted for implementation in SFY21.

The RQCs are to identify and address risks of harm; ensure the sufficiency, accessibility, and quality of services to meet individuals' needs in integrated settings; and evaluate data to identify and respond to trends to ensure continuous quality improvement. The RQCs completed their work plan and ensured that charter requirements were met in SFY20. RQC membership included a QIC member, an individual experienced in data analysis, CSBs/BHA and case management programs service providers, and individuals receiving services or on the DD waiver waitlist for services and or family members of individuals receiving services or on the DD waiver waitlist.

These RQC community stakeholders provided input from a statewide prespective with an emphasis on identifying strengths and gaps at a regional level. This perspective promotes and recognizes the unique aspects and challenges within each region of the state and serves to provide grassroots feedback to the QIC. To determine gaps and trends, RQCs posed questions to subcommittee presenters and/or asked for additional data to assist in further analysis. Each RQC, through small group discussions, completed an in-depth review of data presented in each KPA, determined an area of focus, prioritized potential quality improvement proposals, and selected one QII to recommend and present to the QIC. Additionally, the RQC liaisons, on behalf of the RQC, provided quarterly reports to the QIC.

In SFY19, the DBHDS Quality Management Annual Report and Evaluation identified an issue related to RQC ability to meet quorum requirments consistently but recognized that the volunteer members have competing priorities. To strengthen support of the RQCs, the OCQI initiated a reorganization, which included assignment of a DBHDS Quality Improvement Specialist in each region. These efforts proved successful through the ongoing COVID-19 pandemic, which required that all meetings be held virtually. In SFY20, all five RQCs met quarterly, with all but one RQC meeting achieving charter defined quorum requirements. RQCs reviewed and assessed data presented in each key performance area as well as numerous data reports related to incident reporting, employment, case management, Regional Support Teams, human rights allegations, NCI, QSR, and data related to the DD waivers reported through the DBHDS/DMAS Quality Management Review process.

In determining the need for training for RQC members, DBHDS OCQI, in collaboration with the Partnership for People with Disabilities (the Partnership), planned and implemented an annual training summit for RQC members and alternates in August 2019 that was attended by 83 people. The Summit included training presented by DBHDS, the Partnership, and national SMEs from the National Association of State Developmental Disability Directors, Human Services Research Institute, and Mission Analytics. Training included information on the DBHDS quality framework as well as the following trainings: Using Data to Promote Health Safety and Quality of Life, Quality Matters, and Roles and Responsibilities of a Quality Council: Using Data to Improve System Performance. The OCQI, using key information from these trainings, developed a ROC orientation training video to assist ROC members in understanding the DBHDS QIC Subcommittee quality framework, their roles and responsibilities, using data for quality improvement purposes, and understanding the Plan, Do, Study, Act Model and other quality improvement tools. These efforts resulted in over 90% of RQC members receiving and completing an orientation. The OCQI worked with the Partnership in SFY20 to plan the SFY21 RQC Summit and to develop training modules that can be used to assist with future orientation of RQC members. Modules developed can also be used the provider community to build provider capacity to develop quality improvement processes throughout the provider system of care.

Meeting quarterly, the QIC monitored the DBHDS' quality management system to include monitoring the status updates of PMIs presented by the QIC subcommittees, to identify areas of strength and areas in need of improvement. Presentations by the QIC subcommittees included actions taken and or recommended by the subcommittee when established PMI targets were not met. The QIC actively solicited input from the RQCs, provided requested data when available, and ensured questions were answered through QIC subcommittee presentations to ensure the RQCs could provide meaningful input regarding the DBHDS quality improvement efforts. The QIC critically reviewed recommended QII from each of the subcommittees and the RQCs, with several QIIs approved and forwarded to the Commissioner for implementation. The QIC reviewed reports such as the DBHDS/DMAS Quality Review Team Report related to the DD waiver, Annual Mortality Report, Semi-Annual Case Management Steering Committee Reports, Semi-Annual Employment Reports, Risk Management Review Committee Annual Report inclusive of Serious Incident Reporting and Human Rights Allegations Reporting, Year Four Quality Service Review Annual Report, and National Core Indicators Annual Report. Through this oversight, the QIC evaluated data and was responsive to trends identified, addressing health and risks of harm and expanding and improving accessibility and the quality of services developed and implemented to meet individuals' needs while promoting choice in all aspects of their goals and supports within integrated settings, thereby ensuring a process for continuous quality improvement.

#### **Data Quality**

The ODQV and the OCQI support the QIC Subcommittees in the facilitation of data review and analysis and in promoting implementation of quality improvement principles. The DBHDS Quality Management Program evaluation in SFY19 determined that, to improve data quality, it would be critical to ensure identified performance measure indicators are operationally defined and augmented with specific targets, including desired outcomes and detailed strategies to analyze data. In response to recommendations to improve the quality of data evaluated through quality activities, ODQV routinely engaged in activities to enhance data reliability and validity and increase the availability of data, including ensuring the collection and consistent analysis of reliable data. ODQV supports each committee to develop data-driven insights that improve quality monitoring at a systems-level and works closely with business area SMEs to develop measures and generate data to improve data monitoring at the individual and provider levels. In order to support the QMP directive to track PMIs efficiently, ODQV created the PMI Measure Development Form, which organized and preserved important documentation for each measure.

The success of this form prompted the establishment of new processes around measure development in SFY20 that included the use of this form by the DBHDS ODQV and DBHDS OCQI teams. Each KPA PMI now goes through a two-tiered development process. First, the OCQI team works with the business area to outline the initial quality improvement elements of the PMI (the question to be answered; if the PMI can be addressed using the data from existing SME reports, identifying the variables that would meet the PMI needs; the importance of the PMI; the measure; the numerator and denominator; the data source; how the SME intends to validate that the measure has positively impacted the service system; and the frequency of data collection and review). The ODQV staff then works with the measure steward to document the data quality sections on the form (measure methodology, calculation steps, baseline data, population, regional breakdown, annual target, indicate measure type-output or input, and relevant business definitions and processes). Under the Data Quality Monitoring Plan, ODQV also assesses data quality at a system level, including the validity and reliability of data, and makes recommendations to the Commissioner on how agency-wide issues may be remediated. ODQV applied the major findings from the Plan's first year implementation to provide feedback to SMEs regarding PMIs that may be affected by these results. As a result, ODQV recommended the inclusion of and did incorporate a section on the PMI Measure Development Form that allowed ODQV to provide specific feedback for each PMI, related to data quality concerns and collaborate with SMEs on suggestions for improvement.

#### **Identified Opportunities for Enhancement**

Data quality and the timely availability of data continues to be an ongoing process of improvement. There were changes in reporting requirements for licensed providers in August of 2018 and also Page 127 of 135

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to the incident reporting CHRIS interface to capture these new requirements in August of 2019. Changes made during the course of any fiscal year impact reported results for that respective year. To account for system changes and ensure reliable and valid data, the RMRC completed a partial review of SFY19 data (9/1/18 - 6/30/19) and SFY20 data (8/5/19 - 6/30/20). The RMRC identified issues related to data quality in the SFY19 serious incident data, which included a high use of the category "other" to describe the incident type, and a number of duplicate entries. Both of these issues may be reduced with the introduction in SFY20 of the DBHDS IMU which triaged each incident and addressed data quality issues.

Additionally, DBHDS acknowledges that regional data continues to be imperative for the RQCs to make regional recommendations for QIIs. Increasing the amount of data available regionally and the enhancing efforts to ensure that regional data is received timely and is inclusive of comparative analysis across regions and over time, will enhance DBHDS's capability to facilitate the RQC's ability to identify patterns and trends and then recommend responsive actions to identified issues.

While the DBHDS Quality Management Program enhanced subcommittee data analysis, an identified need in the process is defining the data sources for the DBHDS performance measure indicators and how the data is to be gathered, organized and stored. The DBHDS ODQV Data Quality Monitoring Plan will guide the enhancement of key data sources, monitor progress over time, and strengthen data quality. It is critical to ensure new measures are operationally defined and augmented with specific targets, including desired outcomes, and that strategies to analyze data are detailed. The DBHDS Division of Administrative Services is working in concert with ODQV and other offices to review data sources and reporting processes (to identify opportunities for enhancement and strategically planning for the development and implementation of short and long term solutions to barriers resulting in data concerns).

It is also acknowledged that the provision of expanded DBHDS OCQI training, technical assistance, and consultation in quality management should be provided to QIC Subcommittee members and for licensed providers; this is critical to ensuring an increase in a focus on quality. While training on quality improvement has been provided in the past, additional training for some QIC Subcommittee members has occurred and, for providers, additional resources have been posted on the DBHDS website; licensing data, related to provider quality improvement and risk management citations, indicates that further training and technical assistance may be needed. DBHDS continues to expand training resources related to quality improvement and risk management in order to build capacity internally and externally throughout the DBHDS system of care.

The Commonwealth also acknowledges a need to creatively demonstrate how quality impacts the department within each program and service area and how each QIC subcommittee member's

work contributes to the overall success of the DBHDS QMS. In the coming year, the OCQI will begin the work of establishing creative ways to share the impact of the QMS at a DBHDS department, division, and office level and establish processes and protocols to ensure the sustainability of consistent practices designed to ensure awareness of the QMS and how it impacts the success of individuals served.

## V. Summary

DBHDS's well-established quality management program continued to mature in SFY20 as the quality committees continued fully establish and solidify their processes and protocols. Continued leadership support and the commitment of resources (needed to implement QIIs and PMIs and to meet the requests of the RQCs) will be required to maintain the progress made in SFY20 and to ensure continued growth of the program. As the Commonwealth expands the quality management program across the agency and throughout provider services, it is expected that additional resources will be needed to support this effort.

The Commonwealth continues to work towards enhancing data quality and in so doing continues to work closely with ODQV and the Division of Administrative Services to identify and prioritize areas of concern and develop short and long term solutions to mitigate circumstances surrounding these concerns. For this effort to be successful, it will require collaboration across department divisions and with DBHDS service providers.

The Commonwealth will continue to work with licensed providers to ensure that they are meeting regulatory requirements for risk management programs and quality improvement programs. This will require the OL to continue its focus on regular review of the provider policies and procedures and implementation of same, as it relates to these requirements and for the Commonwealth to regularly examine QSR findings related to DBHDS provider findings related to the appropriateness of DBHDS service provider quality improvement programs.

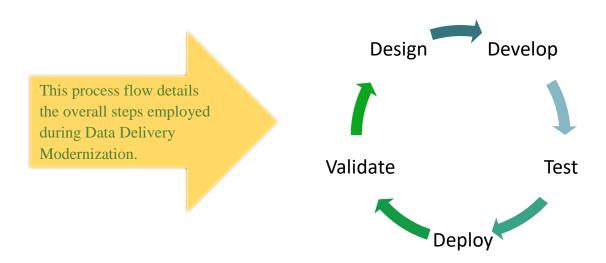
The Commonwealth will continue to focus its efforts on ensuring individuals are free from harm. While an initial PMI and QII focused on falls prevention, an additional 10 surveillance measures have been developed. These surveillance measures focus on the regular review of conditions or incidents most commonly experienced by DD individuals.

Recommendations are also included in the attached subcommittee reports, however based on this year's annual QM evaluation, the following recommendations for SFY21 focus on operational improvements, oversight and monitoring, and enhancing and developing expertise on quality improvement throughout the agency, to meaningfully affect change at the individual, service level, and system levels. The recommendation are:

• Implementation and monitoring the effectiveness of the new QSR process;
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- Monitoring the implementation of the newly established PMIs;
- Monitoring the implementation of the newly established KPA surveillance data process and the outcome of data analysis;
- Continuing to support the DBHDS/DMAS collaboration related to initiatives implemented through the QRT;
- Identification of the need for additional information, to inform further decisions or inferences related to the work of the quality committees;
- Enhancement of the department's ability to understand performance from a more global perspective;
- Development of a system to prioritize recommended QIIs;
- Strengthening the quality management processes of DBHDS services providers, across the system of care;
- Providing additional training, technical assistance and consultation to licensed providers in the development, implementation, and monitoring of quality improvement and risk management programs;
- Continuing to facilitate and support the implementation of the DBHDS Data Quality
  Monitoring Plan, to ensure that the following recommendations for data delivery
  modernization are reviewed, prioritized and addressed as the DBHDS finds it appropriate
  to do so:
  - Develop Enterprise level Data Program to drive increased capabilities and accountability
  - o Implement Data Product Management (Product Owner)
  - Create transparent delivery process
  - o Align Data Warehouse and Data Quality team charters
  - Establish Business Power Users (Inject Operational Reporting into Business Areas)
  - o Generate Business Capability Roadmap for 2020
  - o Align DW data model to key subject areas and improve conformity
  - o Design and implement key changes to the Data Quality Application (DQA)
  - o Conform major data entities: individuals, providers, locations, addresses, services
  - o Publish DW data models
  - o Remove duplicate or unused data from the warehouse and reporting environment
  - Develop data governance practices and processes to drive organizational alignment
  - o Implement data working group and process
  - o Publish DW metadata and facilitate data discovery
  - o Create automated data standards measurement to identify quality issues
  - o Define data quality remediation process for sources and DW
  - o Upgrade and improve the current data ecosystem.
  - Upgrade data warehouse platform
  - o Enable faster business delivery through application lifecycle improvements
  - Delivery through cross-functional teams

- Strengthen security practices
- Develop Cloud Roadmap and Readiness plan



These additional steps will help to strengthen the system's ability to monitor performance and the effectiveness of supports and services.

As the subcommittees become more proficient in data analysis, and as system changes result in increased data availability, validity, and reliability, these quality committees will grow in their ability to examine the root cause for performance improvement and decline, identify trends and gaps within the service system, determine mitigating strategies to address and the identified gaps and ultimately, and further support quality committee ability to make data-driven decisions regarding the need for increased monitoring and the development of additional PMIs and QIIs. Internal and external stakeholder collaborations will continue to evolve and enhance the Commonwealth's ability to ensure implementation of an effective QMS.

The Commonwealth commits to the pursuit of opportunities to creatively and effectively improve performance amidst the COVID-19 pandemic, to ensure a high quality, and responsive system of care. This commitment is made toward successfully supporting DBHDS service providers, individuals, and families. The Commonwealth values quality services, the providers who ensure it, and the individuals and families that receive it and looks forward to partnering with the community to ensure service stability, safety, and access.

## **Appendices**

- Annual Mortality Report
- Case Management Steering Committee Semi-Annual Reports
- Risk Management Review Report

- Institute for Healthcare Improvement Quality Management Assessment Tool Quality Management Assessment Tool
- Glossary of Acronyms

## **Glossary of Acronyms**

Acronym	Full Form
ANE	Abuse, Neglect, and Exploitation
BMT	Baseline Measurement Tool
BHA	Behavioral Health Authority
CoD	Cause of Death
CC	Community Coaching
CCO	Chief Clinical Officer
CCS3	Community Consumer Submission
CE	Community Engagement
CHRIS	Comprehensive Human Rights Information System
CM	Case Manager
CMS	Centers for Medicare and Medicaid Services
PM	Performance Measure (CMS DD performance measure)
CMSC	Case Management Steering Committee
COVLC	Commonwealth of Virginia Learning Center
CPR	Cardiopulmonary Resuscitation
CRC	Community Resource Consultant
CSBs	Community Services Boards
CTH	Crisis Therapeutic Home
DARS	Department of Aging and Rehabilitative Services
DBHDS	Department of Behavioral Health and Developmental Services
DD	Developmental Disability (inclusive of individuals with an intellectual disability)
DI	Departmental Instruction
DMAS	Department of Medical Assistance Services
DOJ	Department of Justice
DQA	Data Quality Application
DSP	Direct Support Professional
DW	Data Warehouse
ECM	Enhanced Case Management
EHR	Electronic Health Record
ETL	Extract, Transform, Load
FAQ	Frequently Asked Questions
GSE	Group Supported Employment
HCBS	Home and Community Based Services
IHI	Institute of Healthcare Improvement
IMU	Incident Management Unit
ISE	Individual Supported Employment
ISP	Individual Support Plan
KPA	Key Performance Area
LIDS	Local Inmate Data System
MDPS	Master Document Posting Schedule
MRC	Mortality Review Committee

MRO	Mortality Review Office
NCI	National Core Indicators
	National Institute on Disability, Independent Living and Rehabilitation
NIDILRR	Research
ОСН	Office of Community Housing
OCSS	Office of Community Support Services
OCQI	Office of Community Quality Improvement
OCQM	Office of Clinical Quality Management
ODQV	Office of Data Quality and Visualization
ODS	Office of Developmental Services
OHR	Office of Human Rights
OIH	Office of Integrated Health
OL	Office of Licensing
OSVT	On-Site Visit Tool
OPD	Office of Provider Development
PCR	Person Centered Review
PMI	Performance Measure Indicator
PP	Potentially Preventable
PQR	Provider Quality Review
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QII	Quality Improvement Initiative
QMP	Quality Management Plan
QMR	Quality Management Review
QMS	Quality Management System
QRT	Quality Review Team
QSR	Quality Service Review
REACH	Regional Education Assessment Crisis Services Habilitation
RM	Risk Management
RMRC	Risk Management Review Committee
RNCC	Registered Nurse Care Consultant
RQC	Regional Quality Council
RST	Regional Support Team
SC	Support Coordinator
SCQR	Support Coordinator Quality Review
SA	Settlement Agreement
SFY	State Fiscal Year
SIU	Specialized Investigations Unit
SME	Subject Matter Expert
TCM	Targeted Case Management
UI	User Interface
VACSB	Virginia Association of Community Services Board
VIC	Virginia Informed Choice
WaMS	Waiver Authorization Management System